Seasonal Risk of Exposure to Infected Western Blacklegged (*Ixodes pacificus*) Ticks in California

- Western blacklegged ticks can transmit the bacteria that cause Lyme disease
- Nymphal (immature) ticks pose a higher risk of disease transmission than adult ticks
- Risk of exposure varies throughout California

**Nymphal Tick Activity**

- Nymphs are most active in spring and early summer. These tiny ticks pose a greater risk of transmitting disease than adult ticks.

**Adult Tick Activity**

- Adult ticks become active in the fall (usually around Halloween).
- Protect yourself from adult tick bites during winter and early spring.

**Risk of Tick Bites**

- The risk of tick bites is lower during the summer months, but ticks are active all year round in California.