HIV and Women

There were 4,396 new HIV diagnoses in California in 2019. Of those, 15% were among women (12% among cisgender women and 3% among trans women).

ONE in seven new HIV diagnoses are among WOMEN

Black/African American & Latinx Women are Disproportionately Affected by HIV

Cis Women: 24.6%  
Trans Women: 3.6%  
Cis Women: 29.2%  
Trans Women: 9.6%  
Cis Women: 21.8%  
Trans Women: 2.7%  

Multiple Races: 3%  
Asian: 4%  
American Indian/Alaska Native: 1%

Women Aged 25 to 34 had the Largest Proportion of New Diagnoses

Cis Women: 9%  
Trans Women: 3%  
Cis Women: 23%  
Trans Women: 8%  
Cis Women: 21%  
Trans Women: 4%  
Cis Women: 15%  
Trans Women: 2%  
Cis Women: 14%  
Trans Women: 1%

Risk categories are in order of highest transmission risk (Injection Drug Use, Sexual Contact, and Other). Individuals with multiple risk factors are reported in the category most likely to result in HIV transmission. "Other" includes perinatal exposure and risk factors not reported or identified.

Black/African American Cisgender Women Have the Highest Rate of New HIV Diagnoses

Rates among newly diagnosed Black/African American cis women are 6.9 times higher than White cis women, and among Latinx cis women, 1.3 times higher than White cis women. Although rates for transgender individuals are unknown, National HIV prevalence among transgender individuals is estimated at 0.2%, with transgender women among the groups most affected by HIV.1

Source of Figures: California Department of Public Health, Office of AIDS, California HIV Surveillance Data

Pre-Exposure Prophylaxis (PrEP) is a pill that reduces the risk of getting HIV from sex by about 99% when taken daily. Among people who inject drugs, PrEP reduces the risk of getting HIV by at least 74% when taken daily.

PrEP is safe to take during pregnancy and breastfeeding, and can help protect you and your baby from getting HIV.

There are no known drug conflicts between PrEP and hormone therapy, and no reason why the drugs cannot be taken at the same time.

PrEP is covered by most insurance plans as well as Medicaid programs. There are also programs that provide PrEP for free or at a reduced cost.

PrepPrepme.org/california  getyourprep.com (855) 447.8410

HIV Prevention

Condom Use Helps prevent the sexual transmission of HIV and other STIs.

Partner Status Know your partner’s HIV status.

Clean Syringes Use clean syringes and injecting equipment when you inject.

HIV Testing

Find an HIV testing site near you.

Order FREE in-home HIV test kits.

The only way to know your status is to GET TESTED.

HIV Prevention

PreP Can Reduce Your Chance of Getting HIV

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Rates per 100,000 Population

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