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# Memorandum

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October 7, 2025

TO: Human Immunodeficiency Virus (HIV) Prevention Program Coordinators and All Interested Parties

SUBJECT: PREEXPOSURE PROPHYLAXIS (PrEP) NAVIGATOR RESOURCES

This memo is to inform HIV Prevention Program Coordinators and other interested parties of currently available PrEP navigation and postexposure prophylaxis (PEP) resources. PrEP navigation links people to necessary services including medical care, health care enrollment, benefits counseling, transportation and other social support services. Successful PrEP navigation eliminates and/or reduces barriers to timely and consistent care, treatment, adherence, and retention in HIV and sexually transmitted infection (STI) prevention services. Access to resources is a crucial component to successful PrEP navigation. Below is a list of current resources that may be helpful for informing existing PrEP navigation services.

## **General Resources**

➤ **Infographic: HIV & Women**

There were 4,948 new HIV diagnoses in California in 2023. Of those, 18% were among women (15% among cisgender women and 3% among trans women) increased from 15% in 2019. The OA infographic, "[HIV & Women](#)," summarizes demographics of which population of women are disproportionately affected by HIV and age range of the largest proportion of new diagnoses.

➤ **Infographic: Verifying PrEP is Covered as a Preventive Service**

The Patient Protection and Affordable Care Act (ACA) requires qualified health plans to cover PrEP as a preventive service at no cost to the patient. The NASTAD infographic, "[PrEP Special Enrollment Period](#)," summarizes the steps to verify that a given plan is offering PrEP at no cost to the patient.

➤ **Health Insurer HIV Preexposure Prophylaxis and Integral Services Reimbursement Guidelines**

These [reimbursement guidelines](#) for uniform billing and coding of claims for PrEP and

associated integral services by participating providers to prevent the application of cost sharing to integral services. Included in the link is a list of integral services for PrEP, CDC-recommended frequency for each integral service, and examples of billing codes that we sourced from NASTAD's guide. For additional resources, see [Notices 2025 and 2024 \(ca.gov\)](#).

➤ **HIV PrEP Navigation Certification Program**

[HealthHIV HIV PrEP Navigation Certification \(HIVPNC\) Program](#) is the only certification program offered to providers and allied health professionals focused on PrEP Navigation. HIVPNC is designed to support and empower both clinical and non-clinical providers in providing inclusive, affirming PrEP navigation services backed by current data and clinical best practices.

➤ **PrEP Navigator Manual**

[Helping People Access Pre-Exposure Prophylaxis](#) provides in-depth information to frontline staff on the various aspects of supporting people who seek PrEP to get and maintain their prescriptions and related health care. The [PrEP Navigation Manual](#) helps establish baseline knowledge for staff who are new to PrEP navigation and also fills in gaps in knowledge for more experienced navigators. The manual touches on topics including PrEP research, PrEP care and PrEP navigation and is framed within the context of health care in California. The PrEP Navigation Manual is a part of the [PrEP Program Toolkit](#), which also includes the Adherence Toolkit and Oral & Injectable PrEP Pocket Cards. This “living” document is updated regularly as the PrEP health care landscape changes. To hear about updates to the manual, please contact [get.sfcba@sfdph.org](mailto:get.sfcba@sfdph.org).

➤ **PrEP and TelePrEP Resources: A Compilation from NASTAD's TelePrEP Online Learning Series**

NASTAD's [TelePrEP Online Learning Series](#) features valuable resources throughout the series' modules. These resources have been compiled by topic area for more streamlined access. Individuals can learn more about these resources by viewing the accompanied series module. For questions, please contact [PrEP@NASTAD.org](mailto:PrEP@NASTAD.org).

The TelePrEP Online Learning Series is a self-paced, online learning series, available to any Health Department, Community Based Organization, or Community Health Center looking to expand, strengthen, or develop a telePrEP program. [Register for the TelePrEP Online Learning Series here](#), and stay tuned for future PrEP/telePrEP program offerings.

➤ **NASTADS PrEP and PEP Assistance Programs**

PrEP and PEP assistance programs (APs) are pivotal in creating points of access and coverage opportunities where lack of insurance or cost considerations may be structural barriers to comprehensive HIV prevention services. PrEP/PEP APs provide financial support to cover the cost of PrEP or PEP care. For more information, please see: [PrEP and PEP Assistance Programs | NASTAD](#).

### ➤ **Updated PrEP Coverage Guidance**

On October 21, 2024, the Department of Health and Human Services (HHS), Department of Labor, and Department of Treasury issued [updated marketplace and private insurance guidance](#) regarding federal coverage requirements for PrEP. Following the USPTSF's August 2023 re-release of an expanded Grade A recommendation for PrEP, the FAQ-based guidance document clarifies that health insurance plans subject to all provisions of the Affordable Care Act must cover, without cost sharing, the three FDA-approved PrEP formulations (two oral and one injectable) and are not permitted to use utilization management techniques (e.g., prior authorization processes) to preferentially direct individuals prescribed PrEP to utilize one formulation over another.

### ➤ **The California PrEP Navigator Google Group**

This group serves as a way for PrEP Navigators to stay connected with one another and to share challenges, successes and resources related to PrEP navigation. To [join the PrEP Navigators group](#), go to <https://groups.google.com/g/caprepnavigators>. You will either need to login with your Google account or create a new account. After logging in, click on the button "Ask to join group" next to the title "CAPrEPNavigators". Once joined, you can post your own questions or resources directly to the group by emailing [CAPrEPNavigators@googlegroups.com](mailto:CAPrEPNavigators@googlegroups.com).

### ➤ **PrEP Services Locator**

PleasePrEPMe's [PrEP Services Locator](#) is a searchable, location-responsive directory of PrEP and PEP providers in California, available in both English and Spanish.

### ➤ **PrEP-AP Clinical Provider and Enrollment Site Map**

[PrEP-AP Clinical Provider and Enrollment Site Map](#) is a searchable map if individuals or providers want to find care in their area.

### ➤ **PrEP and PEP at the Pharmacy**

Californians can now access PrEP and PEP at some pharmacies without a medical visit. The California Legislature passed Senate Bills 159 and 339, which allow pharmacists to initiate and dispense up to 90 days of PrEP and a full course of PEP to a HIV negative person without a prescription. Health plans (including Medi-Cal) are required to cover the cost of PrEP medications and pharmacist services at in-network pharmacies. Use the [Board of Pharmacy Health Services Provided by Pharmacists search tool](#) to find a pharmacy near you that provides PrEP or PEP without a doctor's prescription.

### ➤ **NASTAD PrEP Cost Sharing Complaint Template**

NASTAD has developed a [PrEP Cost Sharing Complaint Template](#) to assist providers and patients in filing a complaint about an uncompliant health plan charging for PrEP services. To use this template, download the Microsoft Word document and complete the items in the brackets to the best of your ability.

### ➤ **NASTAD Resource Update**

NASTAD is pleased to announce the recent updates to two of our key resources: 1) a legislative tracker, [Pharmacist-Initiated PrEP and PEP](#), and 2) an interactive map, [Pharmacist Authority to Initiate PrEP and PEP and Engage in Collaborative Practice Agreements](#). These resources offer an in-depth look at the legal authority granted to pharmacists across the U.S. to initiate PrEP and PEP, as well as their ability to participate in collaborative practice agreements (CPAs) to enhance patient care.

Pharmacists are uniquely positioned to help bridge the gaps in access to HIV prevention, especially for populations who routinely face systemic barriers in traditional healthcare settings – including Black and Latinx folx, gay, bisexual, and other men who have sex with men (GBM), persons in rural areas, and serodiscordant couples.

### ➤ **California Pacific Training Center (CAPTC) HIV Prevention Social Media Toolkit and Directory**

CAPTC has compiled a [Social Media Toolkit](#) and [Social Media Directory](#) that can be utilized by organizations interested in developing HIV Prevention content for social media platforms. The [Social Media Directory](#) features organizations currently posting HIV Prevention content – there is an opportunity to request peer-to-peer technical assistance (TA) to learn more about featured campaigns. You can also watch [recordings of past Social Media Strategies Learning Collaborative sessions](#).

## **Resources for Clinicians**

### ➤ **Center for Disease Control and Prevention (CDC) PrEP and PEP Guidelines**

The [PrEP Clinical Practice Guidelines](#) provide comprehensive clinical guidance for prescribing PrEP.

The [PEP Clinical Practice Guidelines](#) provide comprehensive clinical guidance for prescribing PEP.

[Preexposure Prophylaxis for the Prevention of HIV Infection in the United States—2021 Update—A Clinical Practice Guideline](#): CDC's updated guideline provides comprehensive information about using PrEP to reduce the risk of acquiring HIV infection in adults and adolescents.

[Preexposure Prophylaxis for the Prevention of HIV Infection in the United States—2021 Update—Clinical Providers' Supplement](#): This supplement to CDC's *Preexposure Prophylaxis for the Prevention of HIV Infection in the United States—2021 Update—A Clinical Practice Guideline* provides additional information for health care providers who prescribe PrEP.

[Antiretroviral Postexposure Prophylaxis After Sexual, Injection Drug Use, or Other Nonoccupational Exposure to HIV — CDC Recommendations, United States, 2025](#): These guidelines update recommendations and considerations for use of HIV nPEP in the United States to include newer antiretroviral (ARV) agents, updated nPEP indication considerations,

and emerging nPEP implementation strategies. The guidelines also include considerations for testing and nPEP regimens for persons exposed who have received long-acting injectable ARVs in the past. Lastly, testing recommendations for persons who experienced sexual assault were updated to align with the most recent [CDC sexually transmitted infection treatment guidelines](#).

➤ **National HIV PrEP Curriculum**

The University of Washington Sexually Transmitted Diseases Prevention Training Center has released the [National HIV PrEP Curriculum](#). This training is for health care professionals to learn how to assess, initiate, and monitor PrEP. Providers can access this free, up-to-date website for novice-to-experienced health care professionals to learn how to assess, initiate, and monitor PrEP, including a five-lesson [HIV PrEP Fundamentals Module](#) and HIV PrEP Training Certificate. [Free continuing education credits](#) are available.

➤ **HIV Prevention Billing and Coding Guide**

The [Pre-Exposure Prophylaxis \(PrEP\), Post-Exposure Prophylaxis \(PEP\), and Other HIV Prevention Strategies: Billing and Coding Guide](#) provides information and best practices for coding, billing, and denial resolution for PrEP and PEP services.

➤ **National Clinician Consult Center (NCCC) Clinical PrEP Resources**

NCCC has a number of resources available to clinicians, including a new chat-bot on the [NCCC website](#) and a [PrEP Quick Guide](#) which includes information on newly available medication options. NCCC can also receive online requests for [substance use](#), [hepatitis C](#), and [PrEP](#) consultations.

➤ **Becoming a PrEP-AP Clinical Provider and/or Enrollment Site**

Clinical providers interested in joining the PrEP Assistance Program (PrEP-AP) Provider Network can reach out to [PrEP.Support@cdph.ca.gov](mailto:PrEP.Support@cdph.ca.gov) to request a copy of the PrEP-AP Clinical Provider Application. To be a PrEP-AP clinical provider, your facility must be 340B affiliated. An Office of AIDS staff member will use the answers provided in the application to assess whether your location is eligible to join the PrEP-AP Clinical Provider Network.

➤ **Doxy PEP Clinical Guidelines from CDC**

Doxycycline post-exposure prophylaxis (doxy PEP) represents the first new STI prevention tool in decades, at a time when innovation in the nation's fight against STIs is desperately needed. Doxy PEP consists of taking an antibiotic called doxycycline to help prevent the bacterial STIs chlamydia, gonorrhea, and syphilis. It involves taking one 200mg dose of doxycycline orally as soon as possible but no later than three days after having sex without a condom to help prevent bacterial STIs. CDC published [clinical guidelines on counseling patients regarding doxycycline post-exposure prophylaxis \(or doxy PEP\) for bacterial sexually transmitted infection \(STI\) prevention](#). Doxy PEP has proven to reduce the risk of getting a bacterial STI for gay, bisexual, and other men who have sex with men and transgender women at increased risk for these infections.

### ➤ **CDPH guidelines for Doxy PEP**

[Doxy PEP](#) is recommended for certain individuals, including cisgender men and transgender women with a history of bacterial STIs or condomless sex in the past year, to help prevent chlamydia, gonorrhea, and syphilis. Per [California Department of Public Health recommendations \(PDF\)](#), doxy PEP may also be offered to other sexually active individuals (regardless of gender identity or sexual orientation) who are interested in taking it, after having a conversation discussing the benefits and risks with their health care provider.

### **CDC Recommendation for the Use of Injectable Lenacapavir.**

CDC released a clinical [recommendation for twice-a-year injectable lenacapavir](#) (LEN) as an additional option for HIV prevention in the United States. In June 2025, FDA approved injectable LEN administered every six (6) months as HIV PrEP. LEN has the potential to improve PrEP adherence and thus enhance HIV prevention.

### ➤ **HIV PEP-in-pocket (PIP)**

PIP is a prescription for PEP, which is a 28-day course of HIV medications you can take to significantly reduce the risk of HIV infection after a potential exposure to HIV. This medication needs to be started as soon as possible after possible exposure, and no later than 72 hours.

For more information about PIP, please see the PIP [toolkit](#) posted by National AIDS Treatment Advocacy Project. Also, an [infographic for women!](#)

### ➤ **PrEP 2-1-1**

[PrEP 2-1-1 or “On-Demand” PrEP](#) is a non-daily PrEP dosing strategy that has been evaluated in men who have sex with men (MSM) and was 86% effective at preventing HIV transmission in a clinical study in Canada and France. The PrEP 2-1-1 protocol shown below is not FDA-approved; however, PrEP 2-1-1 has been endorsed by the International AIDS Society USA.

## **Resources for Pharmacists**

### ➤ **PrEP-AP Immediate Access**

PrEP-AP Immediate Access is an online portal that allows individuals to enroll into limited, temporary PrEP-AP coverage. PrEP-AP will cover limited services for these clients including the PrEP and PEP medications detailed in the [PrEP-AP Formulary](#), and the services included in the [Temporary Coverage & Immediate Access Allowable Services](#). More info is available on our [Quick & Easy Access to PrEP or PEP webpage](#).

### ➤ **Prime Therapeutics (formally known as MagellanRx) Network Contract**

To receive reimbursement for medications dispensed to clients enrolled in PrEP-AP (including Temporary Coverage and Immediate Access described above), pharmacies must be in the ADAP/PrEP-AP Prime Therapeutics Network. Submit a [request to be added to the Prime Therapeutics network](#).

➤ **Capacity Building Assistance**

The CDC offers free capacity building assistance (CBA) through training, technical assistance, and other resources to reduce HIV infection and improve health outcomes for people with HIV the United States. Its CBA Provider Network provides CBA on a vast variety of HIV prevention related topics, including enhancing cultural competency for a successful HIV program, cultural responsiveness and humility for people who inject drugs (PWID), diversity, equity, and inclusion, motivational interviewing, planning a condom distribution program, and so much more!

For more information about CBA, please reach out to your local Health Department CTS User:

Health Department	CTS User	Contact
California Department of Public Health	Chelsea Carney	<a href="mailto:CBA@cdph.ca.gov">CBA@cdph.ca.gov</a>
Los Angeles County Department of Health	Elizabeth Escobedo	<a href="mailto:eescobedo@ph.lacounty.gov">eescobedo@ph.lacounty.gov</a>
San Francisco Department of Health	Michael Paquette	<a href="mailto:michael.paquette@sfdph.org">michael.paquette@sfdph.org</a>

For [more information of CDC Evidence Based Interventions and Best Practices for HIV Prevention](https://stacks.cdc.gov/view/cdc/149681), please visit: <https://stacks.cdc.gov/view/cdc/149681>. For a [list of types of available CBA at a glance](https://wwwn.cdc.gov/CTS/Pages/Main/TAAatAGlance), visit: <https://wwwn.cdc.gov/CTS/Pages/Main/TAAatAGlance>.

For any additional questions or comments or on the information provided in this memorandum, please contact: [PS24-0047@cdph.ca.gov](mailto:PS24-0047@cdph.ca.gov).

Thank you,



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