

When do I take my medication?

I will take my medication after I eat:

- Breakfast Lunch Dinner



Mark a check in the box on the day you take your medication and **bring this calendar to your next appointment.**

I will take my medicine on:

	M	TU	W	TH	F	SA	SU
Ex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Miss a day?



Call your doctor if you miss a dose.

Protect your family and yourself. Get treated.



My next clinic visit is:

Date:

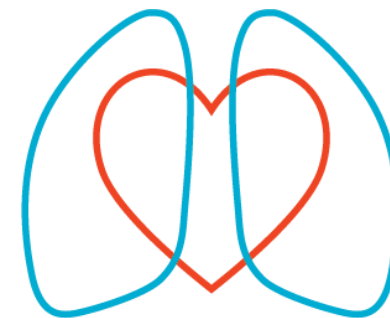
Address:

Phone:

Bring your calendar with you



Learn more about latent TB
bit.ly/CDPHTB



TB free
CALIFORNIA

Taking your
 12 doses of
 medication
 to end TB



What is this medicine for?

You have latent tuberculosis infection (LTBI)

Although you probably don't feel sick, taking medication now can protect you and your family from serious illness in the future.

What do I need to do before starting medication?

Review ALL of your current medications with your doctor.



This includes birth control pills, warfarin (Coumadin), diabetes medications, over the counter medications, and supplements.

How do I take my medicine?

Take ALL 10 pills each week on the same day for 12 weeks. You must take them at the same time, but swallow each pill one at a time.

6 Rifapentine pills (red)



3 Isoniazid pills (white)



1 Vitamin B6



It is important that you complete ALL 12 weeks of medications.

What can I expect while taking medications?

Serious side effects are rare. However, some people may need monthly visits and blood test(s) while on treatment.



medications and call the clinic if you have:

- ✓ Nausea, vomiting, diarrhea, abdominal pain, or stomach cramps
- ✓ Fever
- ✓ Rash or itching
- ✓ Yellow eyes or skin
- ✓ Less appetite or no appetite for food
- ✓ Severe tiredness or weakness
- ✓ Pain, tingling or numbness in your hands, feet or joints
- ✓ Feeling faint, dizzy or lightheaded
- ✓ Dark colored urine (note: red/orange urine is normal).



Avoid drinking alcohol until you complete treatment.