

CALIFORNIA STATEWIDE MEDICAL AND HEALTH EXERCISE

MULTI-YEAR TRAINING AND EXERCISE PLAN (MYTEP)



ACKNOWLEDGEMENTS

The annual California Statewide Medical and Health Exercise is sponsored by the California Department of Public Health (CDPH) and the California Emergency Medical Services Authority (EMSA). This Multi-Year Training and Exercise Plan (MYTEP) was produced with input, advice, and assistance from key stakeholders including representatives of the Local Capabilities Working Group (LCWG), regional and local disaster planners, and the Statewide Medical and Health Exercise (SWMHE) Planning Workgroup (EPW).

- Butte County Public Health Department
- California Ambulatory Surgery Association (CASA)
- California Association of Health Facilities (CAHF)
- California Department of Public Health (CDPH)
- California Emergency Medical Services Authority (EMSA)
- California Hospital Association (CHA)
- California Governor's Office of Emergency Services (Cal OES)
- California Primary Care Association (CPCA)
- County of Riverside Emergency Management Department
- DaVita Dialysis
- End Stage Renal Disease (ESRD) Network 7 and Network 18
- Inland Counties Emergency Management Agency
- Kaiser Permanente
- Los Angeles County Department of Public Health (LACDPH)
- Los Angeles County Emergency Medical Services Agency
- Mariposa County Health and Human Services
- Napa County Emergency Medical Services Agency
- Orange County Health Care Agency
- Sacramento County Public Health
- Sacramento County Metro Fire
- San Joaquin County Emergency Medical Services Agency
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MULTI-YEAR TRAINING AND EXERCISE PLAN (MYTEP) REVIEW AND UPDATES

The CDPH Local Capabilities Working Group (LCWG) and Statewide Medical and Health Exercise (SWMHE) Planning Workgroup (EPW) will review the Multi-Year Training and Exercise Plan (MYTEP) and its appendices annually. Suggested changes to the Multi-Year Training and Exercise Plan (MYTEP) will be incorporated and EPW will identify revisions, additions, or improvements needed.

Revisions noted in the annual plan review include:

- Continual update of information that may change regularly
- Formatting changes
- Text changes to incorporate new Hospital Preparedness Program (HPP) and Public Health Emergency Preparedness (PHEP) guidelines
- Text changes to incorporate organizational changes
- Text changes to incorporate findings from exercise evaluations
- Text changes to incorporate hazard vulnerability changes

Each time a change is made, the date and version number along with the noted change and author will be documented on the table below. Additional Plan Modification table rows may be added as necessary.

DATE	DESCRIPTION OF CHANGE	PAGE NUMBER	AUTHOR
9/14/18	Updated yearly tables	10 - 13	c.schafer
7/15/19	Updated acknowledgements, points of contact, and yearly tables to align with new grant requirements	2-3, 10-13	a.slight
8/22/19	Updated sponsoring agencies, points of contact, and added separate column for Health Care Coalition (HCC) Annexes as well as other considerations	2-3, 10-13	a.slight
9/23/19	Updated acronyms, Introduction, Training, and added an appendix (Regional Map)	2, 4, 5-8	a.slight
10/17/19	Added "Anthrax" to Other Considerations for 2021	13	a.slight

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INTRODUCTION

The purpose of this Multi-Year Training and Exercise Plan (MYTEP) is to aid Statewide Medical and Health Exercise (SWMHE) Planning Workgroup (EPW) participants with guidance and recommendations to accomplish the following:

- Identify priorities for improving preparedness and response capabilities of the organization
- Define the cycle of training and exercise activities that will provide the most benefit in development, refinement and maintenance of those capabilities

Training and exercise schedules provided in this document illustrate proposed activities for the next five years. This is a working document that will be updated and refined on an annual basis as necessary by the SWMHE EPW or through input from the CDPH Local Capabilities Working Group (LCWG).

This document has been developed based on the capabilities, standards, guidelines, and grant requirements of greatest concern to participating jurisdictions and agencies. These include:

- **Homeland Security Exercise and Evaluation Program (HSEEP)**

The Homeland Security Exercise and Evaluation Program (HSEEP) provides a set of guiding principles for exercise programs, as well as a common approach to exercise program management, design and development, conduct, evaluation, and improvement planning. HSEEP exercise and evaluation doctrine is flexible, scalable, and adaptable, and is for use by stakeholders across the whole community. HSEEP doctrine is applicable for exercises across all mission areas - prevention, protection, mitigation, response, and recovery. Using HSEEP supports the National Preparedness System by providing a consistent approach to exercises and measuring progress toward building, sustaining, and delivering core capabilities.

- **Public Health Emergency Preparedness (PHEP) Program**

The PHEP cooperative agreement provides funding for activities that are targeted specifically for the development of emergency-readiness in public health departments. PHEP funding is provided annually within a five-year cycle. Jurisdictions receiving funding must also test each of the 15 PHEP capabilities within the five-year grant cycle.

- **Hospital Preparedness Program (HPP)**

Administered by the US Department of Health and Human Services (DHHS) Office

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of the Assistant Secretary for Preparedness and Response (ASPR), the HPP program provides grants to states, municipalities, and tribal governments to strengthen healthcare coalitions. Most of the funding is utilized by healthcare organizations to improve upon the four HPP capabilities, including medical surge.

- **Centers for Medicaid and Medicare Services (CMS) Emergency Preparedness Rule**

The Centers for Medicare and Medicaid Emergency Preparedness Rule establishes national emergency preparedness requirements to ensure adequate planning for both natural and man-made disasters, and coordination with federal, state, tribal, regional and local emergency preparedness systems. The Rule requires a minimum level of disaster preparedness activities for 17 different CMS recipient health care facility types.

- **Accrediting Organizations**

Several organizations provide accreditation and certification to thousands of health care organizations. To achieve certification, a health care organization must adhere to recommended standards, some of which relate to emergency and disaster preparedness. Emergency preparedness standards touch on certain critical areas, and require that organizations have and test an Emergency Operations Plan on an annual basis.

- **Cities Readiness Initiative (CRI)**

CRI is a federal program within PHEP that provides funding to 72 Metropolitan Statistical Areas (MSA) to aid in developing efficient and accurate distribution and dispensing of medical countermeasures (MCM) from the Strategic National Stockpile (SNS) following a public health emergency. Recipients must exercise a bioterror event that would be able to test the transportation, distribution, and receipt of MCM at least once during the funding's five-year cycle.

- **Homeland Security Grant Program**

Administered by the Department of Homeland Security within FEMA, the Homeland Security Grant Program provides hundreds of millions of dollars every year towards state, tribal, and local preparedness. Funds are received by a State Administrative Agency (SAA) and filtered down. Funds address the ability to mitigate, prepare for, respond to, and recover from acts of terrorism in high-threat, high-density urban areas. Funds are provided on an annual basis.

While this document may be helpful in planning for grant and accreditation requirements, it is not meant to directly fulfill PHEP or HPP requirements and serves only as a model. The document allows planners to view a schedule of future SWMHE Programs in order to better forecast and build their own Multi-Year

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Training and Exercise Plans (MYTEP). The format has been modified from that of a more traditional MYTEP in order to accommodate the broader State perspective and with the intent of creating exercises that are inclusive of all participants in the State of California. The following resource may be useful for planners in creating their own MYTEP: <https://preptoolkit.fema.gov/web/hseep-resources>.

TRAINING

CDPH and EMSA offer multiple training opportunities and resources that can be found on https://www.cdph.ca.gov/Programs/EPO/Pages/swmhe_training.aspx or <https://emsa.ca.gov/disaster-training/>. Please visit these sites to view the trainings and find relevant information.

Planners should identify the training necessary to prepare themselves and their organizations for the recommended capabilities and objectives tested in the SWMHE each year. Planners should identify training that covers gaps revealed as part of the After Action Report/Improvement Plan process, and update their training schedule at least annually to reflect the accomplishments and progress of their organization.

RECOMMENDED EXERCISE SCHEDULE

The following proposed schedule aims to ensure that every PHEP and HPP capability is exercised within timeframes required by the grants and programs mentioned previously. Each year, the SWMHE Workgroup develops and finalizes a scenario which focuses on capabilities to be addressed in that year's exercise and training activities.

Planners will note that this document does not follow the same format as a full Multi-Year Training and Exercise Plan (MYTEP), rather it lays out a capability-based five-year schedule. Planners can use this information as a foundation for their own MYTEP.

The "Regional Focus" column in the schedule reflects CDPH and EMSA's desire to more closely simulate a real event occurring in one or more Mutual Aid Region of the state and allows for more intense and realistic exercise play between CDPH, EMSA and the designated region. All regions are still provided with the materials and direction to assist in development of a successful exercise, but the Medical and Health Coordination Center (MHCC) will play directly to the objectives and scenario of the Mutual Aid Region(s) identified under the "Regional Focus" during the SWMHE. This approach started in 2014 with the Region II Bay Area Mass Prophylaxis Working Group Anthrax Exercise and continued with the 2015 Region I and VI aerosolized anthrax bioterrorism exercise.

Feedback from SWMHE participants and local planners suggests that advanced knowledge of SWMHE capabilities and their associated scenarios for coming years would be of great assistance in planning exercises that align with CDPH play. In response, the Multi-Year Training and Exercise Plan (MYTEP) contains PHEP/HPP capabilities that will be targeted each year and suggested scenarios built from them. Caveats to these scenarios are:

- Real events (e.g., emerging public health emergencies and other disasters) can be disruptive to planned exercise capabilities, objectives, and scenarios. For example, CDPH and EMSA staff planned to fully support Mutual Aid Region II's Aerosolized Anthrax exercise in 2014, but a "real-world" activation for the 2014 Ebola outbreak precluded involvement of the MHCC and many CDPH Emergency Preparedness Office staff in the exercise. While CDPH and EMSA will make every effort to play to SWMHE capabilities and scenarios within this MYTEP, they will remain flexible if health care organizations must respond to a real-world event or other specific objective.
- Suggested scenarios have been provided only after PHEP/HPP capabilities were set. For example, the SWMHE EPW did not initially develop a Mass Casualty

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Incident scenario for 2016. Rather, the EPW considered PHEP/HPP capabilities first, then developed a scenario that would suitably exercise those capabilities. This process is consistent with HSEEP best practices. The SWMHE Workgroup also tried to create a scenario that would test factors from the “Other Considerations” column of the MYTEP (see the following page).

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Table 1: Proposed Multi-Year Training and Exercise Plan (MYTEP) Schedule

Year	Proposed PHEP Capabilities	Proposed HPP Capabilities	Health Care Coalition (HCC) Annex Topic ¹	Proposed National Core Capabilities	Suggested Scenario(s)	Other Considerations ²	Regional Focus ³
2019	<ul style="list-style-type: none"> Volunteer Management Public Health Laboratory Testing Mass Care 	<ul style="list-style-type: none"> Volunteer Management Emergency Operations Coordination Healthcare System Recovery Medical Surge 	<i>Pediatric Surge</i>	<ul style="list-style-type: none"> Public Health and Medical Services Mass Care Services Public/Private Services and Resources 	Flood	<ul style="list-style-type: none"> Communications Refugees/Non-English Speaking Populations Medical Reserve Corps (MRC) Health and Social Services Housing 	Region V
2020	<ul style="list-style-type: none"> Medical Surge Emergency Operations Coordination Community Recovery 	<ul style="list-style-type: none"> Foundation for Health Care and Medical Readiness Medical Surge 	<i>Burn</i>	<ul style="list-style-type: none"> Community Resilience Fire Management and Suppression Situational Assessment Operational Communications Public Health, Healthcare, and Emergency Medical Services 	Fire / Utility Power Failure	<ul style="list-style-type: none"> COOP Plan Activation At-Risk Populations 	Regions I, II & VI

¹ The latest guidance for the HPP grant now requires that healthcare coalitions create and test hazard or function-specific annexes each year. These topics have been pre-assigned, and the Statewide Medical and Health Exercise Planning Workgroup has attempted to align topics with chosen capabilities and scenarios for each year.

² "Other Considerations" are inclusive of major grant requirements like UASI, TJC, or reflect capabilities SWMHE participants indicated they would like to test in the Forecasting Future SWMHE Programs Survey. These considerations are aligned with complimentary PHEP/HPP capabilities for each year, but can be tested (or not tested) according to needs established by each participating organization/agency.

³ California Governor's Office of Emergency Services (Cal OES) Mutual Aid Regions. See Appendix B for the Region Map.

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Year	Proposed PHEP Capabilities	Proposed HPP Capabilities	Health Care Coalition (HCC) Annex Topic ¹	Proposed National Core Capabilities	Suggested Scenario(s)	Other Considerations ²	Regional Focus ³
2021	<ul style="list-style-type: none"> Medical Countermeasures Dispensing and Administration Mass Fatality Medical Material Management Non-pharmaceutical Interventions Public Health Surveillance and Epidemiological Investigation 	<ul style="list-style-type: none"> Health Care and Medical Response Coordination Continuity of Health Care Service Delivery Medical Surge 	<i>Infectious Disease</i>	<ul style="list-style-type: none"> Supply Chain Integrity and Security Fatality Management Services Logistics and Supply Chain Management Public Health, Healthcare, and Emergency Medical Services 	Bioterror / Infectious Disease	<ul style="list-style-type: none"> Environmental Health Lab COOP Pan Flu PODs / Closed PODs At-Risk Populations Tribal Engagement Anthrax⁴ 	Region III
2022	<ul style="list-style-type: none"> Responder Safety & Health Medical Surge Information Sharing Emergency Public Information and Warning 	<ul style="list-style-type: none"> Foundation for Health Care and Medical Readiness Continuity of Health Care Service Delivery Medical Surge 	<i>Radiation</i>	<ul style="list-style-type: none"> Public Information and Warning Critical Transportation Environmental Response/Health and Safety Public Health, Healthcare, and Emergency Medical Services 	Evacuation / Radiation	<ul style="list-style-type: none"> At-Risk Populations Reception Centers Volunteer Coordination 	Region IV

⁴ Certain jurisdictions (based on specific grant requirements) must conduct anthrax and pandemic influenza tabletop and full-scale exercises at least once every five years. These particular jurisdictions may choose to use the 2021 suggested SWMHE materials to fulfill one of these requirements.

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Year	Proposed PHEP Capabilities	Proposed HPP Capabilities	Health Care Coalition (HCC) Annex Topic ¹	Proposed National Core Capabilities	Suggested Scenario(s)	Other Considerations ²	Regional Focus ³
2023	<ul style="list-style-type: none"> • Community Preparedness • Emergency Operations Coordination • Medical Surge • Information Sharing 	<ul style="list-style-type: none"> • Health Care and Medical Response Coordination • Medical Surge 	<i>Chemical</i>	<ul style="list-style-type: none"> • Operational Coordination • Forensics and Attribution • Intelligence and Information Sharing • Cybersecurity • Infrastructure Systems • Public Health, Healthcare, and Emergency Medical Services 	<p>Complex Coordinated Terrorist Attack (Chemical and Cyber Component)</p>	<ul style="list-style-type: none"> • COOP Plan Activation • At-Risk Populations • Administrative Preparedness • Laboratory Testing 	Region V

APPENDIX A: PREVIOUS SWMHE EXERCISES

In building a roadmap for success, the Federal Emergency Management Agency’s Homeland Security Exercise and Evaluation Program (HSEEP) guidance recommends that planners should have a strong idea of where they have been before they begin planning for where they want to go. As part of the Multi-Year Training and Exercise process, planners should review capabilities that have been previously tested. CDPH and EMSA have built prior exercises on national core/target, PHEP, and HPP capabilities. Past scenarios of SWMHE exercises are listed below:

Table 2: Previous SWMHE Exercises

Year	Scenario(s)	Capabilities	Regional Focus
2011	Disruption in the public water system	<ul style="list-style-type: none"> • Communications • Intelligence/Information Sharing & Dissemination • Medical Surge • Emergency Operations Center (EOC) Management 	N/A
2012	Power loss due to an earthquake	<p>Target Capabilities were Agency/Discipline specific and included:</p> <ul style="list-style-type: none"> • Communications • EOC Management • Intelligence and Information Sharing/Dissemination • Medical Surge 	N/A
2013	Food-Borne Event	<ul style="list-style-type: none"> • Medical Surge • Communication • EOC Management • Emergency Public Information and Warning • Public Health Epidemiological Surveillance 	N/A
2014	MERS-CoV Aerosolized Anthrax (Bay Area)	<ul style="list-style-type: none"> • Operational Communications • Public Health and Medical Services • Operational Coordination and On-Site Incident Management • Public and Private Services and Resources 	Region II

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Year	Scenario(s)	Capabilities	Regional Focus
2015	Pandemic Influenza Aerosolized Anthrax (SoCal)	<ul style="list-style-type: none"> • Operational Communications • Operational Coordination and On-Site Incident Management • Public Health and Medical Services • Medical Surge • On-Scene Security • Emergency Public Information and Warning • Fatality Management • Response/Health and Safety • Critical Transportation 	Region I & VI
2016	Mass Casualty Incident	<ul style="list-style-type: none"> • Community Preparedness • Emergency Operations Coordination • Emergency Medical Services • Medical Surge • Healthcare System Preparedness • Operational Coordination 	N/A
2017	Terrorist Incident	<ul style="list-style-type: none"> • Information Sharing • Emergency Public Information and Warning • Community Recovery • Emergency Operations Coordination • Healthcare System Preparedness • Mass Care Services 	N/A
2018	Infectious Disease	<ul style="list-style-type: none"> • Responder Safety and Health • Non-Pharmaceutical Intervention • Public Health & Epidemiology • Environmental Response/Health and Safety • Emergency Operations Coordination • Information Sharing 	Region IV

APPENDIX B: CAL OES MUTUAL AID REGION MAP

