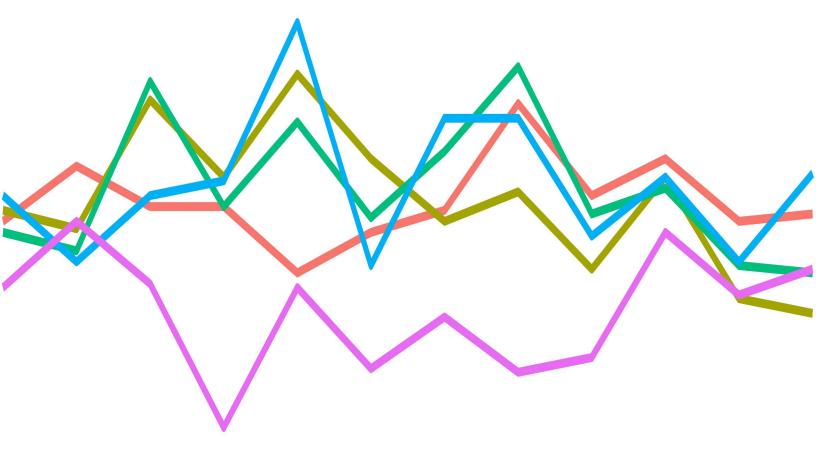
Report on Tuberculosis in California, 2020





Gavin Newsom, Governor
State of California
Mark A. Ghaly, MD, MPH, Secretary
California Health and Human Services Agency
Tomás J. Aragón , MD, Dr. PH, Director and State Public Health Officer
California Department of Public Health



Report on Tuberculosis in California, 2020

Gavin Newsom Governor State of California

California Department of Public Health
Center for Infectious Diseases
Division of Communicable Disease Control
Tuberculosis Control Branch
850 Marina Bay Parkway
Richmond, CA 94804-6403
(510) 620-3000

October 2021





Report on Tuberculosis in California, 2020 California Department of Public Health Center for Infectious Diseases Division of Communicable Disease Control **Tuberculosis Control Branch**

October 2021

Suggested Citation: Tuberculosis Control Branch, Report on Tuberculosis in California, 2020. California Department of Public Health, Richmond, CA. October 2021.

This report and related Excel data tables can be found at the CDPH TB Disease Data

page (https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/TB-Disease-Data.aspx) Tuberculosis Control BranchJennifer Flood, MD, MPH, Chief Surveillance and Epidemiology Section Pennan Barry, MD, MPH, Chief Adam Readhead, PhD, MPH Tuberculosis RegistryVarsha Hampole, MPH, Chief Emily Han, MPH Maria Carter, MPH Alex Golden Division of Communicable Disease ControlJames Watt, MD, MPH, Chief

For more information, contact the Tuberculosis Control Branch at the following address and phone number:

> 850 Marina Bay Parkway Building P. 2nd Floor Richmond, CA 94804-6403 Phone: (510) 620-3000

Cover figure: The cover displays cases of TB reported by month each year from 2016 to 2020. 2020 cases are displayed in purple.



State of California—Health and Human Services Agency California Department of Public Health



October 11, 2021

Dear Colleagues,

I am pleased to present the 2020 Report on Tuberculosis in California. The COVID-19 pandemic made 2020 a year that was challenging for state and local TB programs and the communities that we serve. Indeed, these challenges are reflected in the impact on TB case reporting in 2020 which fell by nearly 20% compared with 2019 to 1,705 cases. This was the largest percentage decline in a single year since 1981. Although there are several potential ways that the pandemic could have affected the TB case reporting, the decline triggers concern that TB cases may have gone undiagnosed and unreported, laying the groundwork for potential future TB increases.

Despite the decline in total cases reported, many aspects of TB in California remained unchanged. The case rate remained nearly twice the national rate; 4.3 cases per 100,000 population compared with 2.2 nationally. Disparities by country of birth and between racial and ethnic groups continue to persist. Overall, 84% of TB cases occurred among those born outside the United States. The TB rates among people of Asian, Black, and Hispanic race or ethnicity born outside the United States were 51, 53, and 20 times greater, respectively, than among White people born in the United States. An alarming proportion of people ill with TB continue to die. In 2018, the most recent year for which complete death data is available, 10.1% of people diagnosed with TB died, a proportion that has been nearly unchanged for many years.

This report also contains some hints at hopeful news. The number of cases among children under the age of 5 years continues to fall with just 23 cases in 2020 compared with 82 cases ten years ago. The number and proportion of cases that were multidrugresistant (MDR) remained low (n=11, 0.8% of cases) in 2020. The vast majority (85%) of TB in California continues to be attributable primarily to progression of longstanding TB infection and thus is preventable by testing for and treating latent TB infection to prevent progression to active TB disease. Preventing TB in communities at risk for TB will promote health equity and prevent Californians from dying or being sickened by TB.

Despite the significant ongoing challenges associated with responding to the COVID-19 pandemic while fighting TB, we look forward to continuing to work together with our partners to control TB and toward our ultimate goal of a TB-free California.



With many thanks for all that you do,

Jennifer Flood, M.D., M.P.H., Chief,

Tuberculosis Control Branch

Division of Communicable Disease Control

Center for Infectious Diseases

California Department of Public Health

Contents

Introduction	7
Acknowledgment	7
TB in California: 2020 Summary	8
Figures	
Figure 1. Number of Tuberculosis Cases: California, 1930-2020	13
Figure 2. Number of Tuberculosis Cases and Case Rates: California: 2011-2020	14
Figure 3. Tuberculosis Case Rates in California, 2020	15
Figure 4. Tuberculosis Cases by Race/Ethnicity: California, 2020	16
Figure 5. Tuberculosis Case Rates by Race/Ethnicity: California, 2011-2020	17
Figure 6. Tuberculosis Cases in Non-U.Sborn and U.Sborn Persons: California, 2011-2020	18
Figure 7. Tuberculosis Cases by Country of Origin:* California, 2020	19
Figure 8. Tuberculosis Cases in Persons 0-4 Years of Age: California, 2011-2020	20
Figure 9. Tuberculosis Cases by Verification Criteria*: California, 2020	21
Figure 10. Deaths in Persons with Tuberculosis California 2009-2018	22
Figure 11. Tuberculosis Cases with HIV/AIDS Diagnosis: California, 2012-2020	23
Figure 12. Tuberculosis Cases with Multidrug Resistance (MDR) on Initial or Final Dr Susceptibility Testing*: California, 2011-2020**	
Figure 13. Tuberculosis Cases with Initial Multidrug Resistance (MDR)*: California, 2016-2020	25
Figure 14. Tuberculosis Cases* by Outcome of Treatment: California, 2018	26
Figure 15. Outcome in Tuberculosis Cases for Whom One Year or Less of Treatment was Indicated*: California, 2018	
Figure 16. Completion of Tuberculosis Therapy among Patients for Whom One Year Less of Therapy was Indicated	
Tarkwing I Nigdon	00



Introduction

Tuberculosis (TB) case reports are submitted to the California Department of Public Health (CDPH), TB Control Branch (TBCB), by 61 local health jurisdictions (58 counties, and the cities of Berkeley, Long Beach, and Pasadena). In 1993, the Centers for Disease Control and Prevention (CDC), in conjunction with state and local health departments, began using the Report of Verified Case of Tuberculosis (RVCT) to collect information on each case of TB. The RVCT includes demographic and clinical characteristics of TB cases, as well as information on drug resistance, risk factors for TB, and treatment outcomes. In 2009, CDC released an expanded RVCT that collects additional information to address the changing epidemiology of TB in terms of risk factors, new drug treatments, and enhanced laboratory capacity for diagnostic tests. California implemented this revised RVCT January 1, 2010. A further revision of the RVCT is anticipated to be released in 2022. This update will include molecular drug susceptibility test results, an important new laboratory tool to monitor drug resistance among TB patients, as well as supplemental data collection on Multi-Drug Resistant (MDR) TB, and other elements critical to understanding the TB epidemic.

CDPH Division of Communicable Disease Control implemented an internet-based surveillance system for reportable diseases including TB in January 2010. This system, California Reportable Disease Information Exchange (CalREDIE), allows all jurisdictions in California to submit TB case reports and access their local data on-line in a timely manner.

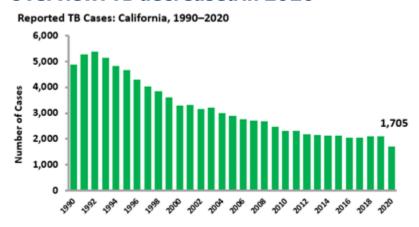
Acknowledgment

TBCB would like to thank surveillance and reporting staff in all local reporting jurisdictions. Without their hard work we would not have data for this publication. We also acknowledge the support of our partners at CDC's Division of Tuberculosis Elimination.



Tuberculosis (TB) disease is an illness caused by the bacteria *Mycobacterium tuberculosis* complex. TB usually affects the lungs and spreads through the air when a person sick with TB coughs. Not everyone infected with the bacteria becomes sick. People that have been infected but are not sick have latent tuberculosis infection (LTBI). People with LTBI can become sick with TB disease in the future if they are not treated.

Overview: TB decreased in 2020



- In 2020, California reported

 1,705 new TB cases, a nineteen
 percent decrease compared with 2,112
 cases in 2019 and the biggest percent
 decrease since 1981.
- California's annual TB incidence
 was 4.3 cases per 100,000 persons;

nearly double the national incidence rate of 2.2

- Although the specific causes of the single year decline are unknown, some of the decrease is likely related to the COVID-19 pandemic. Potential causes of the decline include: 1) decreased detection of TB because fewer patients were seeking care or fewer TB diagnoses were made when they sought care; 2) decreased importation of TB because of travel restrictions or economic conditions; 3) decreased transmission of TB because of masking and reduced movement outside of households, and 4) changes in TB prevention activities that also lead to TB diagnoses.
- Medical and societal costs of TB reached \$180 million in California in 2020.
- TB cases were reported in 42 of California's 61 (69%) local health jurisdictions. Of all jurisdictions, 12 (19%) jurisdictions reported 1–4 cases.
- The vast majority of TB cases (85%) were attributable to progression of LTBI to active TB while an estimated 5% of cases were in persons who arrived in California with active TB disease from outside the United States, and another 10% resulted from recent transmission.



- In 2020, there were 5 new TB outbreaks and 8 ongoing outbreaks reported in 7 jurisdictions,
 each involving at least 4 persons.
- During 2016–2018, 661 persons (11% of TB cases) died with TB. Of those, 20% died before receiving TB treatment.
- Among persons reported with TB in 2018 who started anti-TB treatment, 86% completed treatment.
- More than 2 million Californians (6% of the population) have LTBI. Without treatment LTBI can progress to active TB.

TB and COVID-19

- Among persons with TB disease in 2020, 141(8.3%) also had COVID-19 infection identified in 2020. TB and COVID-19 occurred within 120 days among 81 cases.
- Most persons who had both TB and COVID-19 in 2020 were Hispanic (n=80, 56.7%) or Asian (n=49, 34.8%), and 122 (86.5%) were born outside of the U.S. This demonstrates overlap of communities disproportionately affected by COVID and TB.

Persons Born Outside the United States

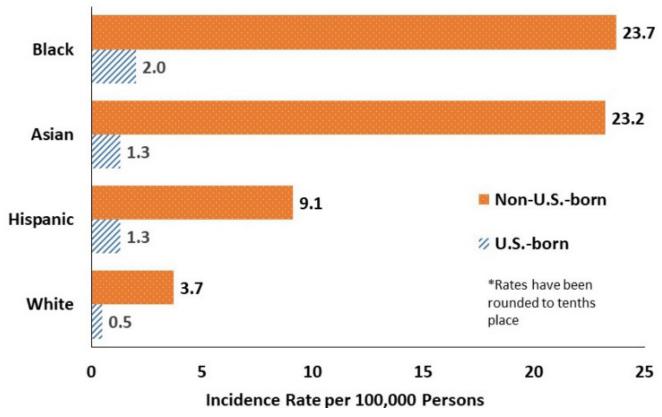
- The TB rate among persons born outside the U.S. (13.4 per 100,000) was 14 times higher than the rate among U.S.born persons (1.0 per 100,000).
- Half of TB cases in non-U.S.-born persons occurred more than 20 years after arrival in the U.S.



Racial/Ethnic Disparities Persist

• The rates among Asians and Blacks born outside the U.S. were **51 and 53 times higher** than of U.S.-born whites respectively. The rate among non-U.S.-born Hispanics was 20 times that of U.S.-born whites.

TB Rates by Place of Birth and Race/Ethnicity, 2020



- Rates in each non-U.S.-born racial and ethnic group were higher than among U.S.-born persons in the same group.
- More than half (52%) of California's TB cases occurred in Asians, up from 47% in 2010.

Comorbidities

- **42%** of adult TB cases had diabetes mellitus, end stage renal disease, HIV infection, or another condition that can increase the risk of progression from latent to active TB disease.
- The most common comorbidity was diabetes mellitus (31% of adult cases).
- HIV infection increases the risk of progression from LTBI to active TB disease, as well as for death with TB.
- In 2020, 88% of patients with TB were tested for HIV. Of those tested, 54 (**3.2%**) were HIV-positive, down from 101 (4.4%) in 2011, the first year these data were reported in California on the TB case report form.

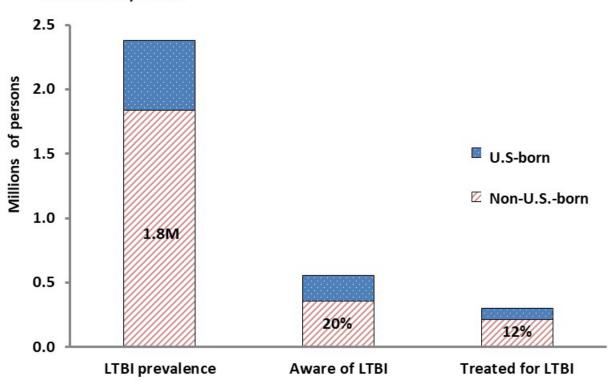
Diagnosis and Management of TB

The results of nucleic acid amplification (NAA) tests, used to identify *Mycobacterium tuberculosis*, can be available within hours after specimen collection, resulting in earlier detection and treatment This document reflects data as of June 11, 2021.

of TB cases.

- NAA tests were used in 75% of cases reported in 2020.
- In 2020, pulmonary disease was diagnosed in 80% of TB cases, indicating a risk of transmission to others; of those, 15% also had TB in another site. Twenty percent of TB patients had only extrapulmonary disease.
- TB was diagnosed by laboratory findings in 85% of cases; 15% of cases were clinically confirmed.

Estimated latent TB infection prevalence, awareness and treatment, California, 2020



Estimated using National Health and Nutrition Examination Survey, 2011-2012 applied to the California population.

 Of pulmonary TB cases with an abnormal chest x-ray, cavitation was seen in 19%, indicating more advanced disease.

Multidrug-Resistant TB

- Multidrug-resistant (MDR) TB is TB resistant to the two most potent first line drugs, isoniazid
 and rifampin. Extensively drug-resistant (XDR) TB is MDR TB additionally resistant to two
 classes of second line drugs, fluoroquinolones and injectables.
- Patients with MDR and XDR TB generally have poorer outcomes.
- In 2020, there were **11** (0.8%) MDR TB cases in California, compared to 25 (1.4%) reported in 2010.



- The proportion of TB cases in California that are MDR has remained constant (1–2%) since drug susceptibility data began being systematically collected in 1993.
- Since 1993, the start of routine tracking of drug resistance, 25 XDR TB cases have been reported in California. During 2016-2020, there were three XDR TB cases.

TB can be prevented with LTBI treatment

- More than 2 million Californians have LTBI. Approximately 1.8 million were born outside the U.S.,
 of whom only 20% are aware of their LTBI and only 12% have been treated.
- Because an estimated 85% of cases occur because of progression from LTBI, treating LTBI will
 prevent many TB cases in California.
- <u>Risk assessment tools</u> are available for use by medical providers to identify persons at risk for LTBI for testing and treatment.
- New guidelines recommending shorter treatment for LTBI are now available for California
 (https://ctca.org/wp-content/uploads/2018/12/LTBI-Guidelines-2018-Revision-FINAL.pdf) and the
 U.S. (https://www.cdc.gov/mmwr/volumes/69/rr/rr6901a1.htm?s cid=rr6901a1 x).

A Plan to Eliminate TB

CDPH, in collaboration with the California TB Elimination Advisory Committee and the California TB Controllers Association, recently released the second 5-year plan for making progress toward eliminating TB from California. The plan is supported by diverse stakeholders across the state. The plan calls for making TB prevention a routine part of medical care by finding and testing Californians who are at risk for TB, optimizing treatment for LTBI, monitoring and evaluating LTBI testing and treatment, and ensuring that patients, clinicians, and public health programs have the tools and resources they need to prevent TB.

More information about tuberculosis:

- Find more tuberculosis data, including performance trends on national and state TB objectives on the CDPH TB Disease Data page (https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/TB-Disease-Data.aspx)
- Read more about the plan to eliminate TB from California at the CDPH Tuberculosis Control Branch site (https://www.cdph.ca.gov/tbcb)

Figure 1. Number of Tuberculosis Cases: California, 1930-2020

Year	1988	1990	1992	1994	1996	1998	2000	2002	2004	2006	2008	2010	2012	2014	2016	2018	2020
Number of																	
Tuberuclosis	3468	4889	5382	4834	4288	3850	3288	3172	2991	2776	2695	2323	2184	2130	2059	2097	1705
Cases																	

Year	1930	1940	1950	1960	1970	1980
Number of	11202	7740	0020	F120	2244	4272
Cases	11293 7	//48	8838	5129	3344	42/3

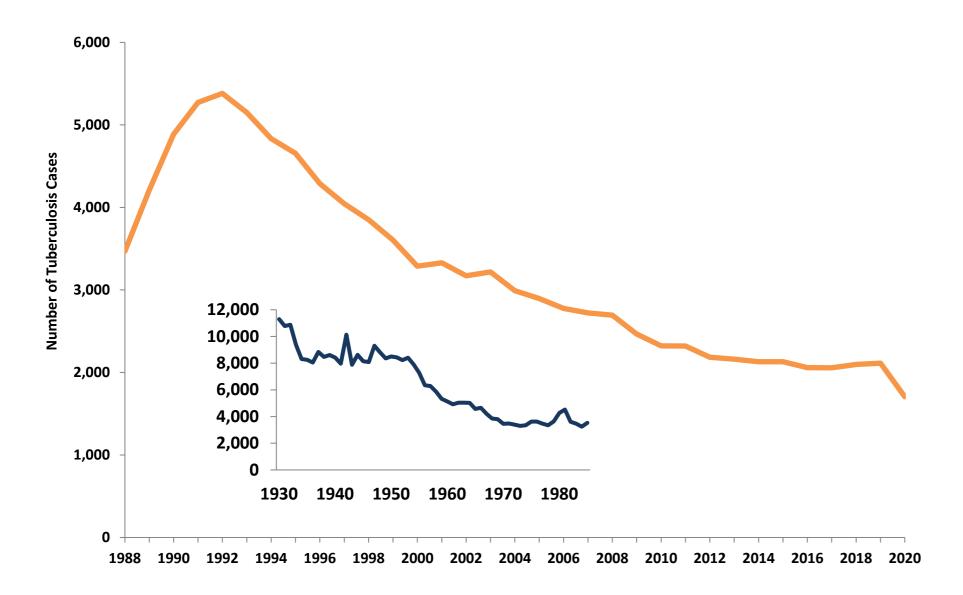
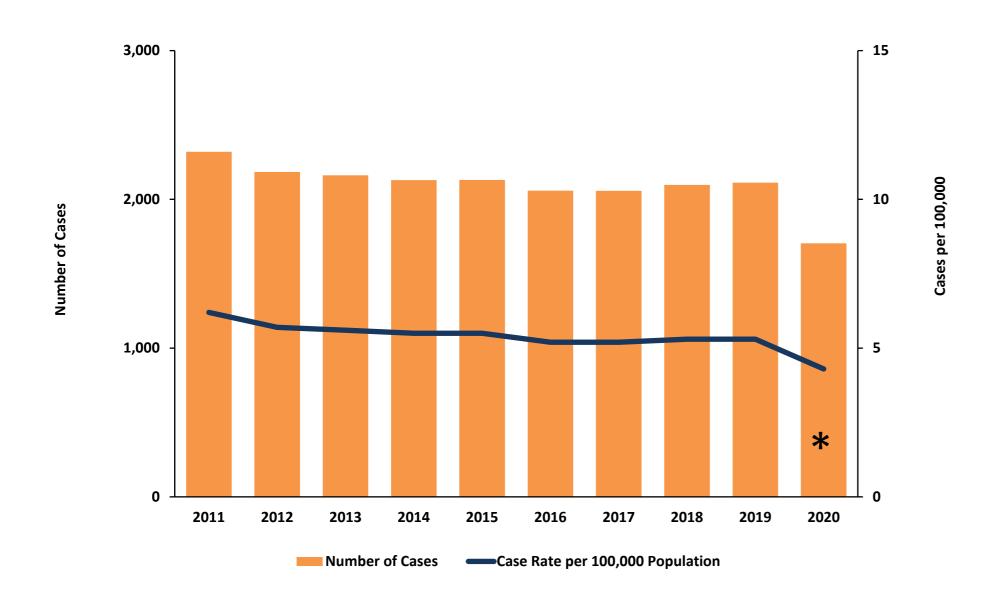


Figure 2. Number of Tuberculosis Cases and Case Rates: California: 2011-2020

	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Number of Cases	2320	2184	2162	2130	2131	2059	2057	2097	2112	1705
Case Rate per										
100,000	6.2	5.7	5.6	5.5	5.5	5.2	5.2	5.3	5.3	4.3
Population										



* National Case Rate (2.2 per 100,000) California Department of Public Health, Tuberculosis Control Branch

Figure 3. Tuberculosis Case Rates in California, 2020

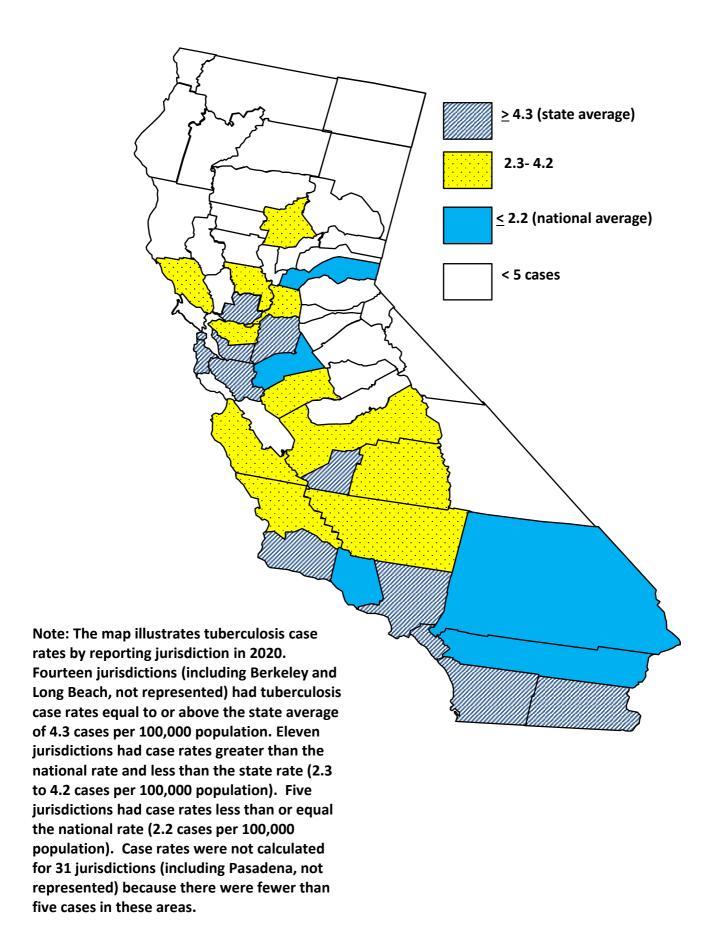


Figure 4. Tuberculosis Cases by Race/Ethnicity: California, 2020

Asian	Hispanic	White, Not Hispanic	Black, Not Hispanic	Native Hawiian/ Pacific Islander	American Indian/ Alaska Native	Multi-race	Unknown
881	612	111	86	10	1	4	0
52%	36%	7%	5%	1%	0%	0%	0%

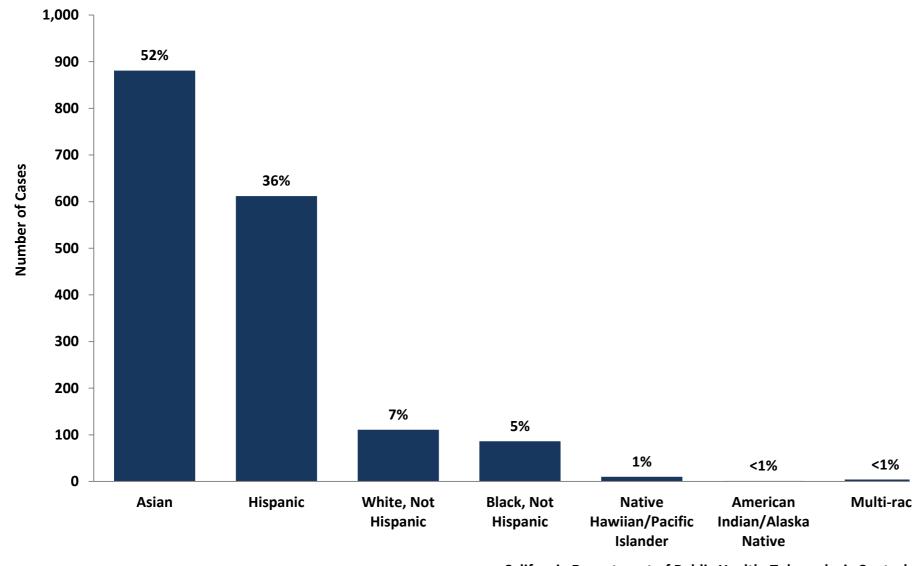
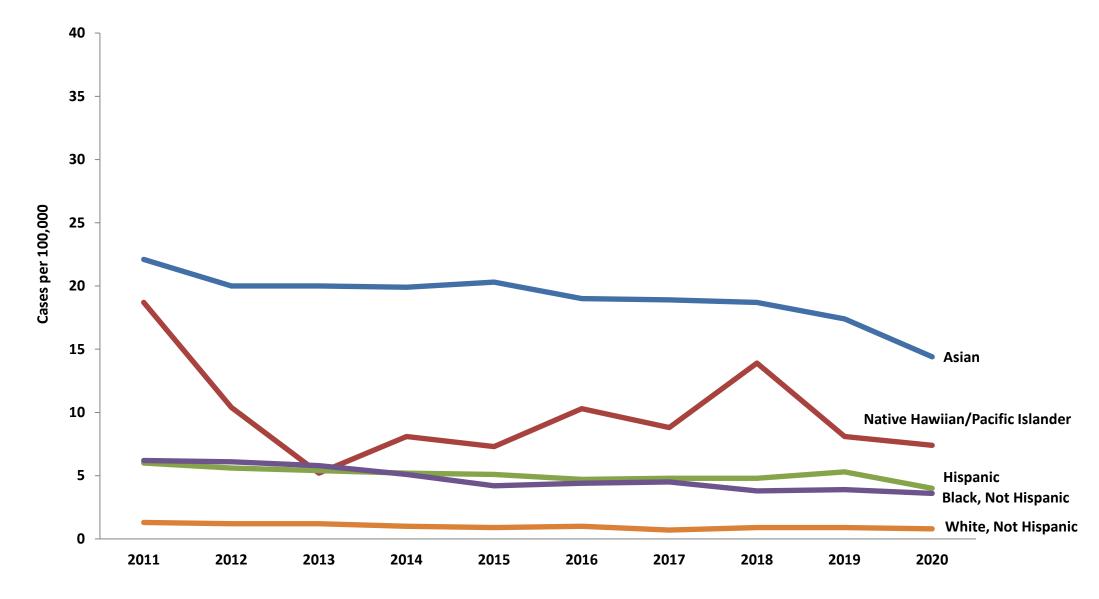


Figure 5. Tuberculosis Case Rates by Race/Ethnicity: California, 2011-2020

	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Asian	22.1	20	20	19.9	20.3	19	18.9	18.7	17.4	14.4
Native Hawiian/Pacific	10.7	10.4	F 3	0.1	7.3	10.2	0.0	12.0	0.1	7.4
Islander	18.7	10.4	5.2	8.1	7.3	10.3	8.8	13.9	8.1	7.4
Hispanic	6	5.6	5.4	5.2	5.1	4.7	4.8	4.8	5.3	4
Black, Not Hispanic	6.2	6.1	5.8	5.1	4.2	4.4	4.5	3.8	3.9	3.6
White, Not Hispanic	1.3	1.2	1.2	1	0.9	1	0.7	0.9	0.9	0.8

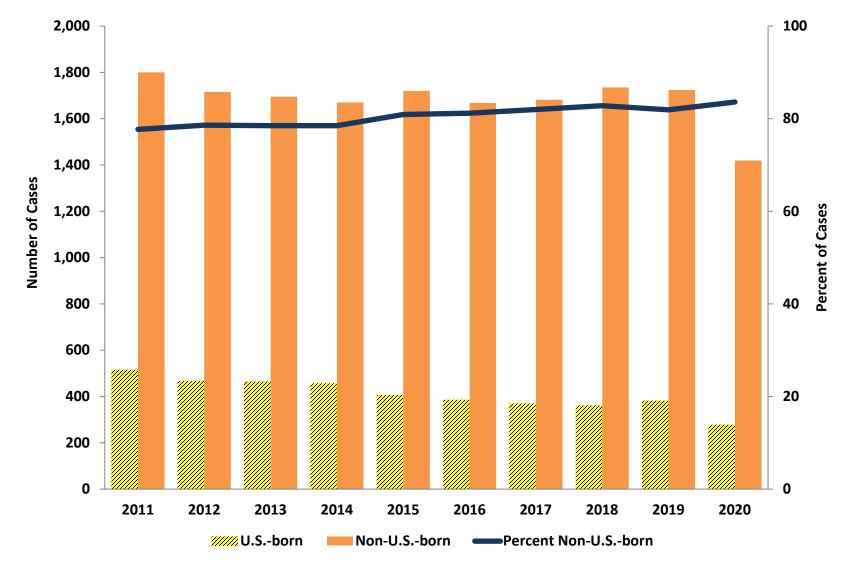


Rates for American Indian/Alaska Native and multi-race TB cases not shown due to small numbers of cases.

California Department of Public Health, Tuberculosis Control Branch

Figure 6. Tuberculosis Cases in Non-U.S.-born and U.S.-born Persons: California, 2011-2020

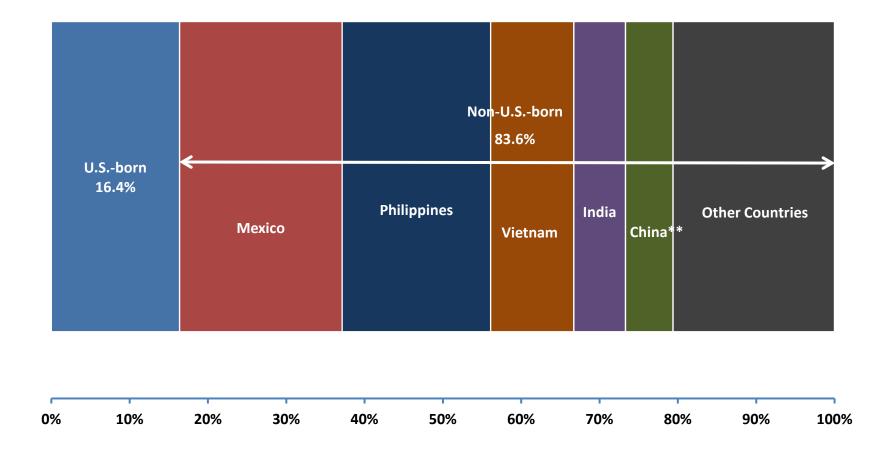
	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Non-U.S	1800	1716	1695	1670	1720	1668	1682	1735	1724	1419
born	(77.7)	(78.6)	(78.5)	(78.5)	(80.9)	(81.2)	(82)	(82.8)	(81.9)	(83.6)
II.C. have	516	467	464	457	406	386	370	361	382	278
U.Sborn	(22.3)	(21.4)	(21.5)	(21.5)	(19.1)	(18.8)	(18)	(17.2)	(18.1)	(16.4)



*Excludes cases where U.S.-born status is unknown California Department of Public Health, Tuberculosis Control Branch

Figure 7. Tuberculosis Cases by Country of Origin:* California, 2020

U.Sborn	Mexico	Mexico Philippines		India	China**	Other Countries	
16.4%	20.7%	19.0%	10.6%	6.6%	6.1%	20.6%	



^{*} Excludes cases for whom country of origin is unknown

^{**} People's Republic of China includes Hong Kong

Figure 8. Tuberculosis Cases in Persons 0-4 Years of Age: California, 2011-2020

	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Number of Cases	82	48	58	56	36	34	39	28	29	23
Case Rate	3.2	1.9	2.3	2.2	1.4	1.4	1.6	1.2	1.2	1

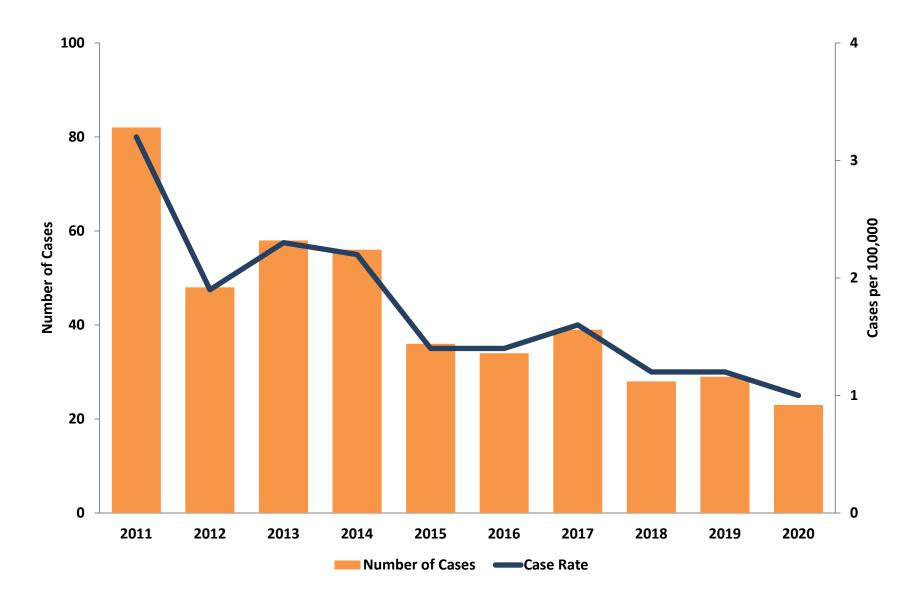
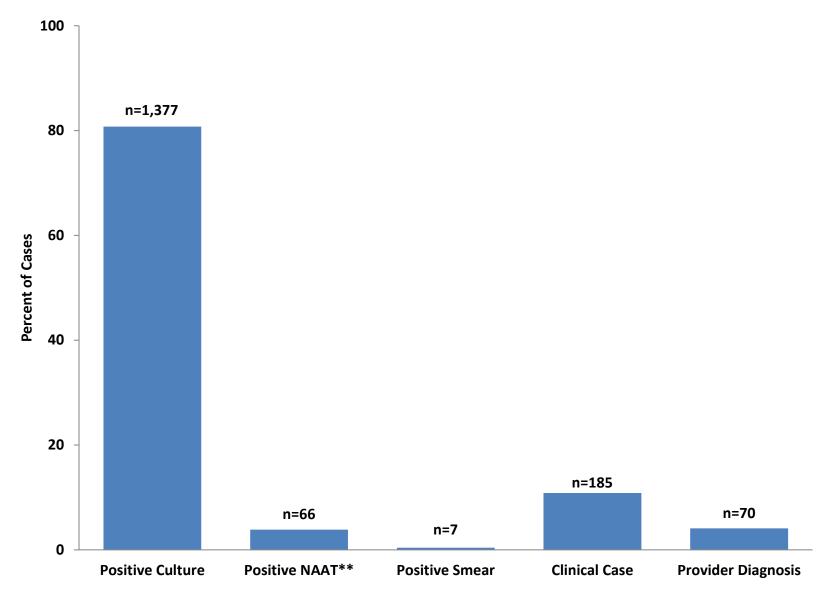


Figure 9. Tuberculosis Cases by Verification Criteria*: California, 2020

Positive Culture	Positive NAAT**	Positive Smear	Clinical Case	Provider Diagnosis
1377	66	7	185	70
80.76%	3.87%	0.41%	10.85%	4.11%



^{*} See Technical Notes for description of verification criteria.

^{**}NAAT = Nucleic Acid Amplification Test

Figure 10. Deaths in Persons with Tuberculosis: California, 2009-2018

Year	Died During Treatment	Dead at Diagnosis	Died Before Starting Treatment	Percent Dying with Tuberculosis
2009	181	47	2	9.33
2010	145	49	1	8.39
2011	171	47	2	9.48
2012	170	42	3	9.84
2013	168	45	5	10.08
2014	152	40	5	9.25
2015	148	42	4	9.10
2016	191	39	5	11.41
2017	179	33	3	10.45
2018	166	40	5	10.06

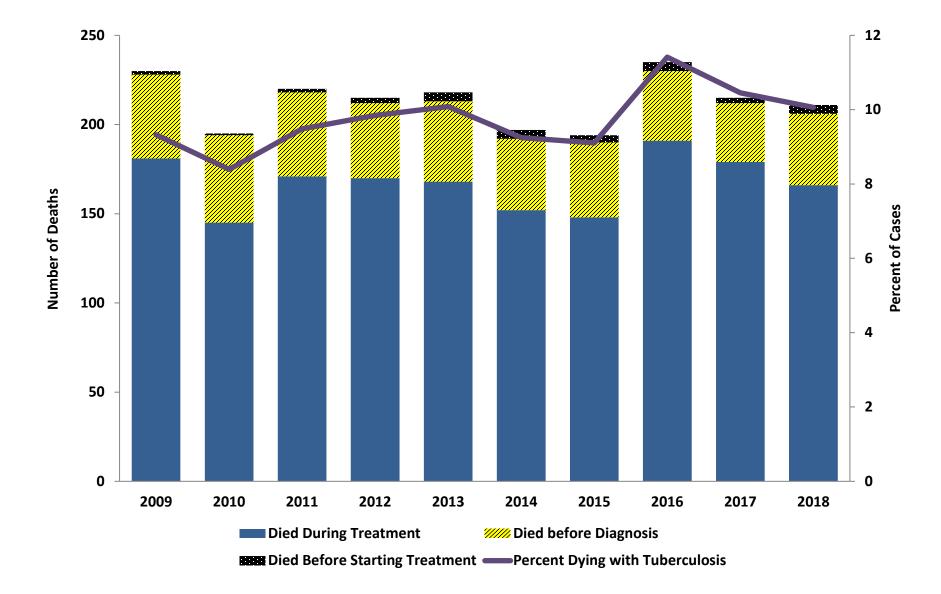
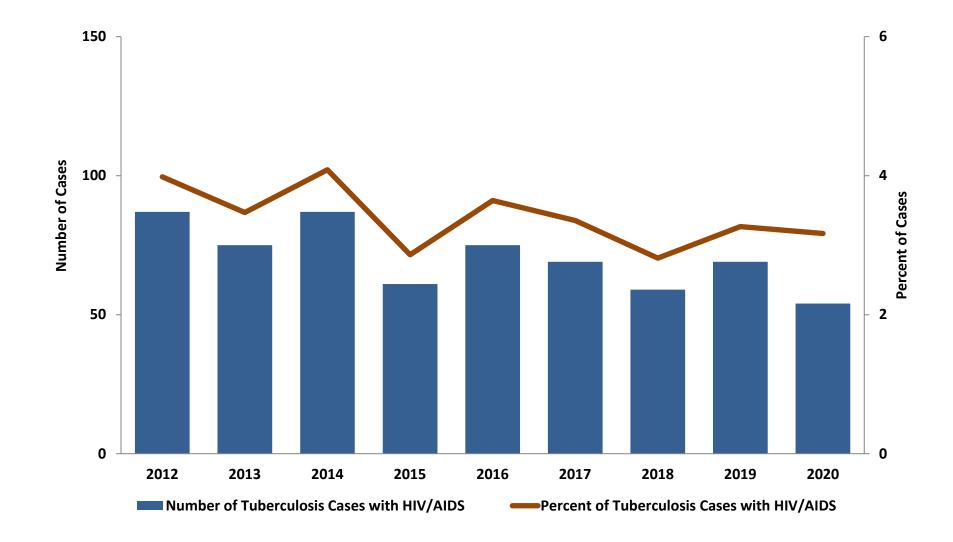


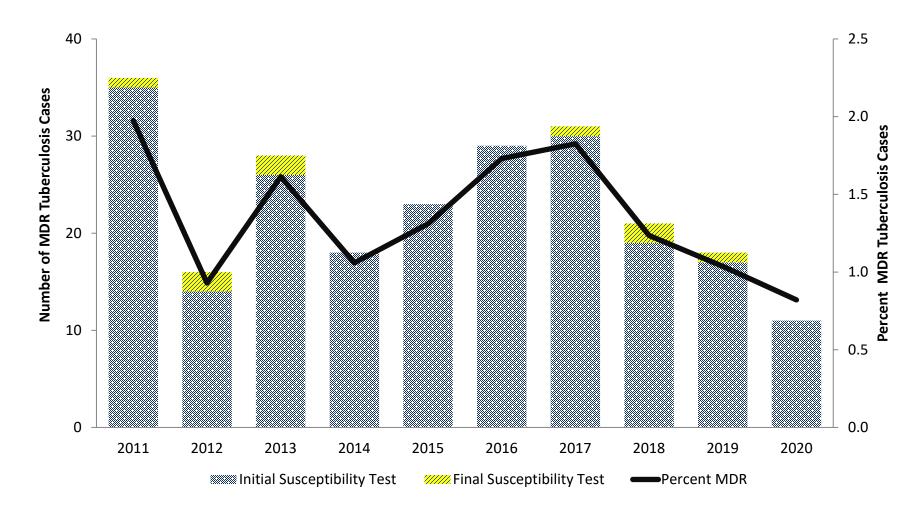
Figure 11. Tuberculosis Cases with HIV/AIDS Diagnosis: California, 2012-2020

2012	2013	2014	2015	2016	2017	2018	2019	2020
87 (4.0%)	75 (3.5%)	87 (4.1%)	61 (2.9%)	75 (3.6%)	69 (3.4%)	59 (2.8%)	69 (3.2%)	54 (3.2%)



<u>Figure 12. Tuberculosis Cases with Multidrug Resistance (MDR) on Initial or Final Drug Susceptibility Testing*: California, 2011-2020**</u>

	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Initial												
Susceptibility	33	23	35	14	26	18	23	29	30	19	17	11
Test												
Final												
Susceptibility	0	2	1	2	2	0	0	0	1	2	1	0
Test												
Percent MDR	1.72%	1.37%	1.97%	0.93%	1.61%	1.06%	1.31%	1.73%	1.83%	1.24%	1.04%	0.82%



^{*} Cases with resistance to at least isoniazid and rifampin on the Initial Drug Susceptibility Report (Follow-up 1) or on the Case Completion Report (Follow-up 2)

^{**} Number of MDR cases may increase as additional drug susceptibility test results are received for 2020.

<u>Figure 13. Tuberculosis Cases with Initial Multidrug Resistance (MDR)*:</u>
<u>California, 2016-2020</u>

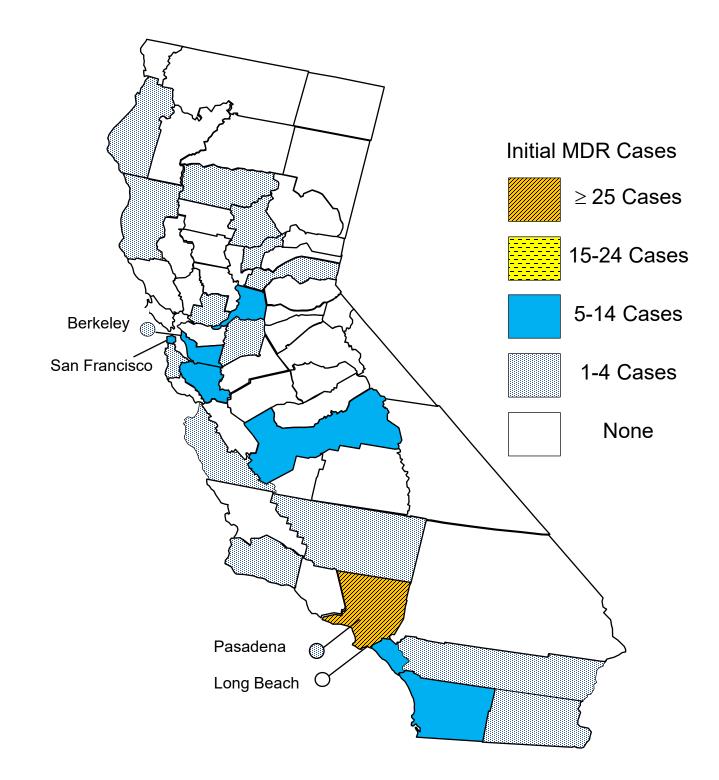
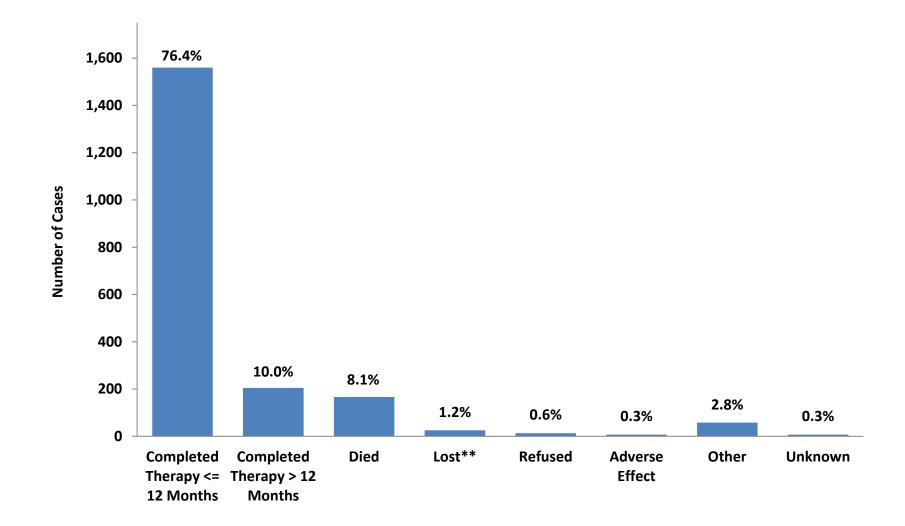


Figure 14. Tuberculosis Cases* by Outcome of Treatment: California, 2018

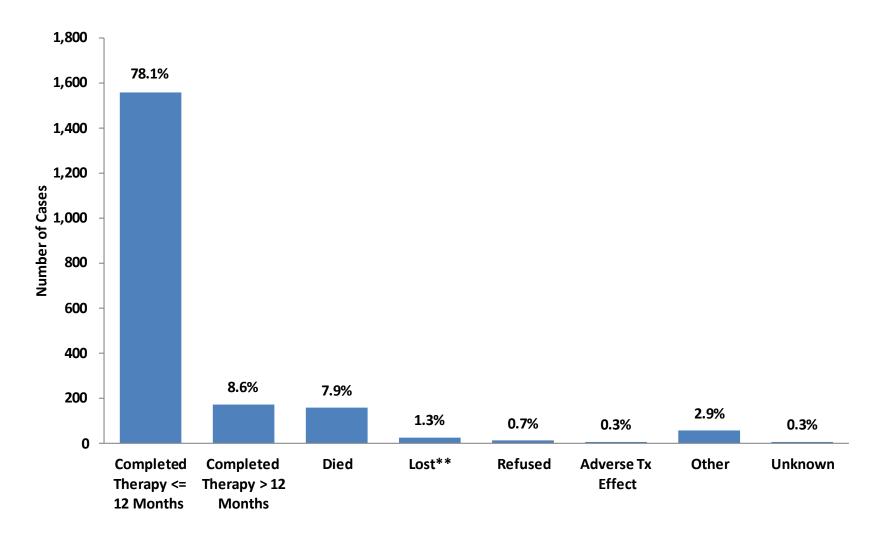
Completed Therapy ≤ 12	Completed Therapy > 12						
Months	Months	Died	Lost**	Refused	Adverse Effect	Other	Unknown
1560	205	166	25	13	7	58	7
76.4%	10.0%	8.1%	1.2%	0.6%	0.3%	2.8%	0.3%



^{*} Patient was alive at diagnosis and started on an initial drug regimen of two or more drugs.

^{**} Patient could not be located prior to the completion of treatment.

Figure 15. Outcome in Tuberculosis Cases for Whom One Year or Less of Treatment was Indicated*: California, 2018

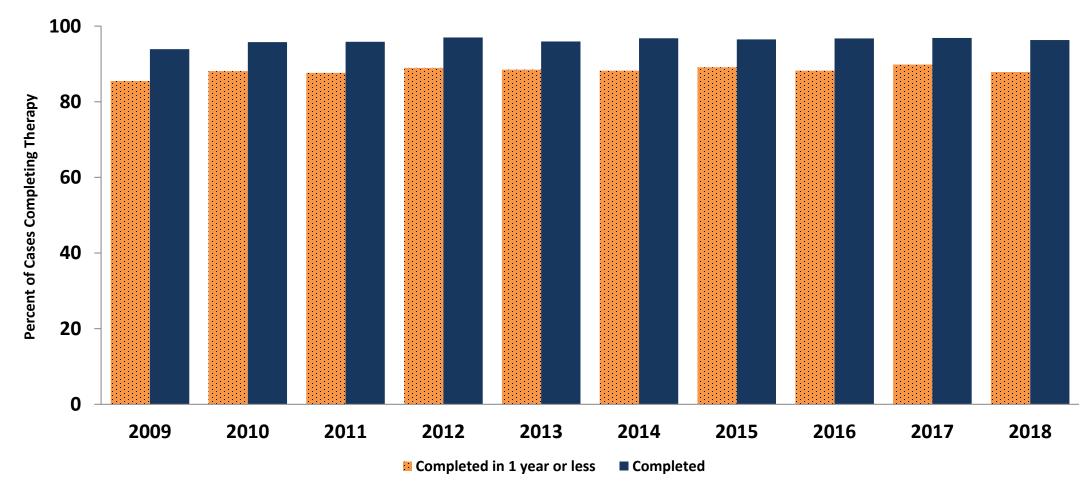


^{*} Excludes cases with rifampin resistant disease, cases with meningeal disease, and cases less than 15 years of age with disseminated tuberculosis disease.

^{**} Patient could not be located prior to the completion of treatment.

Figure 16. Completion of Tuberculosis Therapy among Patients for Whom One Year or Less of Therapy was Indicated*: California, 2009 - 2018

Year	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Completed	93.92	95.79	95.84	96.99	95.96	96.79	96.49	96.72	96.88	96.34
Completed in 1	85.48	88.09	87.63	88.94	88.50	88.24	89.12	88.23	89.86	87.85
year or less	05.40	88.09	67.03	00.34	88.30	00.24	09.12	00.23	89.80	67.65



^{*}Consistent with CDC's National Tuberculosis Indicators Project completion of therapy measure, excludes cases with rifampin resistant disease, cases with meningeal, bone and/or joint, or central nervous system disease, cases less than 15 years of age with disseminated tuberculosis disease, and cases that died or moved out of the United States less than one year after treatment initiation.

Technical Notes

Reporting Jurisdictions

California has 61 jurisdictions that report TB morbidity. There are 58 counties and the cities of Berkeley, Long Beach, and Pasadena. Reports from Alameda County exclude TB cases from the city of Berkeley, and reports from Los Angeles County exclude cases from the cities of Long Beach and Pasadena. Since 1993, local health jurisdictions have used the Report of Verified Case of Tuberculosis (RVCT) form

(https://www.cdc.gov/tb/programs/rvct/default.htm) to report TB cases; an expanded version of this form was implemented in California in 2010. A further revision of the RVCT is anticipated to be released in 2022. California cleans, compiles and analyzes these data for state and local use, and also reports these data to the Centers for Disease Control and Prevention (CDC).

TB Cases

A TB case submitted to the TBCB Registry by June 10, 2021 was included as a 2020 case in this report if the case was confirmed as active TB between January 1 and December 31, 2020. After reporting the case, a jurisdiction may subsequently decide that a reported case did not have TB. Also, a few cases may be reported after the submission deadline. These changes will be reflected in future reports. Therefore, the total number of TB cases counted in a given year may change, usually by a small number of cases. This small change in case numbers may also be reflected in the two sets of TB numbers released each year, a provisional case count used in early reports and materials generated in March for World TB Day, and a final case count which is used in this report.

Population Data

Population data were derived primarily from the following sources at the State of California, Department of Finance.

State and local health jurisdiction totals are from the following sources:

- E-2 California County Population Estimates and Components of Change by Year, July 1, 2010-2020, December 2020
- E-4 Population Estimates for Cities, Counties, and the State 2011-2020 with 2010 Census Benchmark, May 2020.
 - Proportions of population subgroups (sex, age, race and ethnicity) for California are from the following sources:
- Race/Ethnic Population with Age and Sex Detail, 1970-1989, December 1998
- Race/Ethnic Population with Age and Sex Detail, 1990-1999, Revised May 2009
- Race/Hispanics Population with Age and Gender Detail: 2000-2010, Revised March 2013
- P-3 Population Projections Race/Ethnicity and Sex by Individual Years of Age, 2010-2060, January 2020

State and county population totals are from the estimate series. Populations for the cities of

Berkeley, Long Beach and Pasadena were estimated by obtaining the ratio of city to county population totals from the E-4 report and applying the ratio to the E-2 county population totals. Population totals for the jurisdiction of Alameda were then calculated by subtracting Berkeley calculated population from Alameda County total; population total for the jurisdiction of Los Angeles was calculated by subtracting Long Beach and Pasadena calculated populations from Los Angeles County total. Demographic populations were estimated by applying the population proportion of each demographic subgroup to the state total (estimate series).

Populations of non-U.S.-born and U.S.-born persons, and populations of persons with more detailed Asian and Pacific Islander race information were calculated by applying the proportion of each group from the United States Census Bureau's *American Community Survey* made available through the *Integrated Public Use Microdata Series* (IPUMS):¹ Version 11.0, to the California total population for 2020 from California Department of Finance, *E-2 California County Population Estimates and Components of Change by Year, July 1, 2010-2020.* At the time of preparation of this report, *America Community Survey* data for 2020 fully stratified by race, sex, age and country of origin were not available, therefore the proportion of non-U.S.-born and U.S.-born persons from 2019 were also used for those years. These rates will be updated in future reports.

Small Case Numbers/Small Cell Size

We have chosen not to report rates when the total number of TB cases is less than five. Rates of zero, based on no TB cases, are also not reported. Where the rate is not reported, changes in rate over time are also not reported. Additionally, data tables were reviewed and modified if necessary, to ensure compliance with CHHS-DDG-V1.0-092316.pdf).

Ranking of Jurisdictions

Jurisdictions are ranked in order of decreasing 2020 case rate with the highest rank first. Those jurisdictions with one to four cases are not given a rate and are given the same rank; they are listed according to decreasing number of cases. Jurisdictions with no cases of TB are given the same rank and are listed in alphabetical order.

TB Case Definition and Verification Criteria

For surveillance purposes, a case of TB is defined by laboratory and clinical evidence of disease caused by *Mycobacterium tuberculosis* (*Mtb*) complex. TB cases with culture or nucleic acid amplification evidence of *Mtb*, or acid fast bacilli in a smear from a clinical specimen (when a culture cannot be obtained, or culture results are negative or contaminated) are classified as laboratory-confirmed. In the absence of laboratory confirmation, persons with a positive tuberculin skin test (TST) or positive interferon gamma release assay (IGRA) for *Mtb*, abnormal chest imaging (in those with pulmonary disease), and treatment with two or more anti-TB medications will be classified as clinically-confirmed TB. Reported cases not meeting one or more of the clinical criteria for

TB are classified as provider-diagnosed cases because the health care providers and TB control programs have determined there is sufficient evidence of active TB disease to report the case.

The following hierarchy is applied in determining the verification criteria for TB disease:

- 1. Positive culture for Mtb
- 2. Positive nucleic acid amplification test
- 3. Positive acid-fast bacilli test
- 4. Clinical case confirmation
- 5. Provider diagnosis

Race and Ethnicity

The RVCT has one variable for race and one for ethnicity. If a case is classified as "Hispanic" ethnicity on the RVCT, then the case is reported as "Hispanic" in this report, regardless of race.

Beginning in 2003, the federal Office of Management and Budget (OMB) mandated separate reporting of Asian and Pacific Islander/Native Hawaiian races, as well as the opportunity for persons to identify themselves by one or more racial groups. In this report, tables presenting race and ethnicity include the following categories: white non-Hispanic, black non-Hispanic, Hispanic, Asian, Native Hawaiian or Pacific Islander, Native American or Alaska native, and multi-race. For persons of Asian, Native Hawaiian, and Pacific Islander race, detailed race subcategory information is also collected. Tables of case counts/case rates for these detailed race subcategories are also included in this 2020 report.

Country of Origin

Persons born in one of the 50 states or the District of Columbia or born abroad to a parent who was a U.S. citizen are considered U.S.-born. Persons born in Puerto Rico, Guam, the Commonwealth of the Northern Mariana Islands, U.S. Virgin Islands, American Samoa, Midway Island, U.S. Minor Outlying Islands, Federated States of Micronesia, Palau, and Marshall Islands are also considered U.S.-born. This closely aligns with the definition used by the U.S. Census Bureau², and is used in Tables 2, 3, 6, 7, 8, 10, 23, 32 and 33. In tables where countries of birth are specified (Tables 9, 18, 19), the birth country is used regardless of whether the case was considered U.S.-born.

HIV/AIDS Status

In 2011, California implemented reporting of HIV status of TB cases on the RVCT. During 1993–2014, TB cases co-infected with HIV, and reported with HIV or AIDS were also identified by matching TBCB Registry data with the HIV/AIDS case registry in the California Department of Public Health Office of AIDS. A positive result from either source was considered to be indicative of co-infection with HIV/AIDS in tables presenting HIV status prior to 2011. For tables reporting HIV status from 2011 onward only the HIV status reported on the RVCT is used.

Primary Reason for TB Evaluation

The primary reason for a patient's initial evaluation for TB was added to the TB case report form in 2010. Because multiple factors may be present at the time of a person's initial TB evaluation (e.g., a person with TB symptoms evaluated during the course of a contact investigation of a family member), and only the primary reason may be reported, the following definitions and hierarchies are used.

TB symptoms: the person sought evaluation because of signs or symptoms of TB disease (e.g., persistent cough, fever, lymphadenopathy, night sweats, weight loss or

symptoms of extra-pulmonary disease).

Abnormal chest image: the initial chest radiograph was consistent with TB disease, and was performed for a reason other than suspicion of TB disease. If the radiograph was performed following a positive TST or IGRA result obtained during targeted testing, "Targeted Testing" is considered to be the primary reason the patient was evaluated for TB.

Contact investigation: the person's TB was identified during the course of a contact investigation or source case finding, regardless of whether the person was symptomatic at the time.

Targeted testing: a positive TST or IGRA result was obtained during a screening performed specifically because the person was considered to be at high risk for TB. However, health care worker or employment/administrative testing, contact investigation, and immigration medical exam supersede targeted testing as the primary reason a patient was evaluated, when one of those situations is applicable.

Health care worker: a positive TST or IGRA result was obtained during the course of routine screening of health care workers. Health care worker supersedes targeted testing and employment/administrative testing. However, evaluation of health care workers for other reasons (e.g., TB symptoms or contact investigation) supersedes health care worker.

Employment/administrative testing: persons whose TB testing was performed before or periodically during employment to meet administrative requirements. If employment was health- care, "health care worker" is considered the primary reason the patient was evaluated.

Immigration medical exam: TB disease was found during a medical examination that was part of the immigration requirement process that is mandatory for certain categories of U.S. entrants (e.g., immigrant, refugee, asylee).

Incidental lab result: the clinical evaluation was for something other than TB. Specimens were collected and submitted for evaluation of TB and other diseases for diagnostic completeness, but TB was not expected.

Risk Factors for TB

In 2010, reporting of certain additional medical and epidemiologic risk factors began. Persons with medical co-morbidities such as diabetes mellitus, end-stage renal disease, organ transplantation, tumor necrosis factor (TNF) alpha antagonist therapy, or other immunosuppressive medications that suppress a patient's immune response have a higher risk of TB; these new data provide a better understanding of these high-risk groups.

Non-medical epidemiologic risks for TB include contact to an MDR TB case, or to an infectious TB patient. If the patient was a contact to an MDR case, he/she should be reported as "contact of MDR case," rather than "contact of infectious case." The association with the MDR case must be within the last two years. A case should be reported as a missed contact if the current case was identified as a contact of a known TB patient (within 2 years of current diagnosis), but was not identified or evaluated at that time. Incomplete LTBI treatment includes patients who started treatment for a previous diagnosis of LTBI, but did not complete the regimen.

Drug Susceptibility Reports

Because the Initial Drug Susceptibility Report (Follow-up 1) may be submitted several months after the initial case report, all results may not have been available at the time this report was prepared. At the time of report preparation, drug susceptibility testing was approximately 98 percent complete for culture-positive TB cases. As additional Follow-up 1 reports are submitted, overall proportions of drug resistance may change slightly. These updated results will be available in future reports in tables presenting trends in drug resistance.

Total MDR TB cases (defined as cases with an isolate resistant to at least isoniazid and rifampin reported on the Initial Drug Susceptibility Report [Follow-up 1] or the Case Completion Report [Follow-up 2]) are presented in Figure 13 in the Report on Tuberculosis on California, 2020.

Case Completion Reports

Because the Case Completion Report (Follow-up 2) is not submitted until many months after a TB case is initially reported, data reported on cases counted in 2018 are the most recent available and are presented in this report. These data include health care provider, directly observed therapy and treatment outcomes. Data in these tables are from the final Follow-up 2 submitted and, therefore, represent the overall treatment completion rate for cases beginning therapy for TB disease in California. Treatment completion may have occurred in the jurisdiction reporting the case, in another California jurisdiction, or another state. Treatment outcomes (completion of therapy, or death during treatment) for patients who were referred to CureTB for follow-up outside the U.S. are also included as results become available.

Treatment Outcomes

Categories for completion of therapy are: completed therapy in 12 months or less (includes patients whose treatment was completed in 366 days or less); and completed therapy in more than 12 months (treatment completed in more than 366 days, or

treatment completed in an undetermined amount of time). If the day of the month is missing from the treatment start or stop date (but the month and year are available), the missing day is set to the first of the month. Because the day of the month is much more likely to be missing from the stop date than the start date, the bias in calculating the duration of therapy is toward shorter duration of therapy.

Cases known to have started treatment, but for whom no Follow-up 2 is available are included in the "No Information" category. All other outcome categories reflect the "Reason Therapy Stopped" variable of the Follow-up 2.

Treatment outcomes are reported for all cases, and for cases expected to complete TB therapy in one year or less. Thus, cases with rifampin-resistant disease (including MDR TB), those with meningeal disease, and children less than 15 years of age with disseminated TB disease are excluded. Completion of TB therapy is also presented using methodology used by CDC: patients with rifampin-resistant disease, patients with meningeal, bone or joint disease, patients under 15 years of age with disseminated disease, and patients who died or moved out of the country less than one year after initiation of treatment are excluded.

TB Genotypes

TB genotyping is a laboratory-based approach used to analyze the genetic material (e.g., DNA) of *Mtb*. TB genotyping results, combined with epidemiologic data, can help identify persons with TB disease involved in the same chain of recent transmission, and is a valuable tool in contact investigations. It can also universally be used to help to distinguish recent infection from progression of an old infection. Genotyping is recommended for isolates from sputum and other clinical specimens that are positive for *Mtb*.

The number of cases with genotyped isolates that were clustered (matched) with a genotyped isolate from one or more case in the same jurisdiction within a three-year time period, and the number of clusters by cluster size are presented. A cluster is defined as two or more cases with matching spoligotype and 24-locus mycobacterial interspersed repetitive unit-variable number tandem repeat type (GENType) within a county during the specified 3-year time period.

Characteristics of cases with genotyped isolates identified as the *Mycobacterium bovis* strain of *Mtb* are also presented. Cases with genotyped isolates identified as the bacillus Calmette-Guerin (BCG) strain of *M. bovis* are excluded from this report, as they are considered to occur as the result of cancer immunotherapy or vaccination to protect against TB, and should not be reported.

Latent TB Infection (LTBI)

Estimates of LTBI prevalence is an important tool to understanding the potential pool of persons who may one day progress to active TB in the future, and for whom testing, and treatment of the infection can decrease TB morbidity in the future. To estimate populations by nativity, the proportions of non-U.S.-born and U.S.-born persons for California and selected LHDs from the U.S. Census Bureau's *American Community Survey* made available through the *Integrated Public Use Microdata Series* (IPUMS):¹ Version 11.0, were applied to population totals from the California Department of Finance estimates series (see Population Data above). The prevalence of latent TB infection (LTBI) was then estimated by applying the proportions of U.S.-born persons with a positive TST and proportions of non-U.S.-born persons with a positive IGRA from the National Health and Nutrition Examination Survey

(http://www.cdc.gov/nchs/nhanes/index.htm), and reported in Miramontes (available at: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4633161), to the U.S.- and non-U.S.-born populations stratified by race and ethnicity. Due to ACS sampling methods, estimates of LTBI are not available for all LHDs in California. Other methods have been used to estimate LTBI in California and the U.S. (Haddad et al.³ and Mirzazadeh et al.⁴).

Medical and Societal Costs of TB

Direct medical costs were defined as costs of inpatient and outpatient treatment and case management of active TB cases not including workup leading to diagnosis of TB or costs of contact investigation. Societal costs were defined as direct medical costs, indirect costs incurred due to clinic visits, such as transportation and childcare, and productivity losses due to death caused by TB.

Direct medical and societal costs were estimated using costs from a systematic review of TB costs (Oh et al. 2017 BMC Res Notes⁵) and estimates published by Castro et al. 2017 IJTLD⁶. Costs from Oh et al. in 2015 dollars were adjusted to current year dollars using medical care consumer price index and from national to California dollars using a weighted average of California county Medicare geographic adjustment factors with weights set by the California TB case distribution by county 2010-2017. Costs from Castro et al. on productivity losses in 2010 dollars were adjusted to current year dollars using the average hourly earnings index and from national to California using the California cost of living adjustment.

- ¹ Ruggles S, Flood S, Foster S, Goeken R, Pacas J, Schouweiler M, Sobek M. *Integrated Public Use Microdata USA: Version 11.0.* Minneapolis: University of Minnesota, 2021.
- ² United States Census Bureau. Accessed July 20, 2020. Available at: https://www.census.gov/topics/population/foreign-born/about.html
- ³ Haddad MB, Raz KM Lash TL, et al. Simple estimates for local prevalence of latent tuberculosis infection, United states, 2011-2015. Emerg Infect Dis. 2018 Oct;24(10):1930-1933.
- ⁴ Mirzazadeh A, Kahn JG, Haddad MB, Hill AN, Marks SM, Readhead A, Barry PM, Flood J, Mermin JH, Shete PB. State-level prevalence estimates of latent tuberculosis infection in the United States by medical risk factors, demographic characteristics and nativity. PLoS One. 2021 Apr 1;16(4) e0249012.
- ⁵Oh P, Pascopella L, Barry PM, Flood JM. A systematic synthesis of direct costs to treat and manage tuberculosis disease applied to California, 2015. BMC Res Notes. 2017 Aug 30;10(1):434.
- ⁶ Castro KG, Marks SM, Hill AN, Chen MP, Miramontes R, Winston CA, LoBue PA. Estimating tuberculosis cases and their economic costs averted in the United States over the past two decades. Int J Tuberc Lung Dis. 2016 Jul;20(7):926-33.