EMOCHA: PROMOTING ADHERENCE AND SURVEILLANCE

LOUISE MCNITT, MD, MPH CONTRA COSTA COMMUNICABLE DISEASE PROGRAMS CACDC ANNUAL MEETING OCTOBER, 2019

DISCLOSURE STATEMENT

• None

OUTLINE

- Using emocha for vDOT for TB patients
- Using emocha (theoretically) for measles contacts

WHAT THE PATIENT DOES

- Meets criteria for inclusion in vDOT program
 - At least 5 days of tx with adherence and no ADRs
 - Stably housed
 - Motivation, acceptance/understanding of dx
 - Able to prepare and recognize medications
 - Able to navigate the eMocha app
- Access to internet or data
- Download app on smartphone

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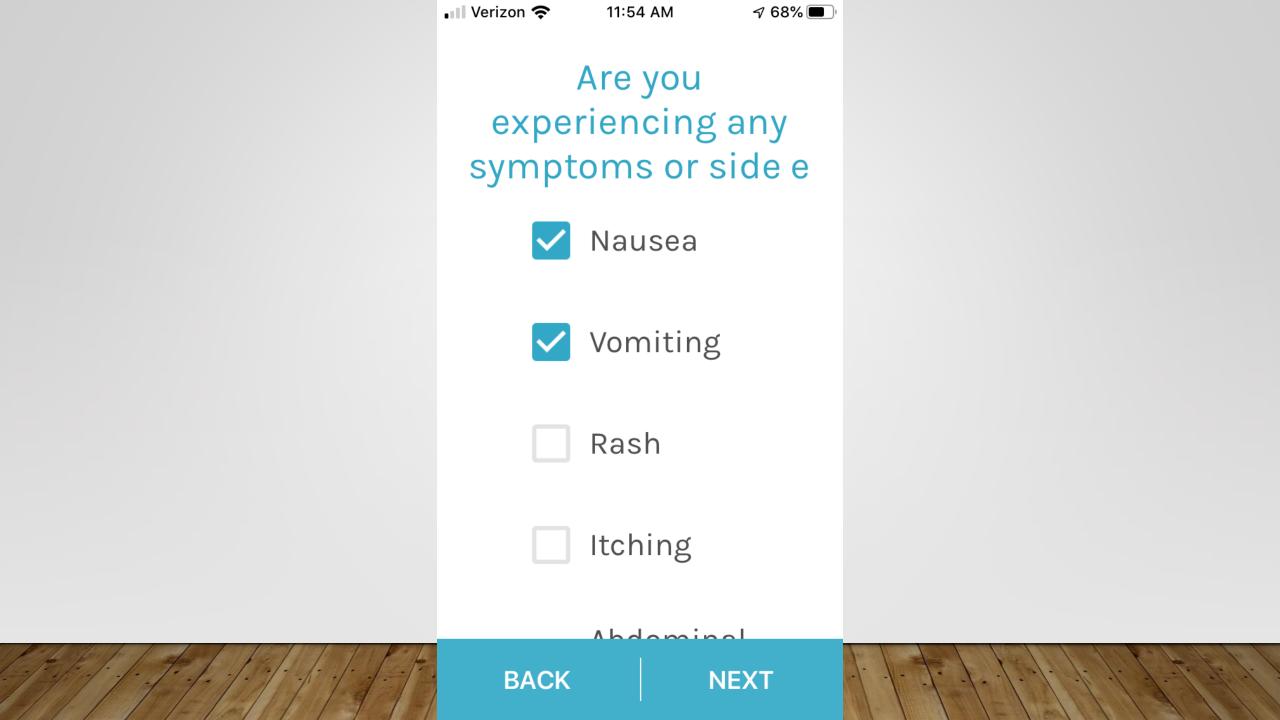
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Are you experiencing any symptoms or side e



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You've reported side effects or symptoms. Do not ta

Please contact your Care Team.

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DONE

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Are you experiencing any symptoms or side e



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October 15, 2019 Today's medication:

Rifampin (600 mg)

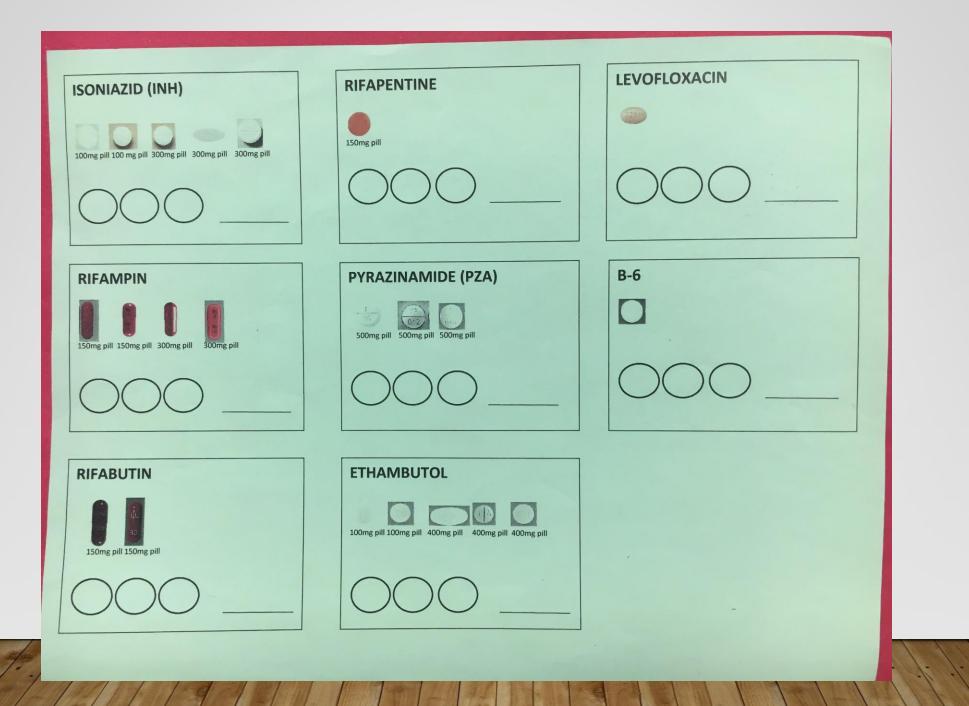
Isoniazid (300 mg)

Pyrazinamide (1500 mg)

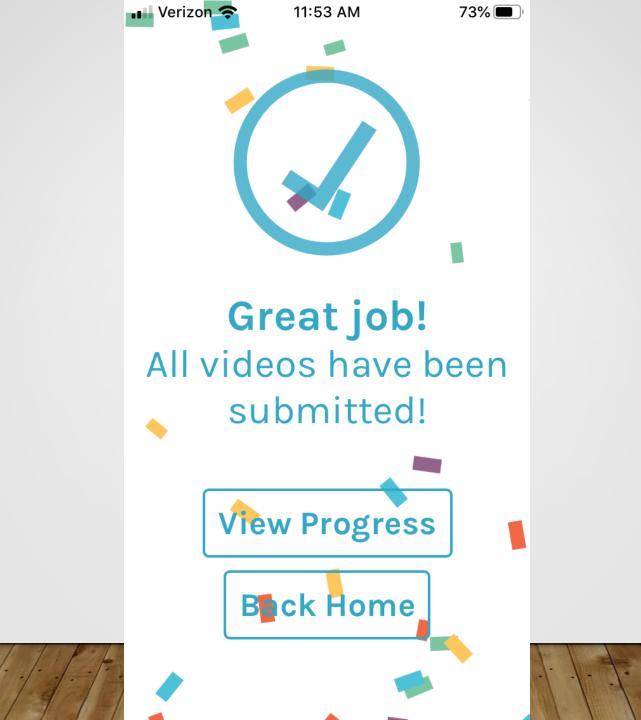
Ethambutol (1200 mg)

R6 (50 mø)

BACK







WHAT TB PROGRAM DOES

- Online interface: <u>https://platform.emocha.com/login</u>
- Views videos and accepts or not
- Sets notifications



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Please remember to take your medication.

Sunday 7:54 PM

Please remember to take your medication.

Yesterday 10:59 AM

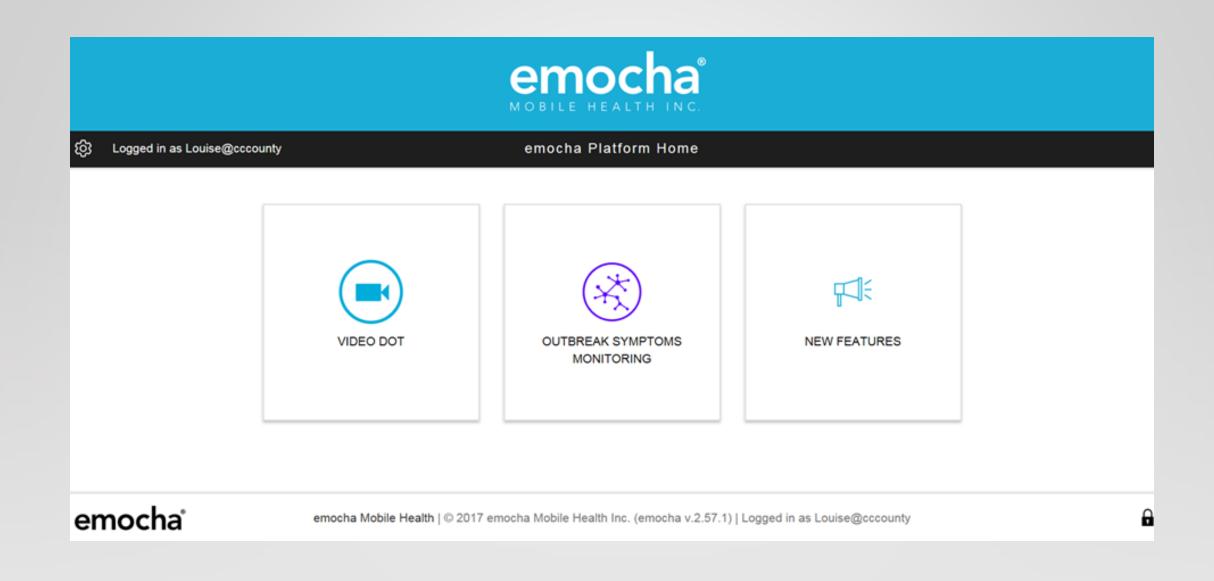
Please remember to take your medication.

Yesterday 7:54 PM

Please remember to take your medication.

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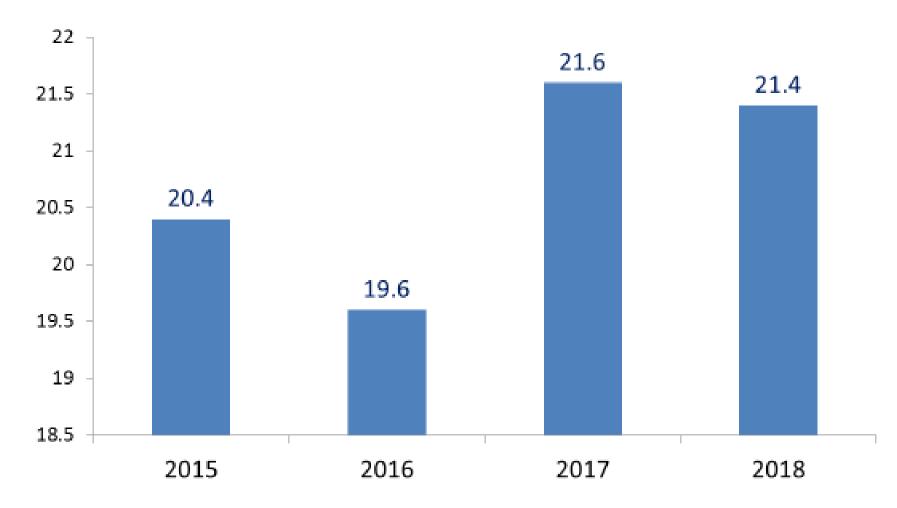
ALL PATIENTS								
Reeds Review	CHECKIN SUBMIT	ED PATIENT REPORTED	FLAGGED	COMMENT	PROGRESS	ADHERENCE	REVIEWED	
Accepted •	10/15/19 5:51 am				72/420	73% 72/99	Maribel Oct 15th, 2019 5:59 am PDT	
Rejected •	? 10/15/19 8:18 am				33/364	94% 33/35		
Paused	? 10/15/19 7:16 am				29/364	97% 29/30		
Missed —	? 10/15/19 11:06 am				21/252	81% 21/26		
Lin Person -	? 10/15/19 10:15 an				13/266	93% 13/14		
	10/14/19 7:50 pm				324/364	97% 324/335	Maribel Oct 15th, 2019 6:00 am PDT	
Livestream Video	10/14/19 6:45 pm				161/364	92% 161/175	Maribel Oct 15th, 2019 6:01 am PDT	
emocha	Contra Costa Public Health	© 2017 emocha Mobile Health In	c. (emocha v.2.57.1	I) Logged in as	Louise@cccounty	1	⑦ Help	

VIDEO

https://platform.emocha.com/login

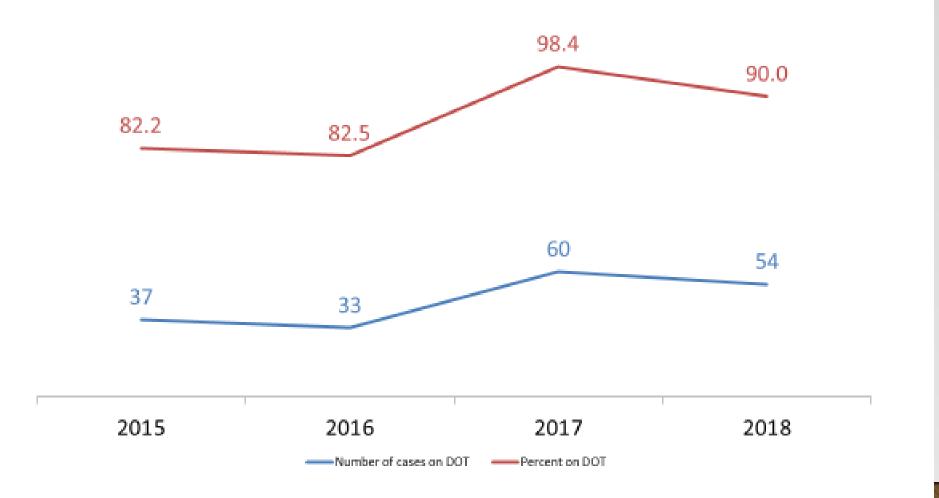
PROGRAM OUTCOMES

Average Weeks of Directly Observed Therapy (DOT)





Number and Percent of TB Cases on DOT



*2018: Three persons still on treatment and not included in calculations.

EMOCHA FOR MEASLES SURVEILLANCE

• Symptom screen

Fever

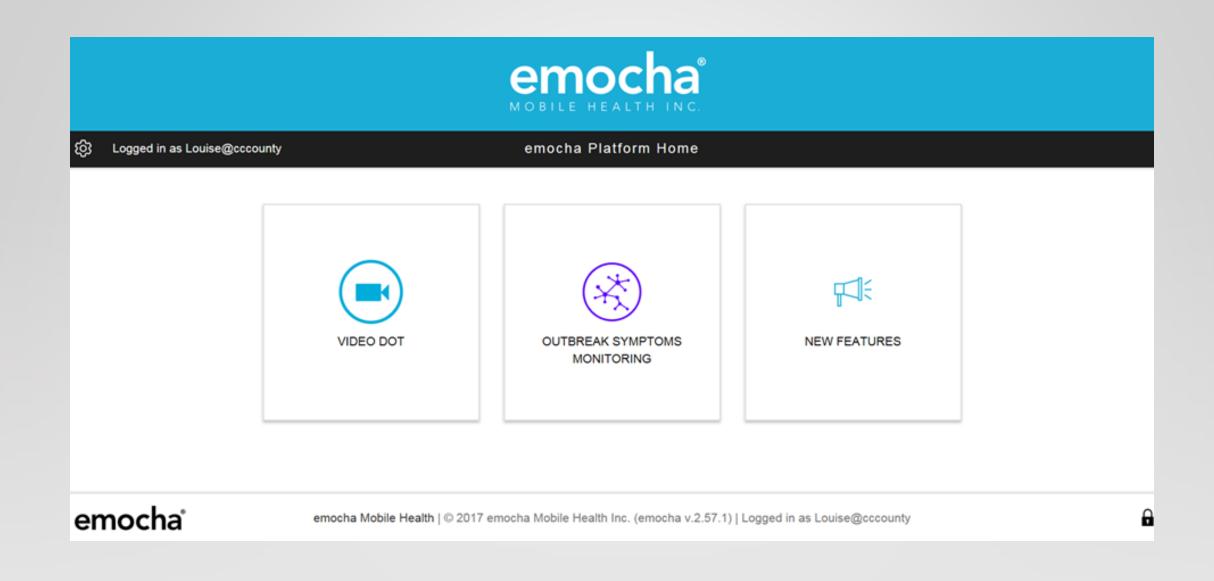
Rash

Cough

Coryza

Conjunctivitis

- If symptoms present pt message to call CD Program
- CD Program staff review pt profile daily through online portal
- No opportunity to implement as no measles cases in CCC







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? Needs Review	•	NAME	CHECKIN	SUBMITTED	SYMPTOMS	FLAG	COMMENT	PROGRESS	ADHERENCE	DISEASE
Accepted	•	emocha, Test	0	9/17/18 11:59 pm					4% 1/27	Measles
Rejected	•	Client, Test	0	9/17/18 11:59 pm					5% 1/20	Measles
Pending Paused	•	emocha, Test	0	9/16/18 11:59 pm					4% 1/26	Measles
Missed	•	Client, Test	0	9/16/18 11:59 pm					5% 1/19	Measles
In Person	• •	emocha, Test	0	9/15/18 11:59 pm					4% 1/25	Measles
	•	Client, Test	0	9/15/18 11:59 pm					6% 1/18	Measles
Livestream Video		emocha, Test	0	9/14/18 11:59 pm					4% 1/24	Measles
emocha			Contra Costa Publi	c Health © 2017 emo	cha Mobile Health Inc. (e	emocha v.2.57.1)	Logged in as louise	@cccounty		⑦ Help
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QUESTIONS?

Special thanks to Laurie Crider, TB Program Manager