



Influenza (Flu) and Other Respiratory Viruses

Week 40: October 2, 2022 – October 8, 2022

Highlights



2.5%

Outpatient

ILI activity



0.1%

Hospital

flu admissions



1

Deaths

since 10/2/2022



1.9%

Laboratory

flu positivity

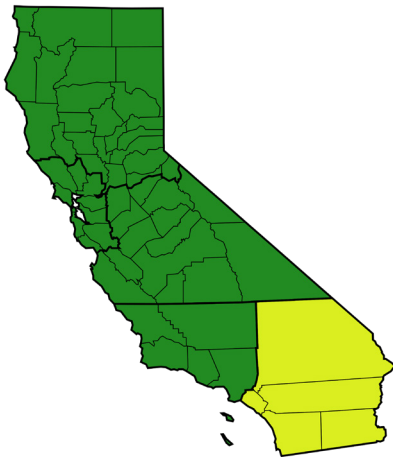
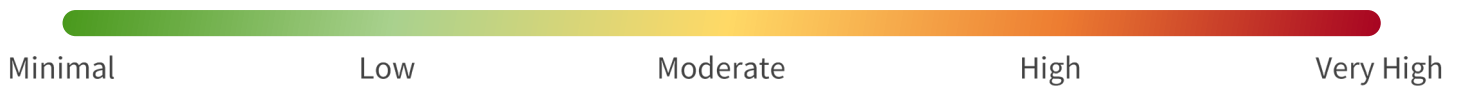


0

Outbreaks

since 10/2/2022

Influenza Activity Levels⁺



Geographic Area	Activity Level
California Statewide	Minimal
Northern Region	Minimal
Bay Area Region	Minimal
Central Region	Minimal
Upper Southern Region	Minimal
Lower Southern Region	Low

Key Messages

- » Overall influenza activity in California is minimal; however, activity in the Lower Southern region is higher than elsewhere in the state.
- » Getting a flu shot is the best way to protect yourself against flu, its potentially serious complications, and reduce strain on our healthcare system.
- » Respiratory syncytial virus (RSV) activity is higher than usual for this time of year.
- » Prophylactic palivizumab can prevent serious RSV illness in [high risk-infants](#).

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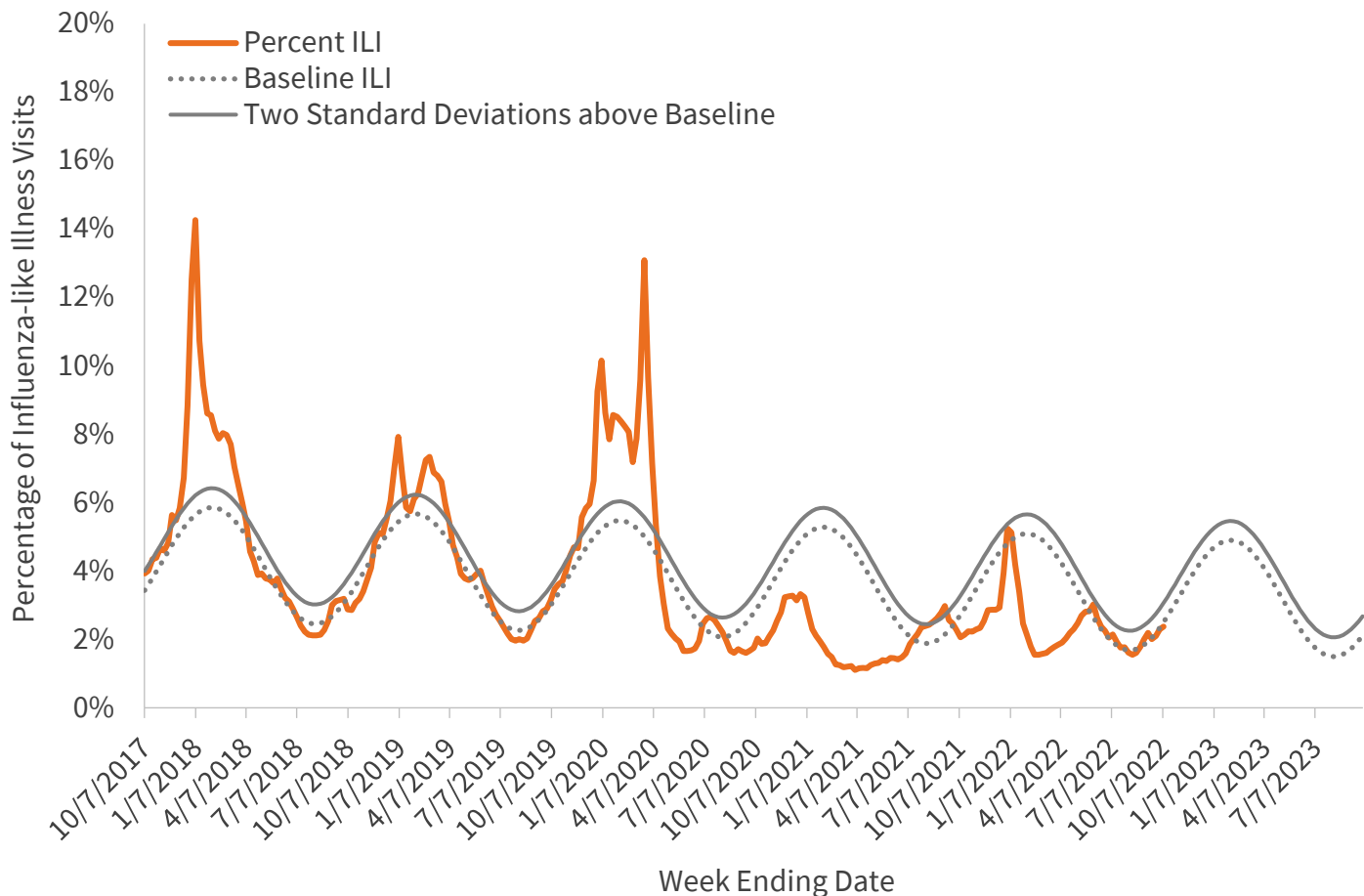
Influenza Outpatient, Inpatient, and Death Surveillance

Sentinel Provider Outpatient Visits for Influenza-like Illness

[Sentinel providers](#) (physicians, nurse practitioners, physician assistants) throughout California report on a weekly basis the number of patients seen with influenza-like illness (ILI) and the total number of patients seen for any reason. ILI is defined as any illness with fever ($\geq 100^{\circ}\text{F}$ or 37.8°C) AND cough and/or sore throat.

A total of 191 enrolled sentinel providers have reported data for Week 40. The percentage of visits for ILI during Week 40 was 2.5% compared to 2.3% during Week 39 and was within expected levels for this time of year ([Figure 1](#)). Increases in ILI-related outpatient visits might also include people seeking care for other respiratory illnesses, including COVID-19.

Figure 1. Percentage of Influenza-like Illness Visits Among Patients Seen by California Sentinel Providers, 2017–2023 Season to Date



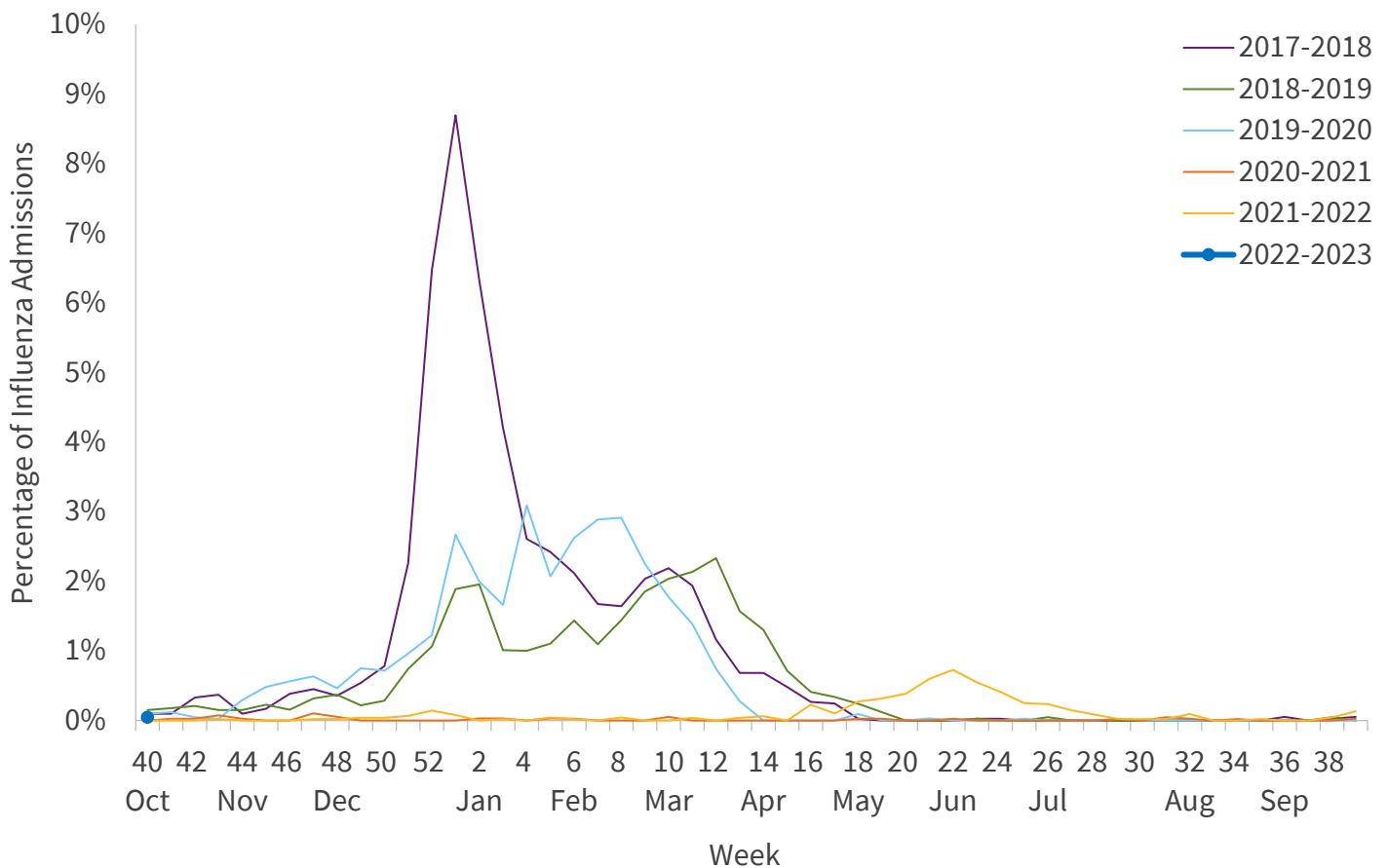
The seasonal baseline was calculated using a regression model applied to data from the five years before the COVID-19 pandemic. Two standard deviations above the seasonal baseline is the point at which the observed percentage of ILI is significantly higher than would be expected at that time of year. Historic data for large sentinel providers enrolled during the season are included to account for impacts on baselines and allow for comparison to previous season data.

Influenza Admissions at Kaiser Permanente Northern California Facilities

Inpatients at [Kaiser Permanente Northern California](#) facilities with an admission diagnosis including the keywords “flu,” “influenza,” or variants of the keywords are defined as influenza-related admissions. The number of influenza admissions is divided by the total number of hospital admissions occurring in the same time period to estimate the percentage of influenza admissions. Admissions for pregnancy, labor and delivery, birth, and outpatient procedures are excluded from the denominator. Influenza admission data is not comparable to previous seasons reports which included pneumonia and influenza (P&I) admissions.

The percentage of admissions for influenza in Kaiser Permanente facilities in northern California during Week 40 was 0.0% compared to 0.1% during Week 39 ([Figure 2](#)).

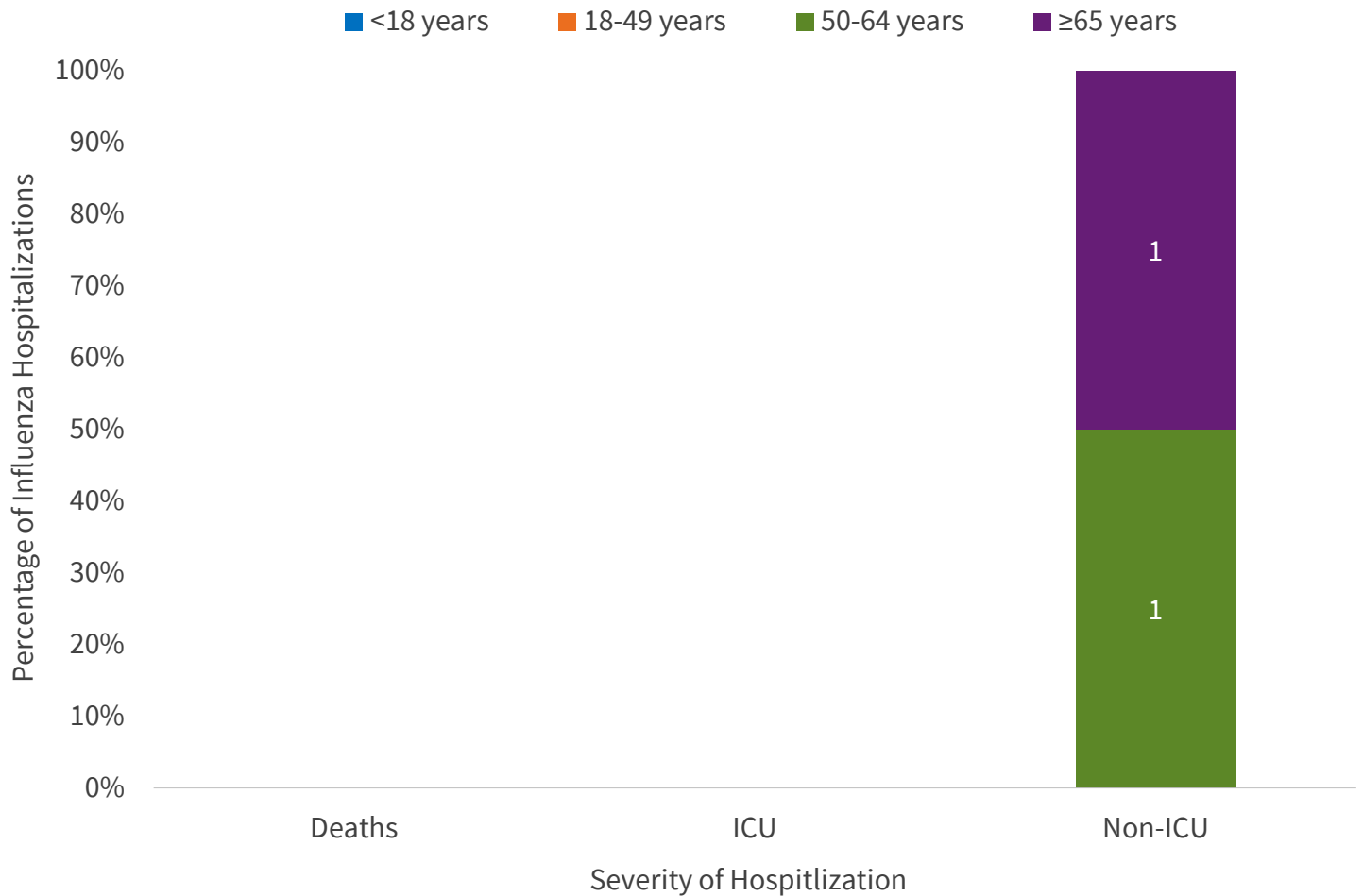
Figure 2. Percentage of Influenza-associated Admissions at Kaiser Permanente Northern California Facilities, 2017-2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across years.

To date, two non-intensive care unit (ICU) hospitalizations, no ICU admissions, and no deaths have occurred among persons with influenza admission diagnoses. All influenza admissions occurred among persons ≥ 50 years ([Figure 3](#)). Please note that influenza admissions serve as a proxy for influenza activity, but do not necessarily represent laboratory-confirmed influenza infections.

Figure 3. Age Group Distribution of Non-ICU, ICU, and Deaths Associated with Influenza Admissions at Kaiser Permanente Northern California Facilities, 2022–2023 Season to Date

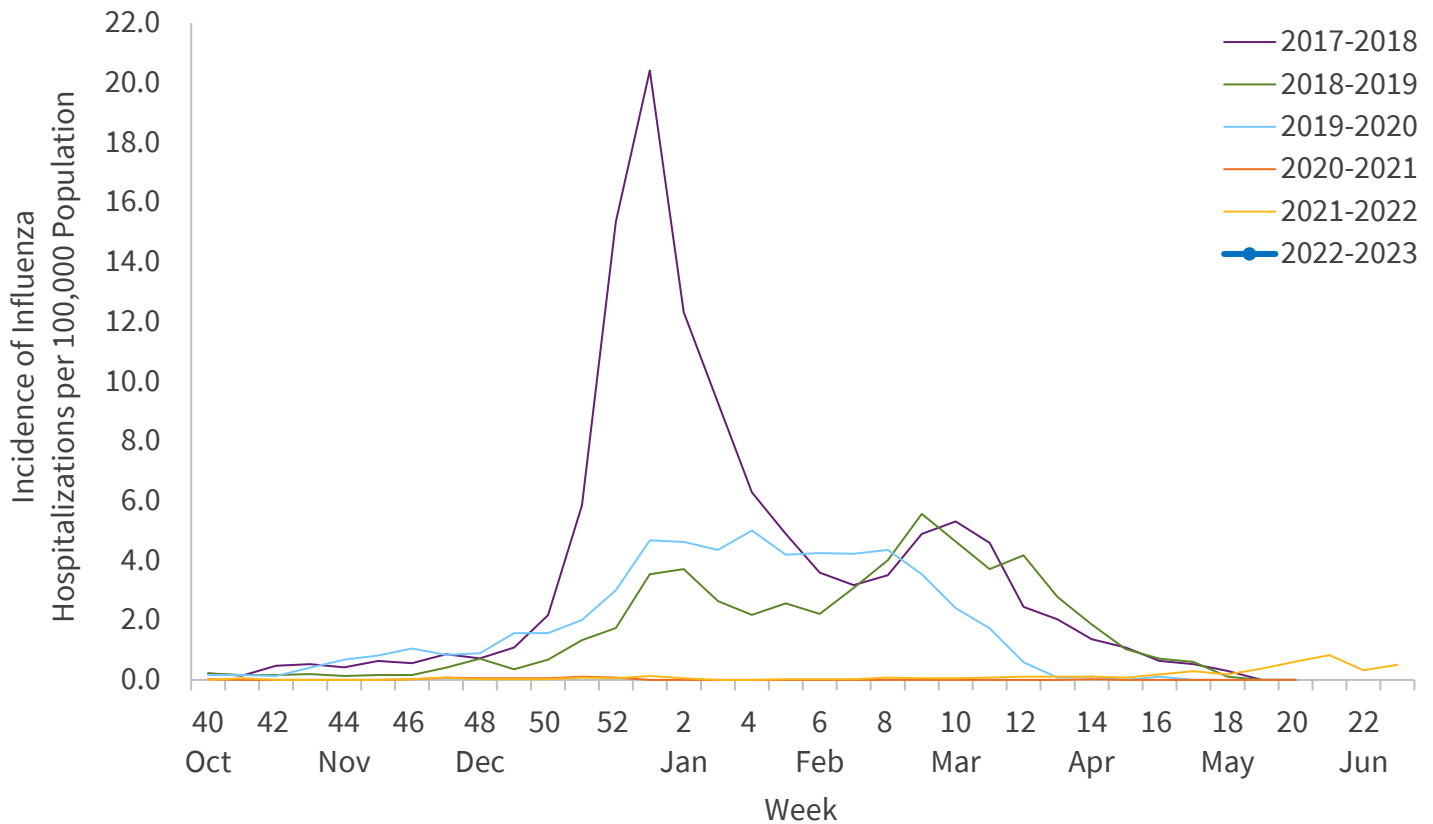


Influenza-associated Hospitalizations in California Emerging Infections Program Counties

The California Emerging Infections Program (CEIP), Influenza Surveillance Network (FluSurv-NET) conducts population-based surveillance for laboratory-confirmed influenza-associated hospitalizations among patients of all ages in Alameda, Contra Costa, and San Francisco counties.

No influenza-associated hospitalizations have been reported for the 2022-2023 influenza season ([Figure 4](#)).

Figure 4. Incidence of Influenza-associated Hospitalizations per 100,000 Population in CEIP Counties, 2017–2023 Season to Date



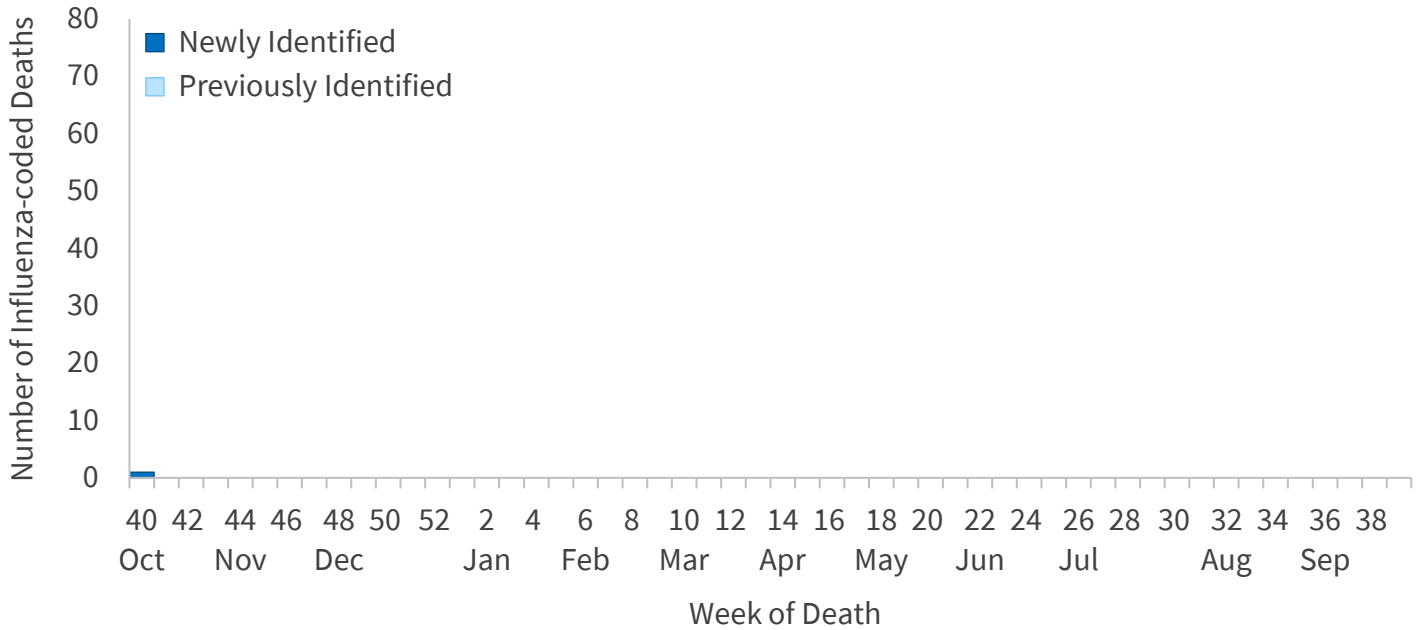
Note: Data have been shifted so that Week 1 aligns across years. For the 2021-2022 season, the CEIP surveillance period was extended through Week 23 due to elevated influenza activity. Comparable data from all other seasons are not available.

Influenza Mortality Surveillance from Death Certificates

Deaths occurring in California among residents who had influenza noted in any cause of death field on the death certificate (text or coded) are defined as “influenza-coded deaths.” The percentage of influenza-coded deaths is calculated by dividing the number of influenza-coded deaths by the total number of all-cause deaths during the same period. Influenza-coded deaths are not necessarily laboratory-confirmed and are an underestimate of all influenza-associated deaths.

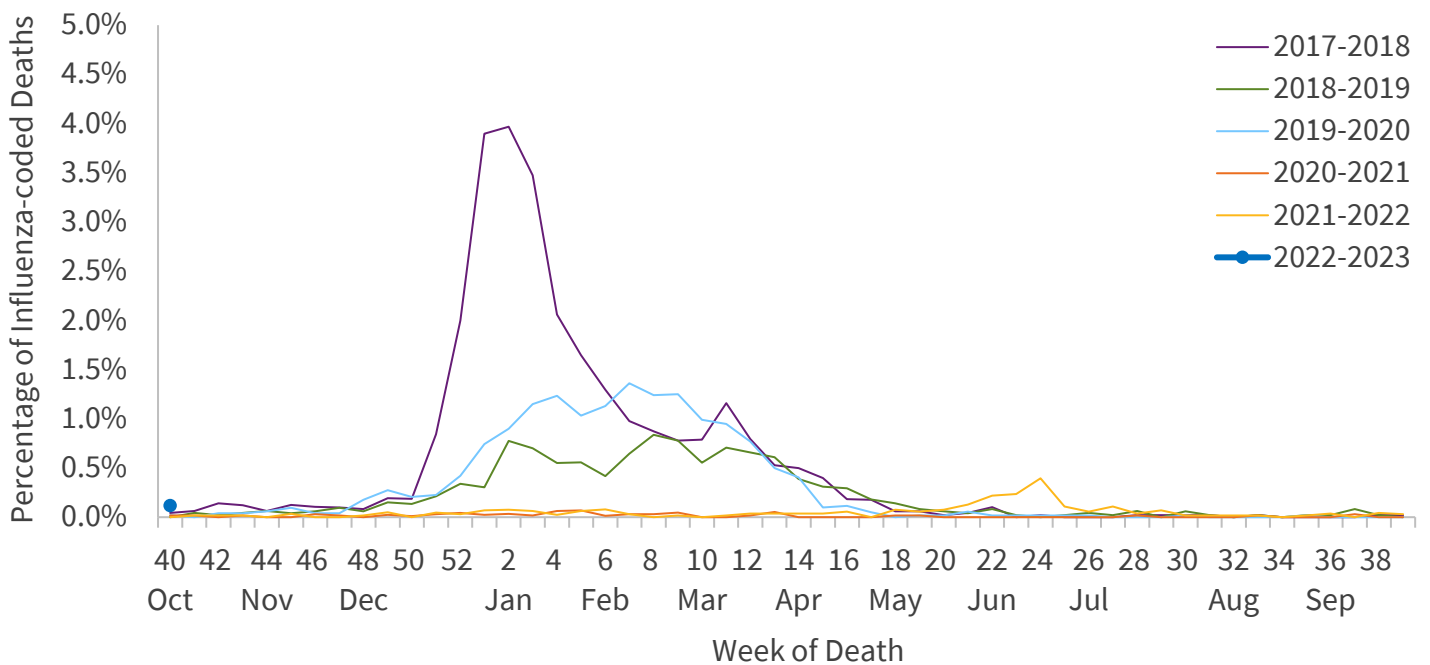
During Week 40, one influenza-coded death was identified. To date during the 2022–2023 influenza season, one influenza-coded death has been identified ([Figure 5](#)). The percentage of deaths coded as influenza during Week 40 was 0.1% compared to 0.0% during Week 39 ([Figure 6](#)).

Figure 5. Number of Influenza-coded Deaths Identified from Death Certificates by Week of Death, 2022–2023 Season to Date



Note: Coding of deaths can be delayed by several weeks. Influenza-coded deaths will be included once enough information is available to identify them.

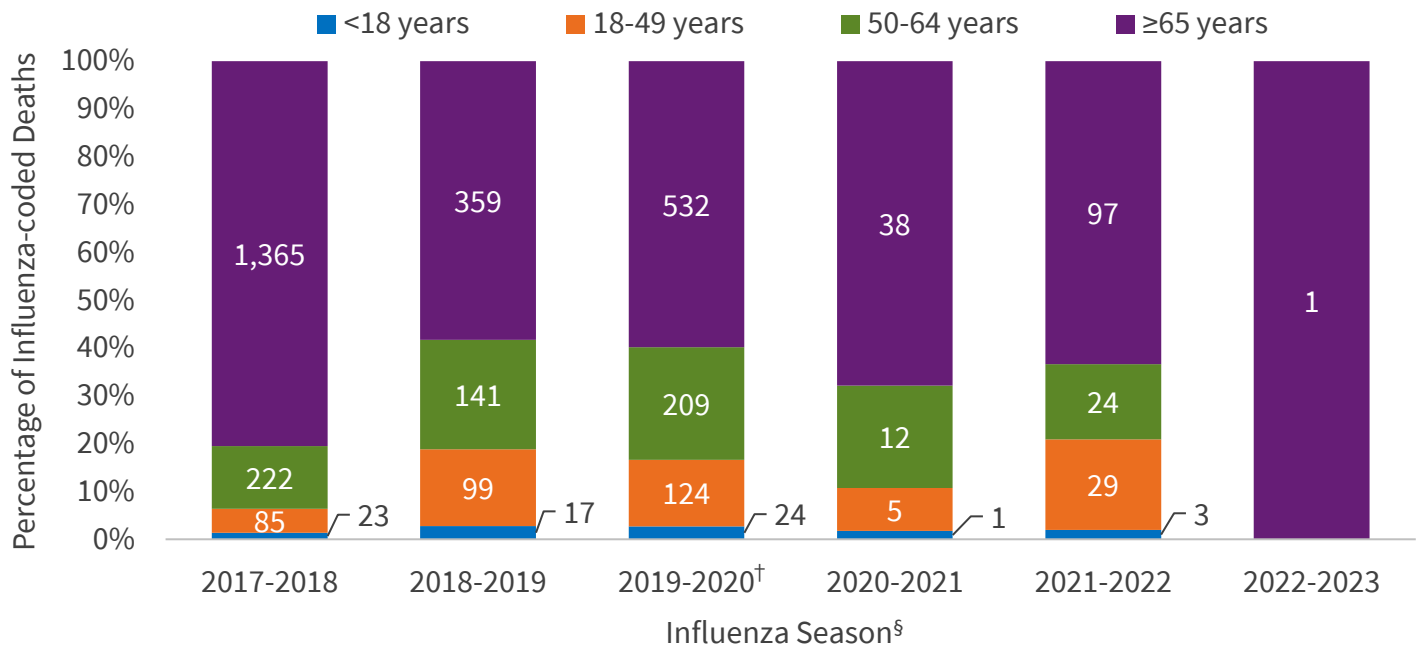
Figure 6. Percentage of Influenza-coded Deaths from Death Certificates, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across years.

To date, one influenza-coded death has been identified among a person ≥ 65 years of age during the 2022–2023 influenza season (Figure 7).

Figure 7. Age Distribution of Influenza-coded Deaths from Death Certificates, 2017–2023 Season to Date



* Methods used to identify pediatric influenza-coded deaths on death certificates do not consider laboratory testing and thus differ from those used to identify the influenza-associated pediatric deaths presented below, which require laboratory confirmation of influenza.

[†] One death during the 2018–2019 season has unknown age and is not included in the figure.

[§] 2017–2018 influenza season: October 1, 2017–September 29, 2018; influenza A (H3N2) predominant season
 2018–2019 influenza season: September 30, 2018–September 28, 2019; mixed influenza A (H1N1)pdm09 and influenza A (H3N2) season

2019–2020 influenza season: September 29, 2019–September 26, 2020; mixed influenza B (Victoria) and influenza A (H1N1)pdm09 season

2020–2021 influenza season: September 27, 2020–October 2, 2021; Influenza activity was too low to determine a predominant strain

2021–2022 influenza season: October 3, 2021–October 1, 2022; influenza A (H3N2) predominant season

Laboratory-confirmed Influenza-associated Pediatric Deaths

Influenza-associated deaths in children <18 years of age are nationally notifiable. The weekly influenza report includes confirmed deaths formally reported to CDPH through October 8, 2022 (Week 40). Methods used to identify pediatric influenza-coded deaths on death certificates differ from those used to identify the influenza-associated pediatric deaths presented below and might not include the same individuals.

No laboratory-confirmed influenza-associated deaths among children <18 years of age were reported to CDPH during Week 40. To date, CDPH has received no reports of laboratory-confirmed influenza-associated deaths among persons <18 years of age during the 2022–2023 influenza season.

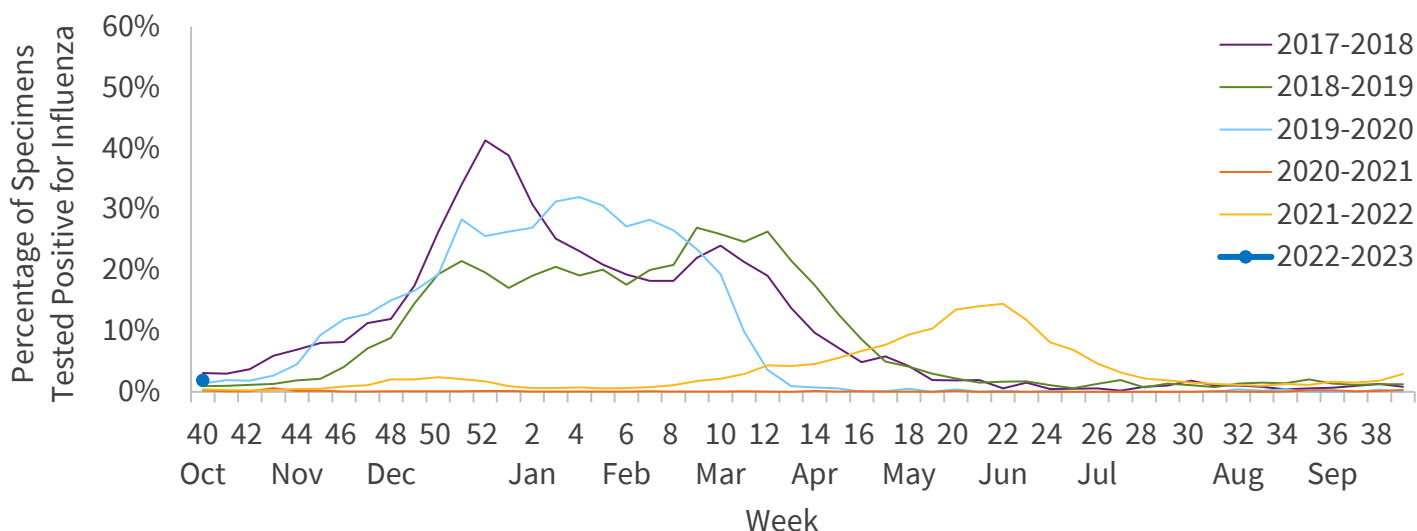
Influenza Laboratory Surveillance

Influenza Detections from the Respiratory Laboratory Network and Clinical Sentinel Laboratories

Laboratory surveillance for influenza and other respiratory viruses involves the use of data from clinical sentinel laboratories and public health laboratories in the Respiratory Laboratory Network (RLN) located throughout California. These laboratories report the number of laboratory-confirmed influenza and other respiratory virus detections and isolations on a weekly basis.

The overall percentage of influenza detections in clinical sentinel laboratories in Week 40 (1.9%) was lower compared to Week 39 (2.9%) (Figure 8). Additional details, including influenza typing and subtyping information from public health laboratories can be found in Figures 8 and 9 and Tables 1 and 2.

Figure 8. Percentage of Influenza Detections at Clinical Sentinel Laboratories, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across years.

Table 1. Respiratory Specimens Testing Positive for Influenza – Clinical Sentinel Laboratories, Current Week and Season to Date

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent
Number of Specimens Tested	8,826		8,826	
Influenza Positive	167	1.9	167	1.9
A	165	98.8*	165	98.8*
B	2	1.2*	2	1.2*

* Percentage of specimens positive for influenza

Figure 9. Number of Influenza Detections by Type and Subtype Detected in the Respiratory Laboratory Network, 2022–2023 Season to Date

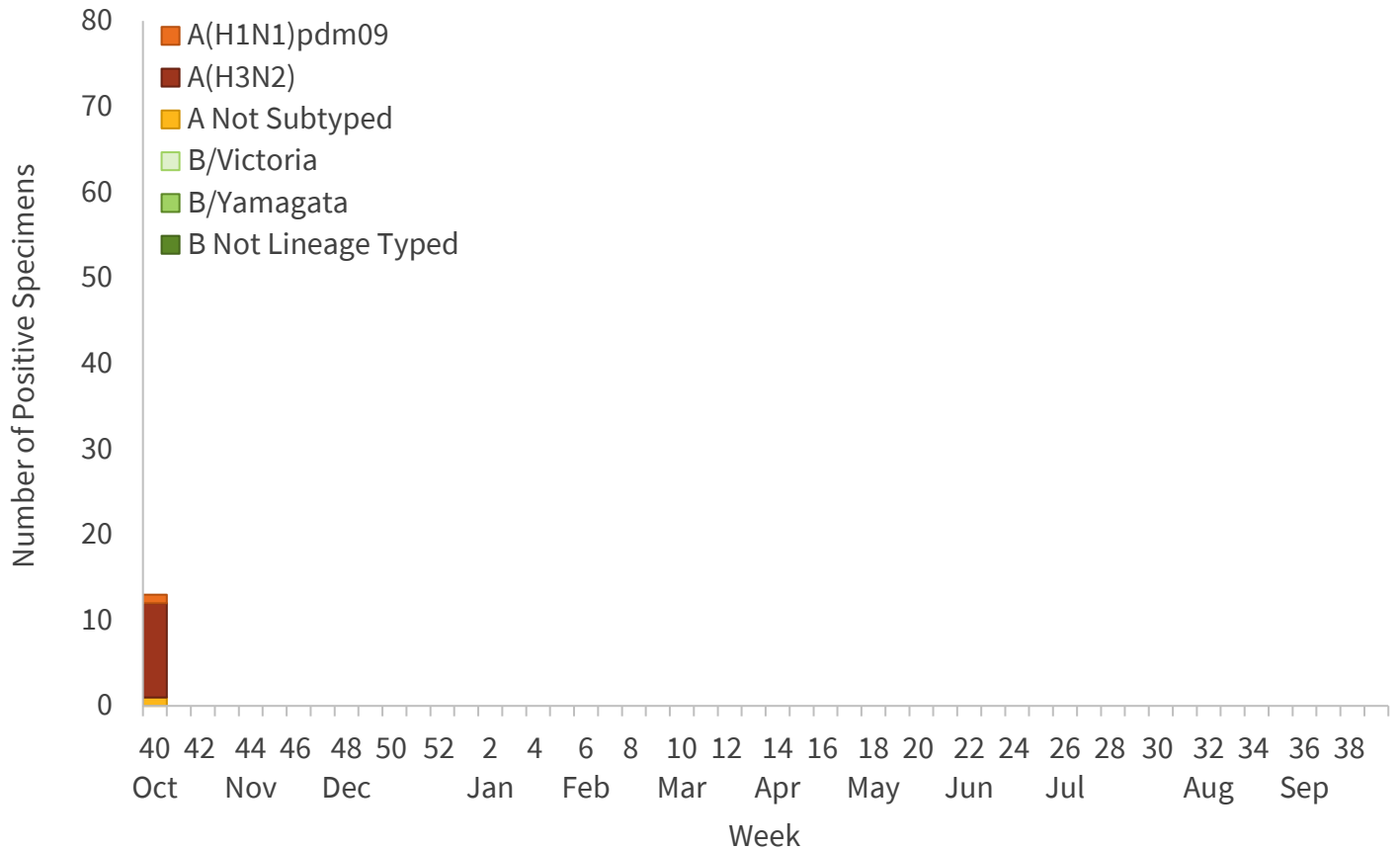


Table 2. Respiratory Specimens Testing Positive for Influenza by Influenza Type and Subtype – Respiratory Laboratory Network, Current Week and Season to Date

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent
Influenza Positive	13		13	
A	13	100.0*	13	100.0*
A (H1)pdm09	1	7.7†	1	7.7†
A (H3)	11	84.6†	11	84.6†
A, not subtyped	1	7.7†	1	7.7†
B	0	0.0*	0	0.0*
B Victoria	0	0.0‡	0	0.0‡
B Yamagata	0	0.0‡	0	0.0‡
B, not lineage typed	0	0.0‡	0	0.0‡

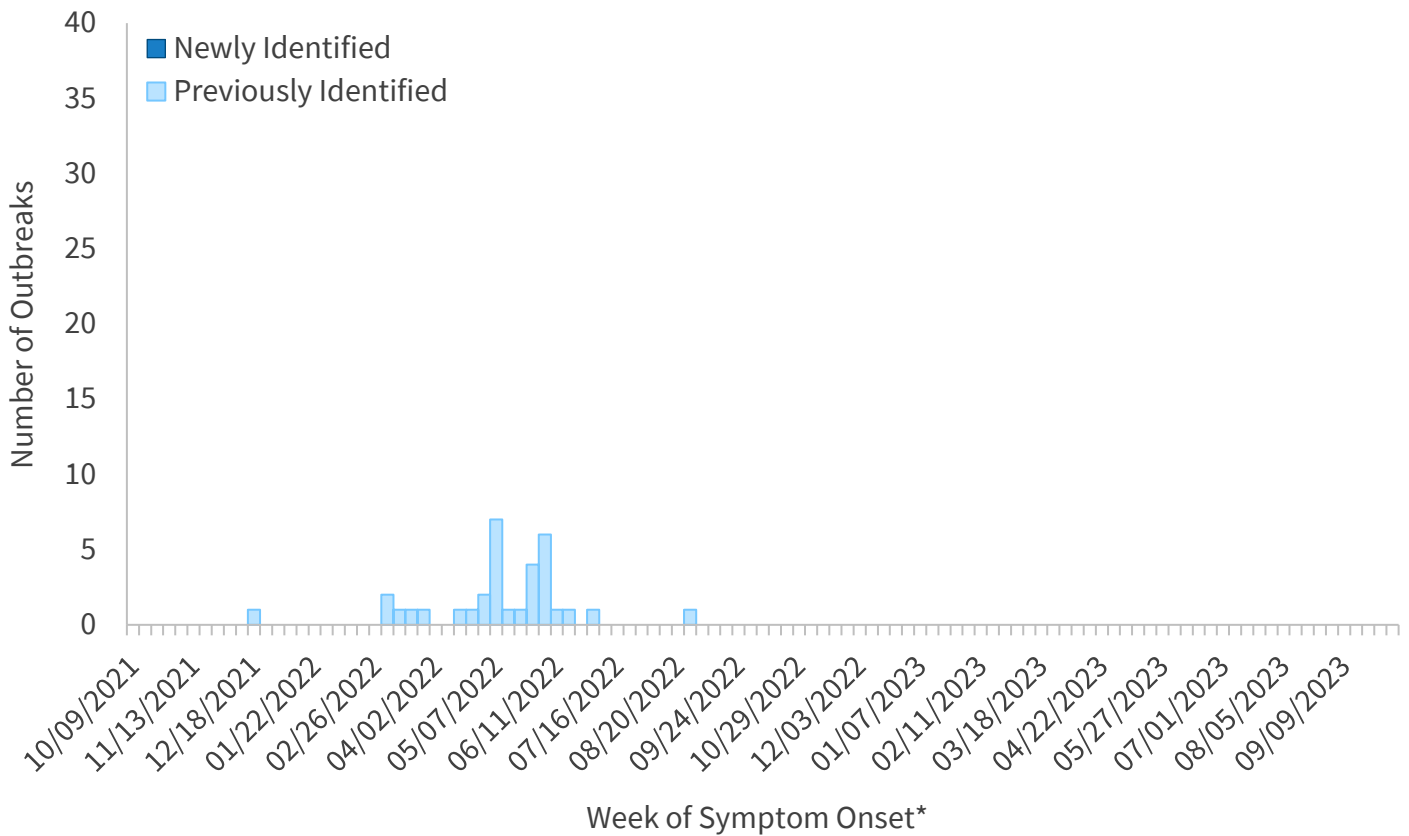
† Percentage of specimens positive for influenza A

‡ Percentage of specimens positive for influenza B

Influenza-associated Outbreaks

No laboratory-confirmed influenza outbreaks were reported to CDPH during Week 40. To date, no laboratory-confirmed influenza outbreaks have been reported to CDPH for the 2022–2023 season. The last laboratory-confirmed influenza outbreak reported to CDPH occurred during the week ending August 27, 2022.

Figure 10. Number of Laboratory-confirmed Influenza-associated Outbreaks by Week of First Onset, 2021–2023 Season to Date



*Earliest date associated with the outbreak was used for outbreaks without reported date of first patient's symptom onset.

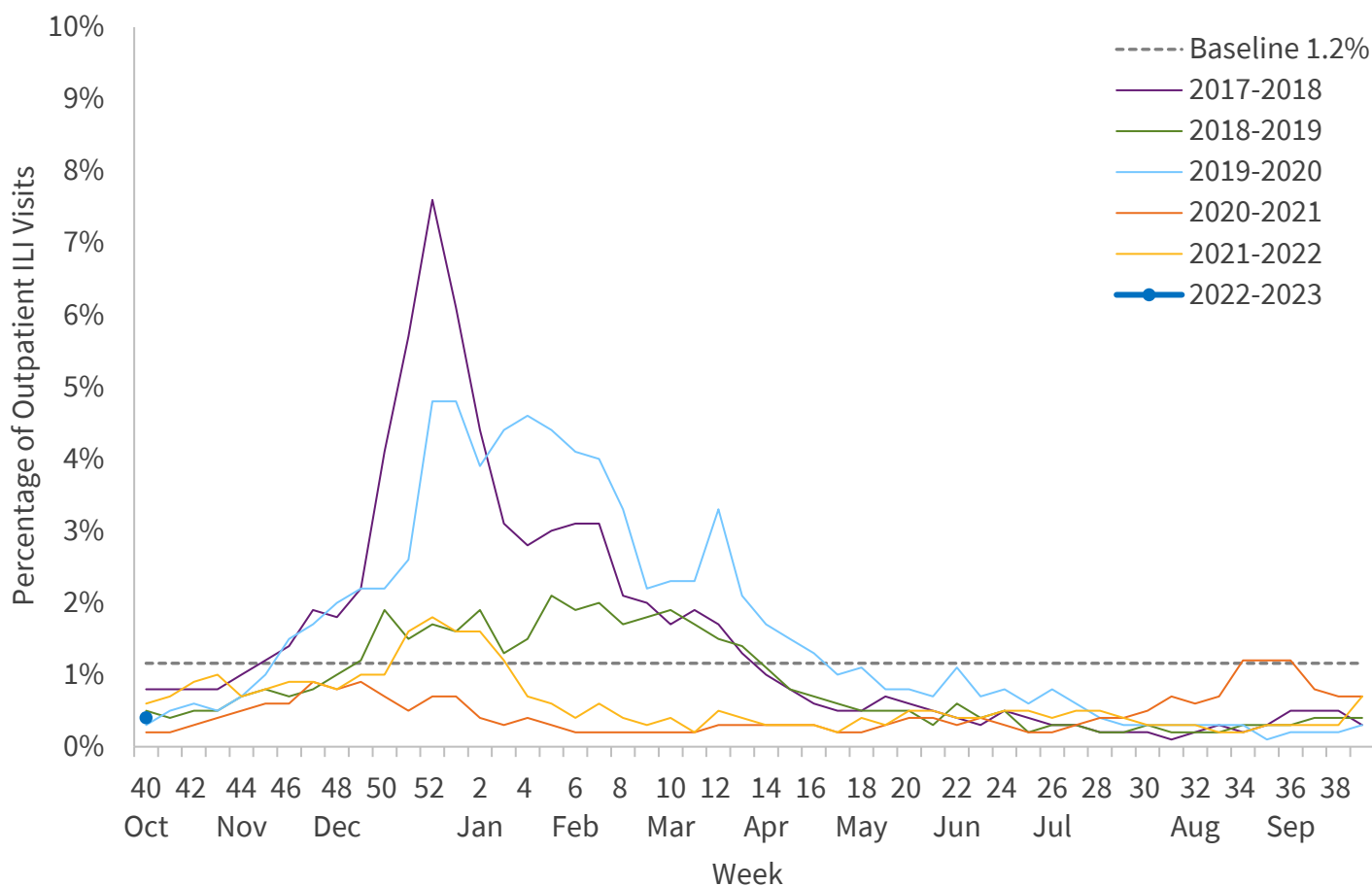
California Border Region Influenza Surveillance Network

The border influenza surveillance network is comprised of outpatient sentinel provider sites whose geographical coverage extends approximately 100 kilometers (60 miles) north of the California-Baja California border and includes Imperial and San Diego Counties, as well as some parts of Riverside County.

Syndromic Surveillance Update

A total of 13 border region sentinel providers reported data during Week 40. The total number of patients screened by all sentinel sites for ILI during Week 40 was 12,591. Outpatient ILI activity was 0.4% in Week 40. ILI activity for the California border region during Week 40 was higher when compared to activity for the same week during the 2020–2021 season and lower when compared to activity for the same week during the 2021–2022 season (Figure 11). All influenza syndromic data summarized for the border region represent a subset of CDC influenza sentinel providers in California. Increases in ILI-related outpatient visits might also include people seeking care for other respiratory illness, including COVID-19.

Figure 11. Percentage of Influenza-like Illness Visits among Patients Seen by Sentinel Providers — California Border Region, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across years.

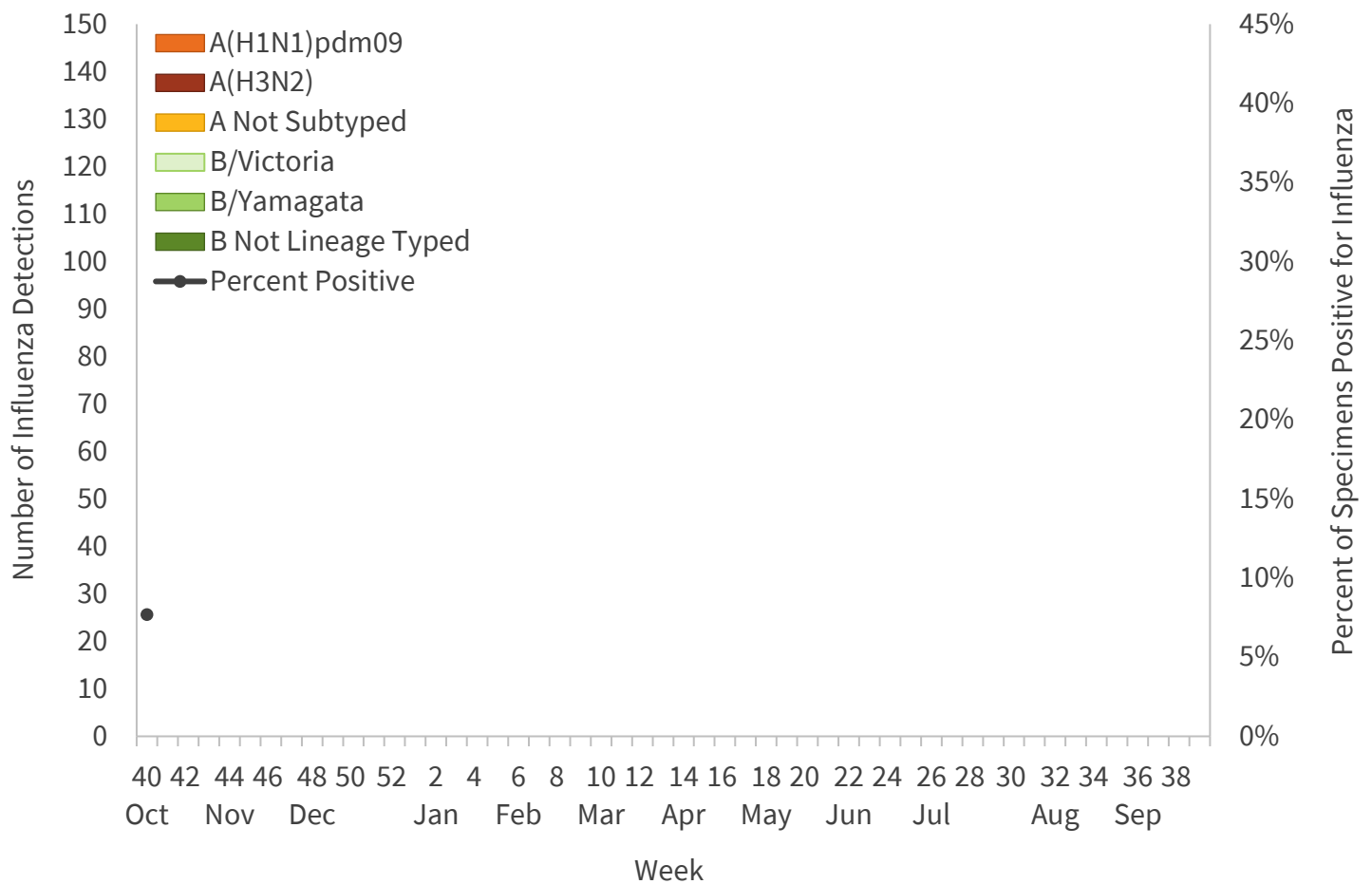
Virologic Surveillance Update

During Week 40, 596 respiratory specimens were tested from border region sentinel clinical laboratories; of these, 46 (7.7%) tested positive for influenza (46 [100.0%] influenza A). Cumulatively this season, a total of 596 respiratory specimens were tested from border region sentinel clinical laboratories; of these, 46 (7.7%) tested positive for influenza (46 [100.0%] influenza A).

During Week 40, and cumulatively this season, no influenza positive specimens were reported from border region RLN laboratories.

Laboratory data summarized in [Figure 12](#) include data from border region influenza clinical sentinel laboratories (percentage of specimens testing positive for influenza) as well as data from border region RLN laboratories (influenza type and subtype/lineage type).

Figure 12. Number of Influenza Detections by Type and Subtype Detected in Respiratory Laboratory Network Laboratories and the Percentage of Specimens Testing Positive at Clinical Sentinel Laboratories — California Border Region, 2022–2023 Season to Date



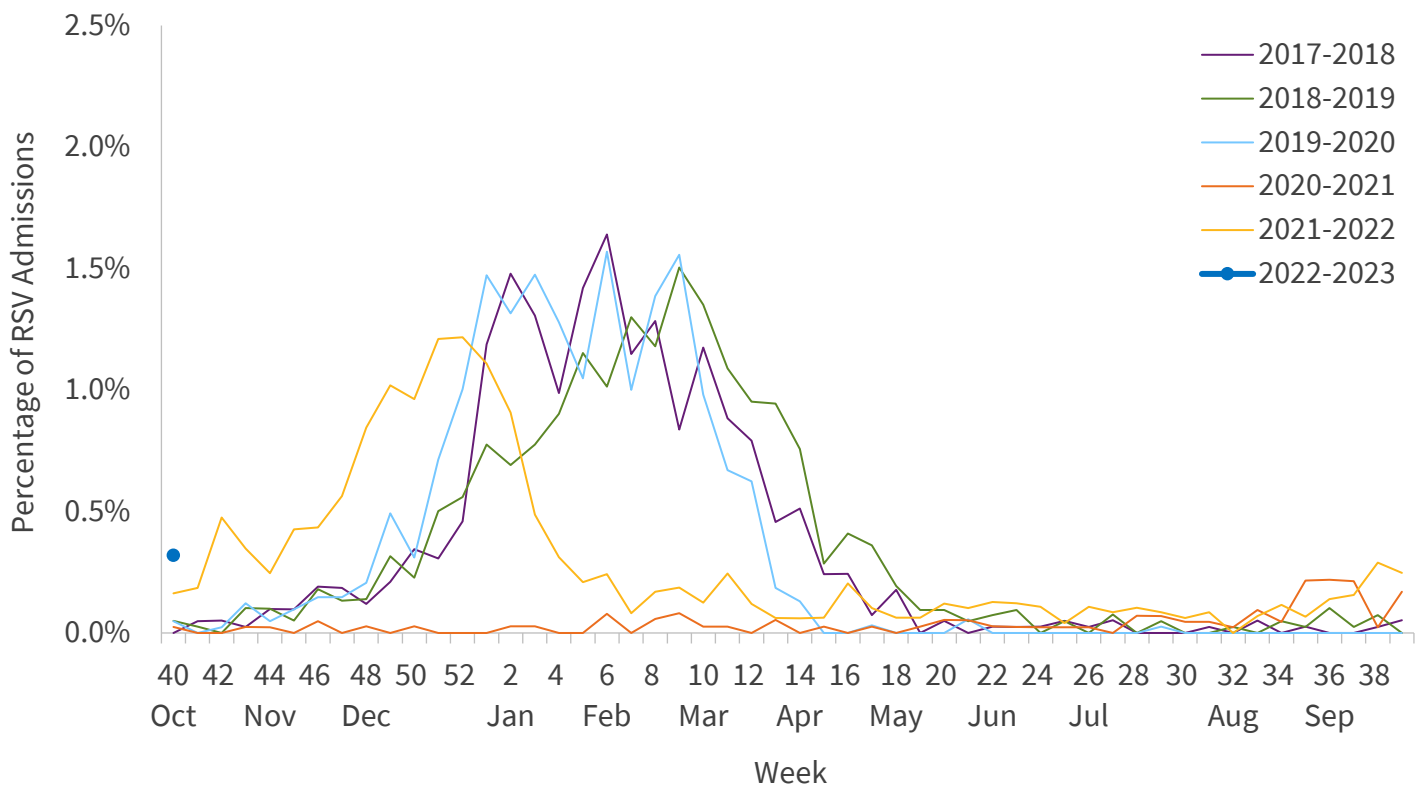
Respiratory Syncytial Virus Surveillance

RSV Admissions at Kaiser Permanente Northern California Facilities

Inpatients at Kaiser Permanente Northern California facilities with an admission diagnosis including the keywords “RSV,” “syncytial,” “bronchiolitis,” and variants of the keywords are defined as respiratory syncytial virus (RSV)-related admissions. The number of RSV admissions is divided by the total number of hospital admissions occurring in the same period to estimate the percentage of RSV admissions. Admissions for pregnancy, labor and delivery, birth, and outpatient procedures are excluded from the denominator.

The percentage of admissions for RSV in Kaiser Permanente facilities in northern California during Week 40 was 0.3% compared to 0.2% during Week 39 ([Figure 13](#)).

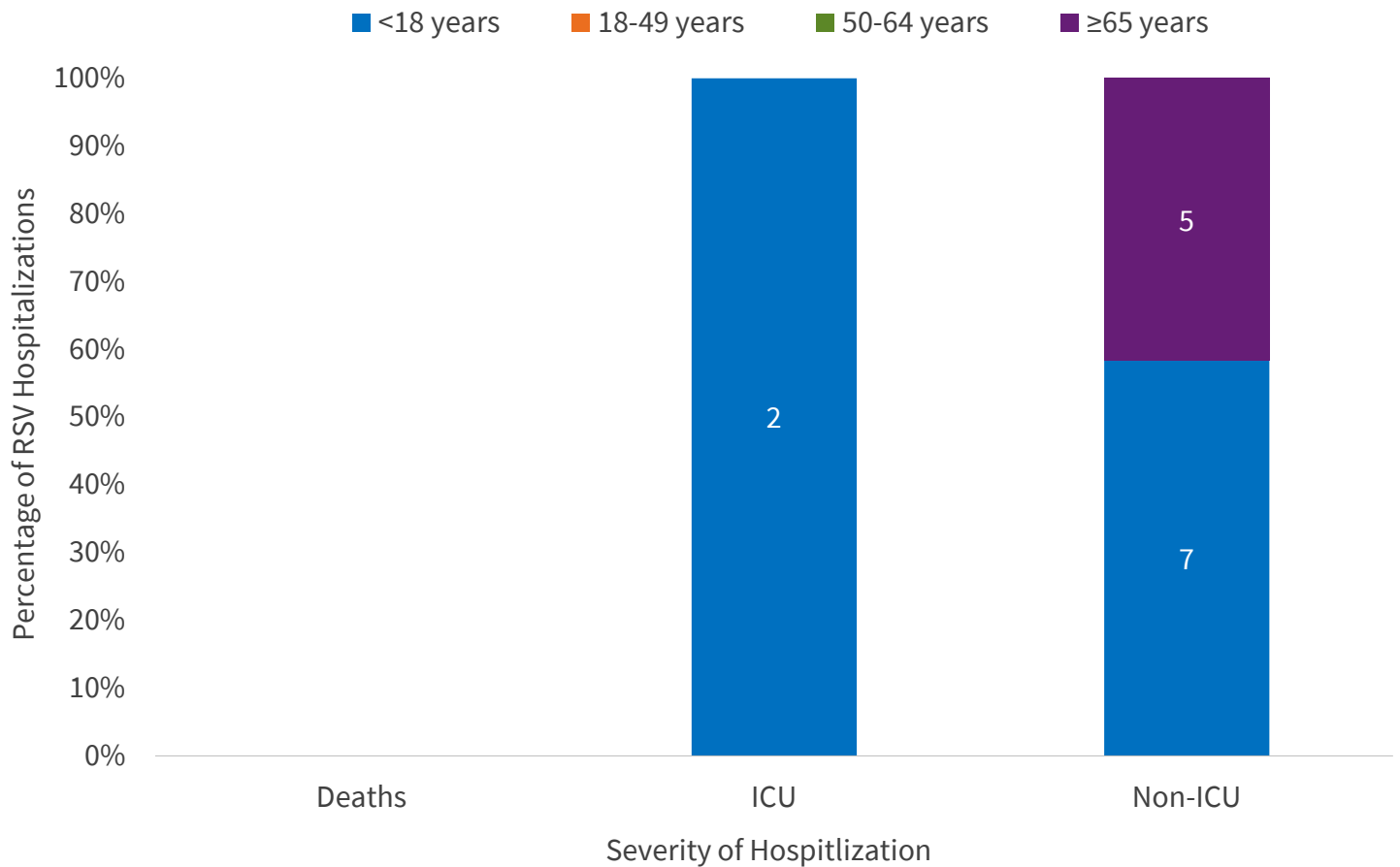
Figure 13. Percentage of RSV-associated Admissions in Kaiser Permanente Northern California Facilities, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across years.

To date, 12 non-intensive care unit (ICU) hospitalizations, 2 ICU admissions, and no deaths have occurred among persons with RSV admission diagnoses. Most RSV admissions occurred among persons <18 years ([Figure 14](#)). Please note that RSV admissions serve as a proxy for RSV activity, but do not necessarily represent laboratory-confirmed RSV infections.

Figure 14. Age Group Distribution of Non-ICU, ICU, and Deaths Associated with RSV Admissions in Kaiser Permanente Northern California Facilities, 2022–2023 Season to Date

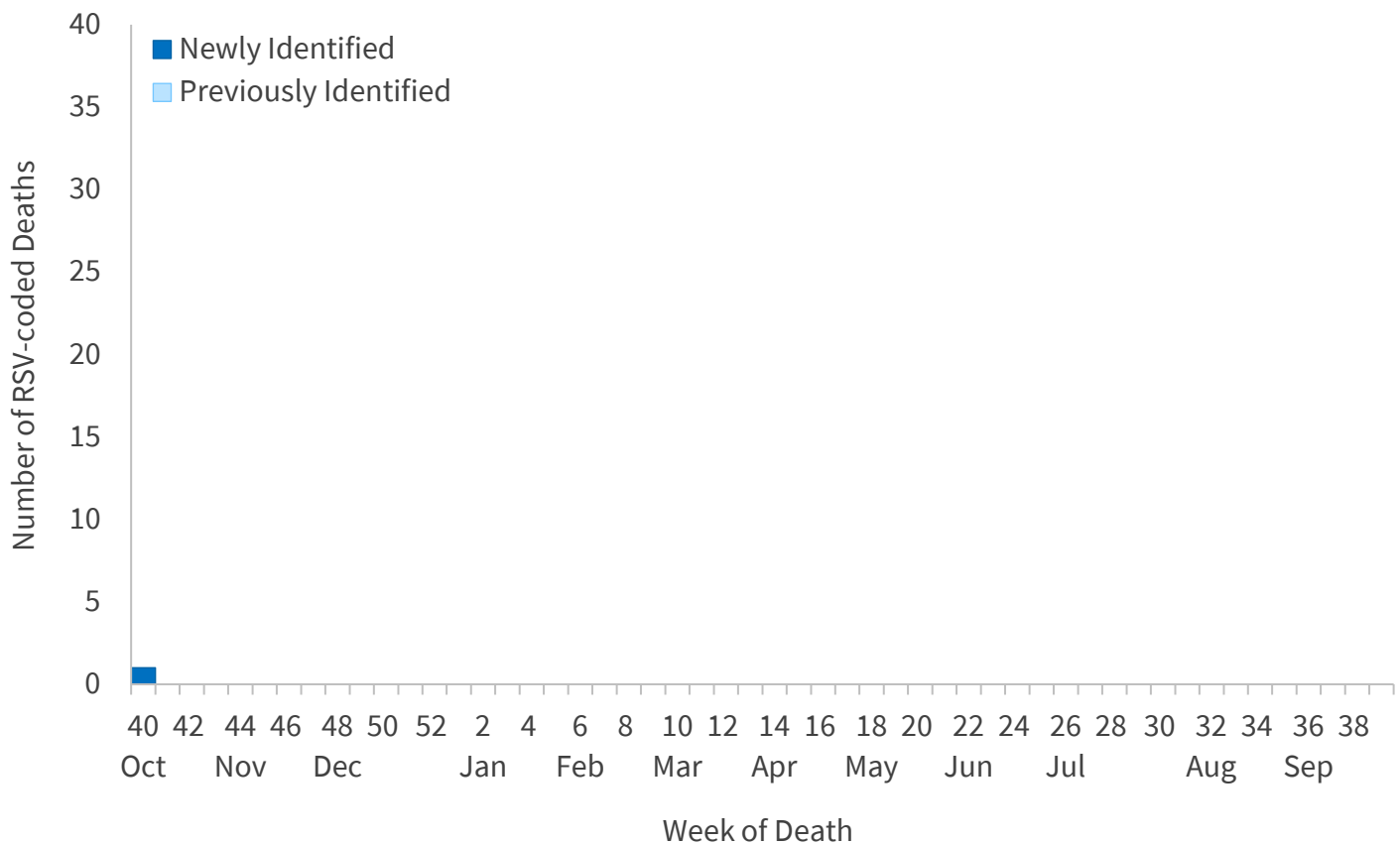


RSV Mortality Surveillance from Death Certificates

Deaths occurring in California among residents who had RSV noted in any cause of death field on the death certificate (text or coded) are defined as “RSV-coded deaths.” The percentage of RSV-coded deaths is calculated by dividing the number of RSV-coded deaths by the total number of all-cause deaths during the same period. RSV-coded deaths are not necessarily laboratory-confirmed and are likely to be an underestimate of all RSV-associated deaths.

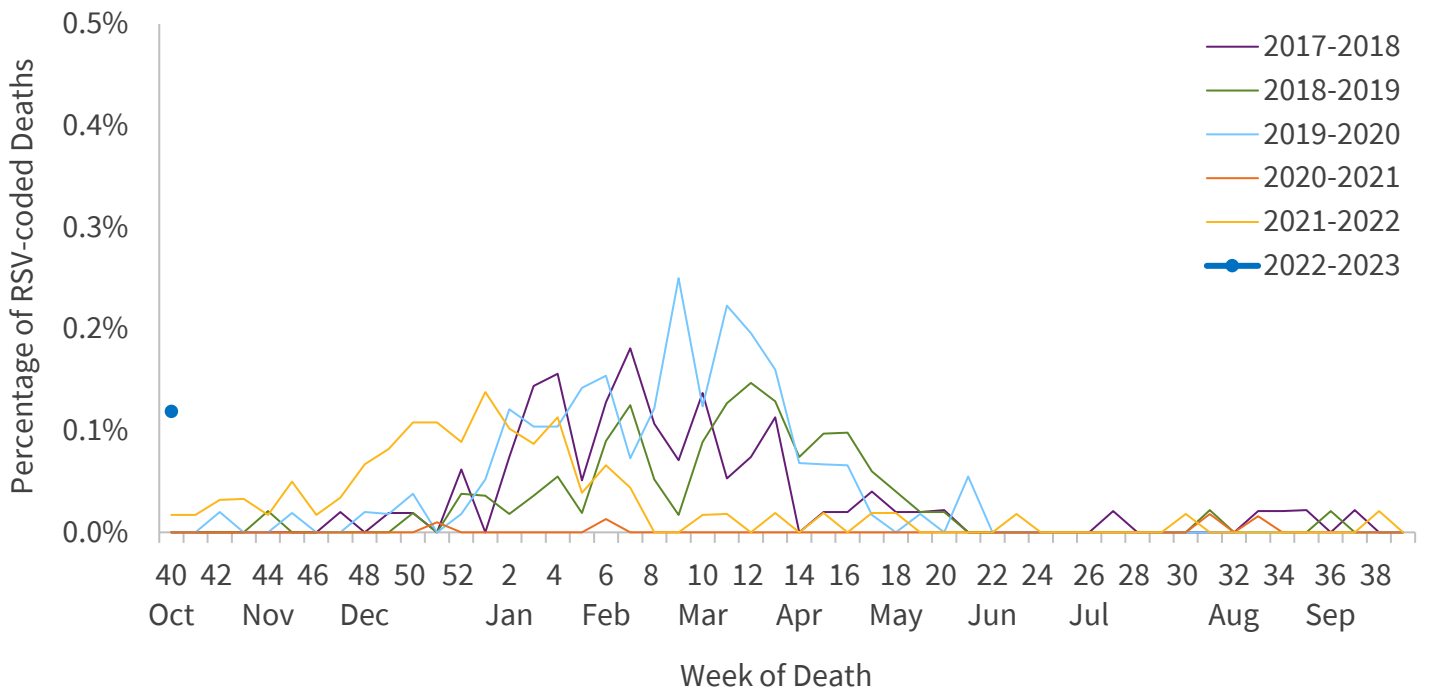
During Week 40, one RSV-coded death was identified. To date during the 2022–2023 influenza season, one RSV-coded death has been identified ([Figure 15](#)). The percentage of deaths coded as RSV during Week 40 was 0.1% compared to 0.0% during Week 39 ([Figure 16](#)).

Figure 15. Number of RSV-coded Deaths Identified from Death Certificates by Week of Death, 2022–2023 Season to Date



Note: Coding of deaths can be delayed by several weeks. RSV-coded deaths will be included once enough information is available to identify them.

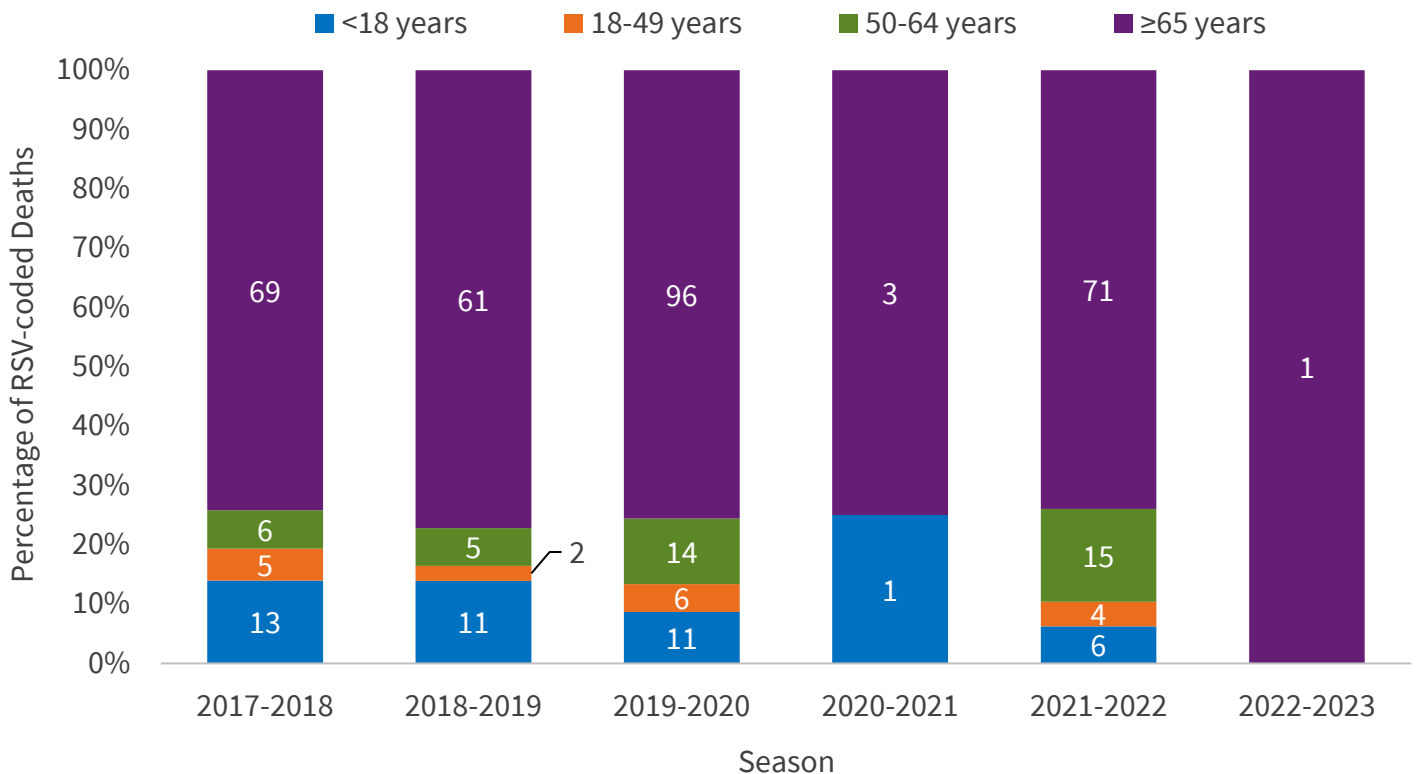
Figure 16. Percentage of RSV-coded Deaths from Death Certificates, 2017–2023 Season to Date



Note: Data have been shifted so that Week 1 aligns across years.

To date, one influenza-coded death has been identified among a person ≥ 65 years of age during the 2022–2023 influenza season ([Figure 17](#)).

Figure 17. Age Distribution of RSV-coded Deaths from Death Certificates, 2017–2023 Season to Date



Laboratory-confirmed Respiratory Syncytial Virus-associated Deaths

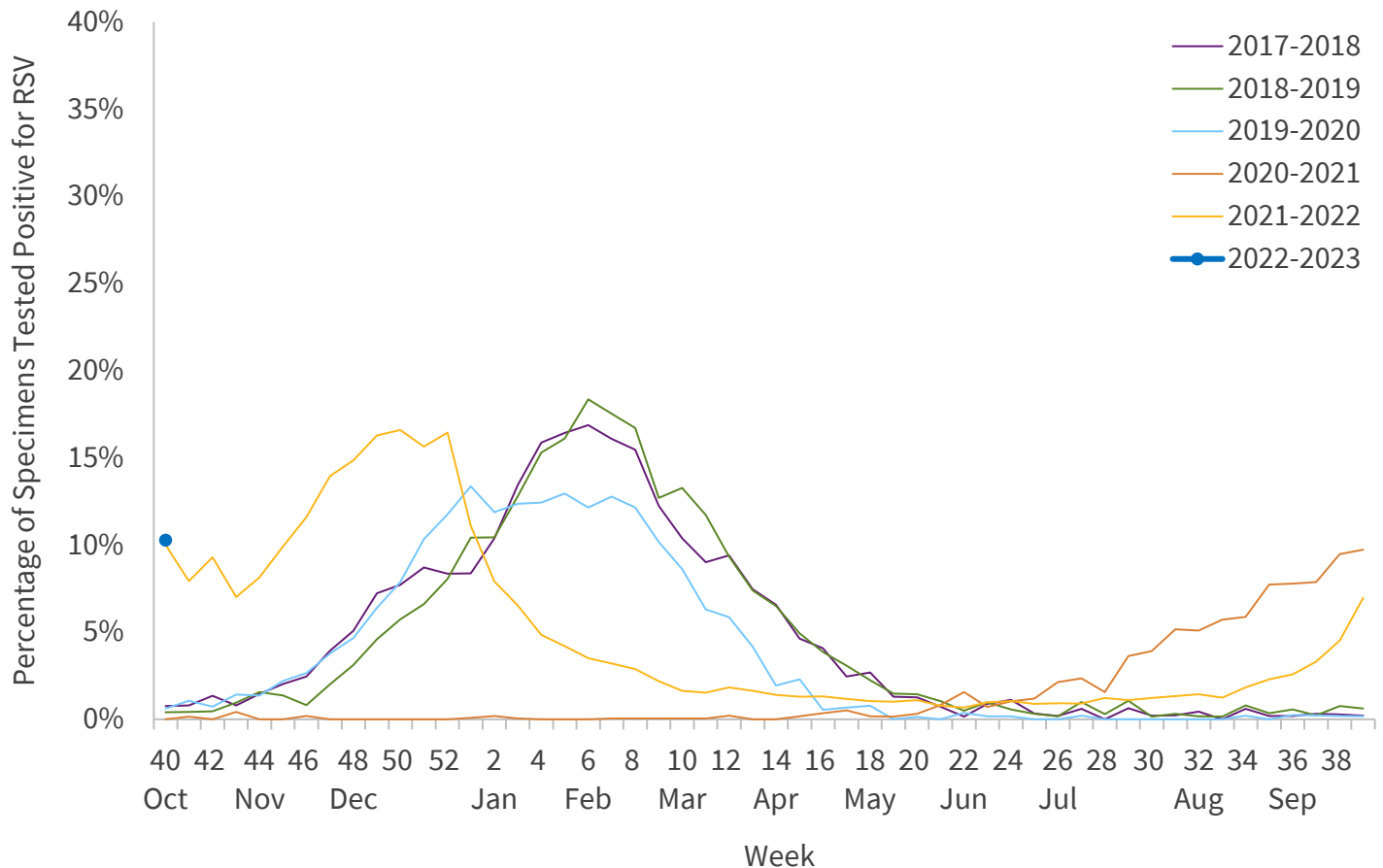
Currently, as mandated under Section 2500 of the California Code of Regulations, deaths among children aged 0–4 years with laboratory-confirmed RSV are reportable to CDPH. The weekly influenza report includes confirmed deaths formally reported to CDPH through October 8, 2022 (Week 40).

No laboratory-confirmed RSV-associated deaths among children <5 years of age were reported to CDPH during Week 40. To date, CDPH has received no reports of laboratory-confirmed RSV-associated deaths among children <5 years of age during the 2022–2023 influenza season.

RSV Detections from Clinical Sentinel Laboratories

During Week 40, 8,139 specimens were tested for RSV and 789 (9.7%) were positive, which is higher compared to Week 39 (7.0%) ([Figure 18](#)).

Figure 18. Percentage of RSV Detections at Clinical Sentinel Laboratories, 2017–2023 Season to Date

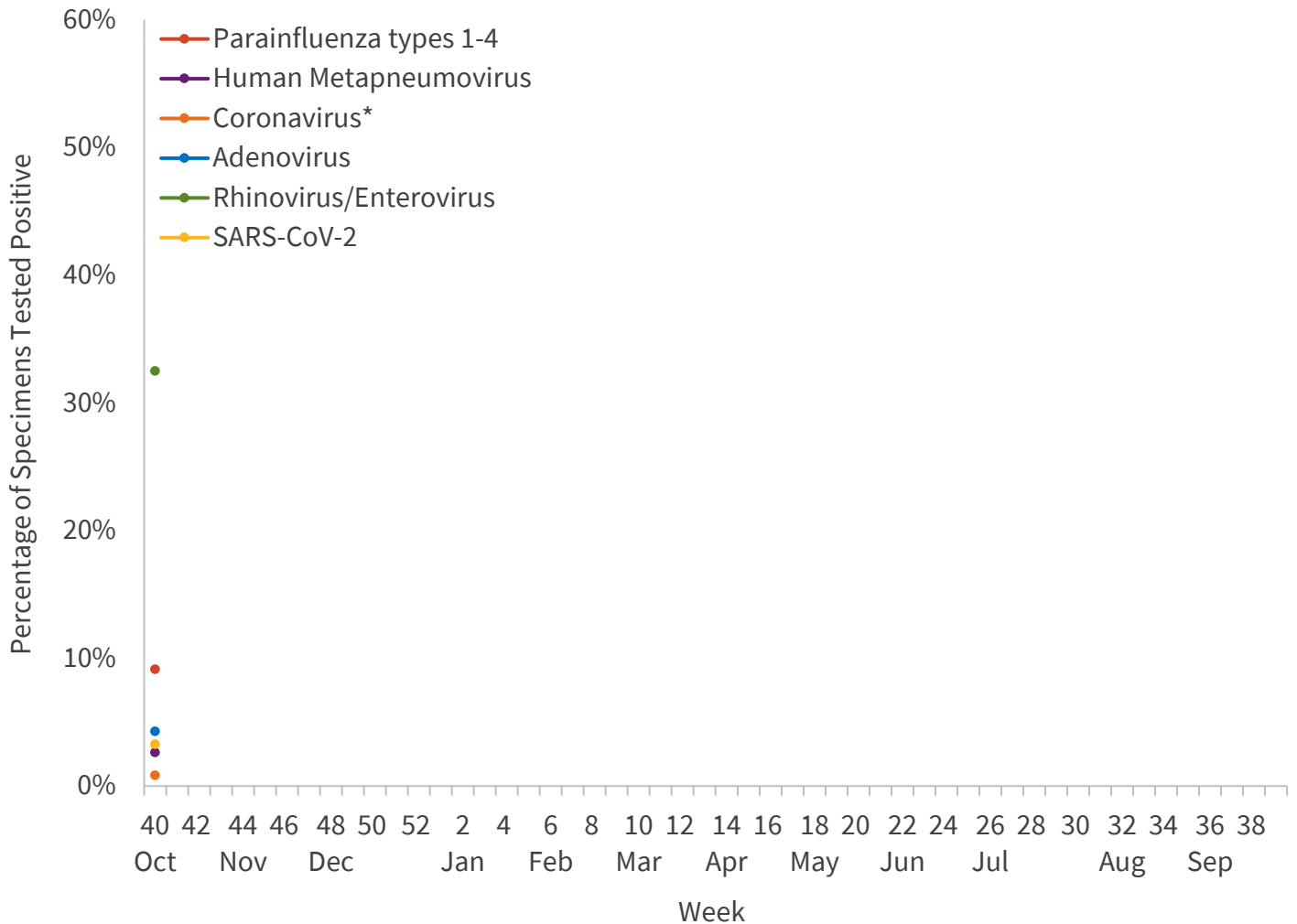


Note: Data have been shifted so that Week 1 aligns across years.

Other Respiratory Viruses Surveillance

During Week 40, adenovirus, coronavirus (non-SARS-CoV-2), human metapneumovirus, parainfluenza activity increased; and rhinovirus/enterovirus and SARS-CoV-2 activity decreased ([Figure 19](#)).

Figure 19. Percentage of Other Respiratory Pathogen Detections at Clinical Sentinel Laboratories, 2022-2023 Season to Date



*Coronaviruses identified include common human coronaviruses 229E, NL63, OC43, and HKU1 and do NOT include SARS-CoV-2.

About This Report

This report includes data from many sources of influenza and other respiratory virus surveillance, and it should be viewed as a preliminary “snapshot” of activity for each surveillance week. Because data are preliminary, the information may be updated in later reports as additional data are received. These data should not be considered population-based or representative of all California public health jurisdictions.

More Information

- › An accessible Excel file with data for all figures can be downloaded from the [CDPH Flu webpage](http://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/Week2022-2340_DataTables.xlsx) (www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/Week2022-2340_DataTables.xlsx).
- › For questions regarding influenza surveillance and reporting in California, please email InfluenzaSurveillance@cdph.ca.gov. This account is monitored daily by several epidemiologists.
- › To obtain additional information regarding influenza, please visit the [CDPH Influenza website](http://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx) (www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx).
- › For information about national influenza activity, please visit the U.S. Centers for Disease Control and Prevention’s [FluView](http://www.cdc.gov/flu/weekly/index.htm) (www.cdc.gov/flu/weekly/index.htm) and [FluView Interactive](http://www.cdc.gov/flu/weekly/fluviewinteractive.htm) (www.cdc.gov/flu/weekly/fluviewinteractive.htm) websites.
- › For information about COVID-19 in California, please visit the [California COVID-19 website](http://www.covid19.ca.gov) (www.covid19.ca.gov).

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Influenza Activity Levels⁺

Minimal: The percentage of specimens positive for influenza is <2%.

Low: The percentage of specimens positive for influenza is between 2% and <10%.

Moderate: The percentage of specimens positive for influenza is between 10% and <20%.

High: The percentage of specimens positive for influenza is between 20% and <40%.

Very High: The percentage of specimens positive for influenza is ≥40%.

California Regions

Northern: Alpine, Amador, Butte, Colusa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Yolo, and Yuba counties

Bay Area: Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, and Sonoma counties

Central Valley: Calaveras, Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, Monterey, San Benito, San Joaquin, Stanislaus, Tulare, and Tuolumne counties

Upper Southern: Kern, Los Angeles, San Luis Obispo, Santa Barbara, and Ventura counties

Lower Southern: Imperial, Orange, Riverside, San Bernardino, and San Diego counties

⁺ Influenza activity levels are derived from the percentage of specimens from clinical sentinel laboratories that tested positive for influenza.