Sample Zika + Sex Facebook posts:

#Zika is spread by specific types of mosquito—and also by an infected person to his or her partners during sex. Get answers to your Zika questions: http://bit.ly/ZikaandSex #TalkZIKA #ZikaFacts

#Zika virus can pass from a mother to her unborn baby during pregnancy and cause birth defects. Here are three ways to stay safe if you’re pregnant or considering pregnancy:

• Don’t go to areas with risk of Zika;
• Prevent mosquitoes from biting and breeding around your home; and
• Practice safer sex, or don’t have sex at all if your partner was recently in an area with Zika.

To learn more about preventing Zika, visit: http://bit.ly/ZikaandSex #TalkZIKA #ZikaFacts

Planning a vacation? The CDC has travel information for people going to or returning from areas with Zika. It’s important to practice safer sex by wearing condoms during all types of sex while traveling in these areas. Learn more: http://bit.ly/PackforZika #TalkZIKA #ZikaFacts

There is no specific medicine or vaccine for Zika, and most people who have it don’t show symptoms. #Pregnant women shouldn’t go to areas with Zika—and everyone can prevent mosquito bites and take precautions to prevent sexual transmission. http://bit.ly/ZikaandSex #TalkZIKA #ZikaFacts

Recently been to Mexico? The Zika virus is in Mexico, and it can be transmitted by mosquitoes AND sex. Women: Wait at least 2 months after travel or symptom onset before trying to get pregnant.

Men: Wait at least 3 months before trying to get pregnant with your partner.

Share CDPH’s Zika + Sex poster: http://bit.ly/ZikaandSex #TalkZIKA #Zika #Travel

Pregnant and MUST go to an area with Zika? Use mosquito repellent and condoms to protect yourself from #Zika! #TalkZIKA #ZikaFacts

Did you know that Zika is sexually transmitted? Becoming infected while pregnant can cause birth defects. If you have recently been to an area with #Zika, it might be a good time to delay pregnancy. Practice safer sex and use effective birth control until your doctor says it is safe to get pregnant.


Share CDPH’s Zika + Sex poster: http://bit.ly/ZikaandSex

#Pregnant and living in California? You can still get the #Zika virus and pass it to your unborn baby if you cross the border into Mexico. Learn about this disease and how to protect yourself:

There are things we DON’T know about #Zika yet, but we DO know that #pregnant women should:

- prevent mosquito bites
- avoid going to areas with outbreaks
- use condoms if their partners have been to areas with #Zika


#Pregnant and recently been to an area with #Zika or had sex with someone who has? Talk to your doctor whether or not you have symptoms of fever, rash, joint pain or red eyes. Learn more: [http://bit.ly/ZikaandSex](http://bit.ly/ZikaandSex) #TalkZIKA #ZikaFacts