

Office of AIDS (OA) California Planning Group (CPG):
HIV, STD, Hepatitis C & Harm Reduction

***From Burnout to Balance: Building Community Wellness through
Self-Care***

In-Person Meeting Notes
Marriott Riverside at the Convention Center

November 20 – 22, 2024

Committee Reports

- **HIV & Aging Committee**
 - The committee had a productive conversation about ideas they want to focus on in the next year. Some ideas include:
 - Hosting a “round table discussion” around stigma and messaging and inviting folks from nursing homes/facilities, HIV and aging partners, aging programs, and AAA agencies that work with the Department of Aging.
 - There’s messaging and stigma that exists within the HIV and Aging Community, where no one wants to accept that they’re getting older, and they’re not talking about it. They also don’t see themselves in messaging.
 - Nursing homes/facilities aren’t addressing these conversations.
 - Hoping to invite these folks and partners to our committee space, having our committee members discuss these concerns and topics with them, and helping them understand that HIV and aging doesn’t exist in a silo.
 - Inviting Dr. Jacobson or someone from the STD Control Branch to talk to the committee about STI concerns and what the STD Control Branch is doing.
- **Drug User Health Committee**
 - The committee set up a regular monthly meeting date. It’ll be on the second Monday of each month at 1PM. The next meeting will be on December 9. The committee would love to see your faces at their meeting.
 - The committee is going to work on updating their charter.

- They also want to open invitations to CASEP and all the California syringe exchange programs on the listserv to see if any folks want to be community member advisors for the committee.
- **Youth Committee**
 - The committee planned for the following year, which includes:
 - Proactively reaching out to youth in the community and getting them involved with CPG, specifically youth at GSA's, community colleges, and different places that they'll find youth
 - Assessing youth needs, especially in the current political climate
 - Fostering intergenerational relationships and partnerships. There are folks who have gone through what we might be seeing in the future so it could be helpful to provide reassurance and information needed to keep the fight going.
 - Hosting a webinar series like the Women's Committee Central Valley Webinar Series. The committee enjoyed the creative component of this meeting's Leadership Academy because it brought a lot of life and deep team connections. They possibly want to integrate a creative component to their webinars and committee meetings.
- **Women's Committee**
 - The committee is thankful to Dr. Kathy Jacobson for her time and presentation on doxyPEP. This informed the committee's decision to approve addendums to the CDPH doxyPEP guidance, which are inclusive of cisgender women.
 - The committee is working on developing women and PrEP infographics – one for the community and one for providers. The committee will be able to review the draft in the next committee meeting. Their goal is to have the infographics ready by March for Women and Girls HIV/AIDS Awareness Day.
 - The committee also discussed topics and ideas that they'd like to focus on in 2025.
- **Membership Committee**
 - The committee discussed meeting attendance. The current bylaws state that “a member who comes late or leaves early, missing 75% of the scheduled meetings (in person meetings, committee meetings, and web-based meetings) will be counted as absence. Automatic removal results when a member accrues 2 absences from full CPG meetings in the 12-month planning cycle, which runs January through December. Members with frequent absences, as stated above, will forfeit their membership unless CPG State and Community Co-Chairs have granted a special

accommodation as described in section. Members may be removed at the sole discretion of the State and Community CPG Co-Chairs.”

- Emphasized the main point of attendance for 75% of all meetings that are scheduled. It doesn't take into account when meetings are cancelled.
- Discussed that many members are in more than one committee, which is fantastic. However, members should be aware that one of those committees is their designated “home committee,” and that's where their attendance will be tracked.
- The bylaws about leave of absence is vague. It basically says that members needing a leave of absence should submit a notice for request by e-mail or telephone to the CPG Co-Chairs. The committee plans to define that more clearly and will bring the drafted edits back to the State and the rest of the CPG body. There are also other technicalities that the committee would like to change and will share those drafted edits to the full body as well.
- The committee plans to honor members who have perfect meeting attendance. They're considering placing stickers on the CPG member posters.
- In the next year, the committee plans to do a focused recruitment for specific demographic groups in order to fill the seats of members who will be terming out after the Spring meeting.
- If members would like to join the committee, they meet on the second Tuesday of every month from 11:00 to 12:00 PM.

Suggestions/Recommendations from the Public

- No members of the public made a comment.

Updates on the AIDS Drug Assistance Program (ADAP) Medical Advisory Committee

- The ADAP Medical Advisory Committee is looking to recruit individuals into their advisory board for the ADAP formulary. They need fresh perspectives from the community about the formulary, barriers, and what can be done at a systems level to make it easier for the community.
- Time Commitment
 - The committee meets on a quarterly basis (i.e. 4 meetings per year). Meetings are virtual and usually early in the morning.
 - Individuals serve a 2-year term. However, most people who join like to stay passed that 2-year term.
 - Compensation is not available.
- There are currently 12 members – 11 providers and 1 community member.
- If CPG members are interested in being a part of this board, then submit an application (which is 2 pages).

- If CPG members know any providers from the Inland Empire or Central Valley, then please feel to recommend them too. Providers must send in an application too.
- If CPG members have any questions, reach out to Alej Contreras and Dr. Phil Peters.