

Influenza and Other Respiratory Viruses Weekly Report

California Influenza Surveillance Program



Highlights (Week 45: November 4–November 11, 2017)

Statewide Activity



Regions with Elevated Activity



- ▶ **Deaths:** 3 (Age 0-64)
- ▶ **Outbreaks:** 1
- ▶ **Laboratory:** 7.0% positive
- ▶ **Outpatient ILI:** Within expected levels
- ▶ **Hospitalizations:** Within expected levels

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Key messages:

- Influenza activity is increasing in California.
- It is not too late to get vaccinated.
- While even healthy people can get flu, pregnant woman, children under 5, adults 65+, and people with chronic conditions are at high-risk for flu-related complications.
- Take everyday actions to stop the spread of flu: wash hands often, cover coughs and sneezes, and stay home when sick.

Note: This report includes data from many sources of influenza surveillance and it should be viewed as a preliminary “snapshot” of influenza activity for each surveillance week. Because data are preliminary, the information may be updated in later reports as additional data are received. These data should not be considered population-based or representative of all California public health jurisdictions.

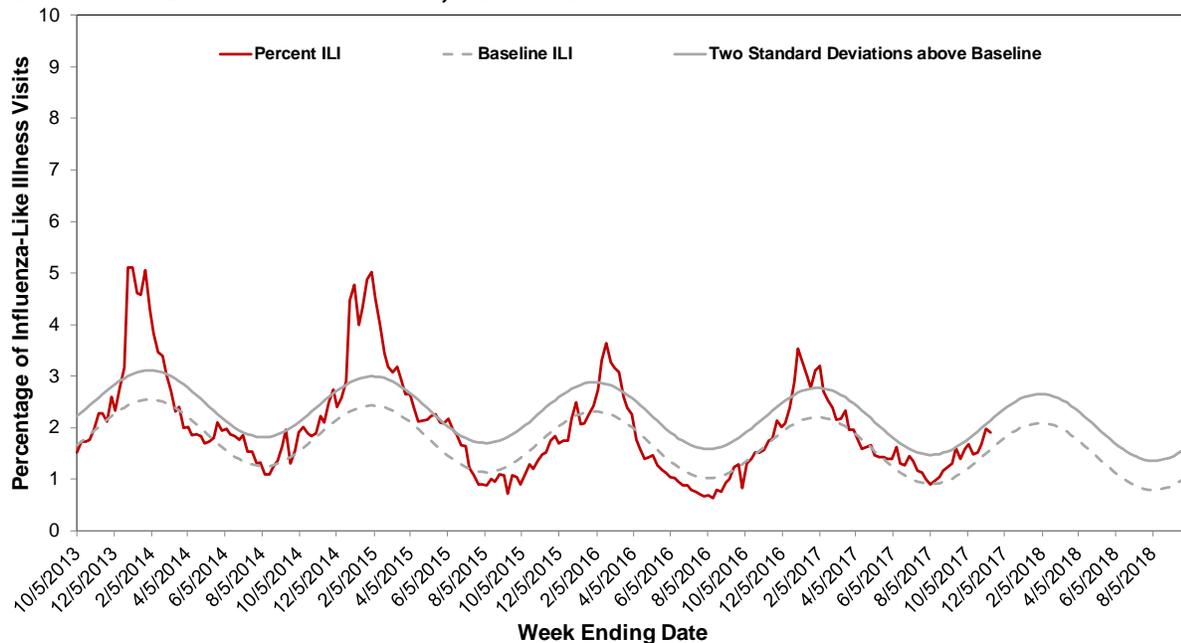
A. Outpatient and Inpatient Data

1. Influenza Sentinel Providers

Sentinel providers (physicians, nurse practitioners, and physician assistants) situated throughout California report on a weekly basis the number of patients seen with influenza-like illness (ILI) and the total number of patients seen for any reason. ILI is defined as any illness with fever ($\geq 100^{\circ}\text{F}$ or 37.8°C) AND cough and/or sore throat (in the absence of a known cause other than influenza).

A total of 74 enrolled sentinel providers have reported data for Week 45. Based on available data, the percentage of visits for ILI during Week 45 was 1.9% compared to Week 44 (2.0%) and is within expected levels for this time of year (Figure 1).

Figure 1. Percentage of Influenza-like Illness Visits Among Patients Seen by California Sentinel Providers, 2013–2018



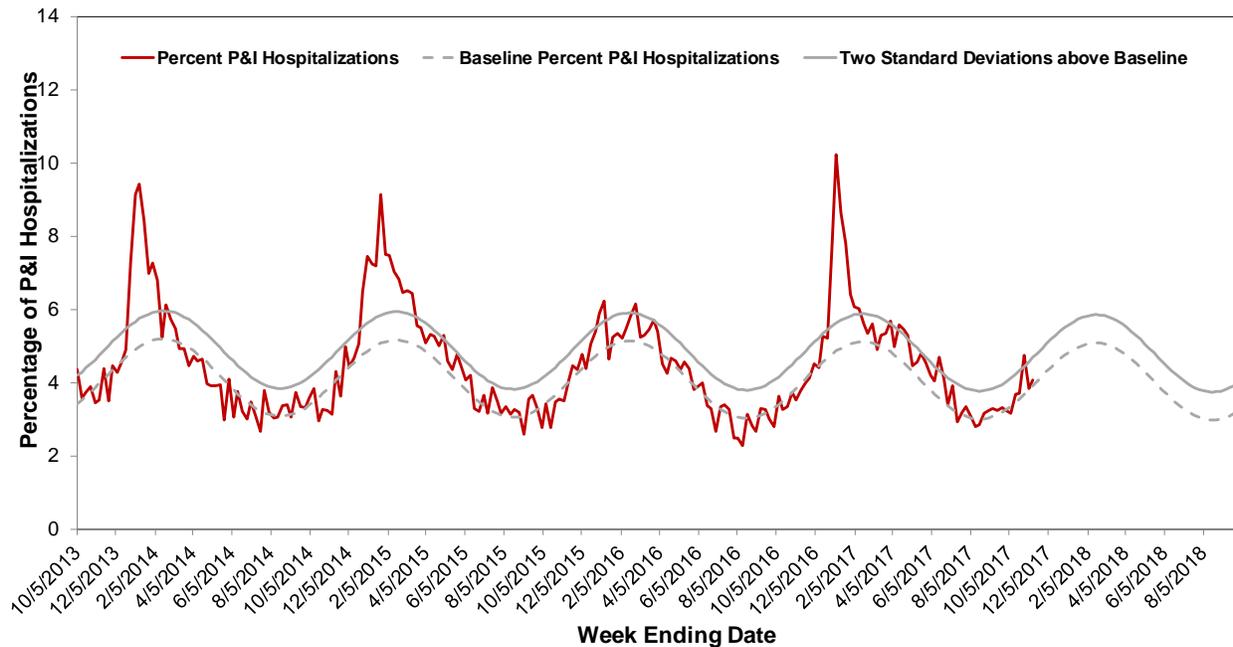
The seasonal baseline was calculated using a regression model applied to data from the previous five years. Two standard deviations above the seasonal baseline is the point at which the observed percentage of ILI is significantly higher than would be expected at that time of year.

2. Kaiser Permanente Hospitalization Data

Inpatients at Kaiser Permanente facilities with an admission diagnosis including the keywords “flu,” “influenza,” “pneumonia,” or variants of the keywords are defined as pneumonia and influenza (P&I)-related admissions. The number of P&I admissions is divided by the total number of hospital admissions occurring in the same time period to estimate the percentage of P&I admissions. Admissions for pregnancy, labor and delivery, birth, and outpatient procedures are excluded from the denominator.

The percentage of hospitalizations for pneumonia and influenza (P&I) in Kaiser Permanente facilities in northern California during Week 45 was 4.1% compared to Week 44 (3.8%) and is within expected levels for this time of the year (Figure 2).

Figure 2. Percentage of P&I Hospitalizations in Kaiser Permanente Northern California Hospitals, 2013–2018



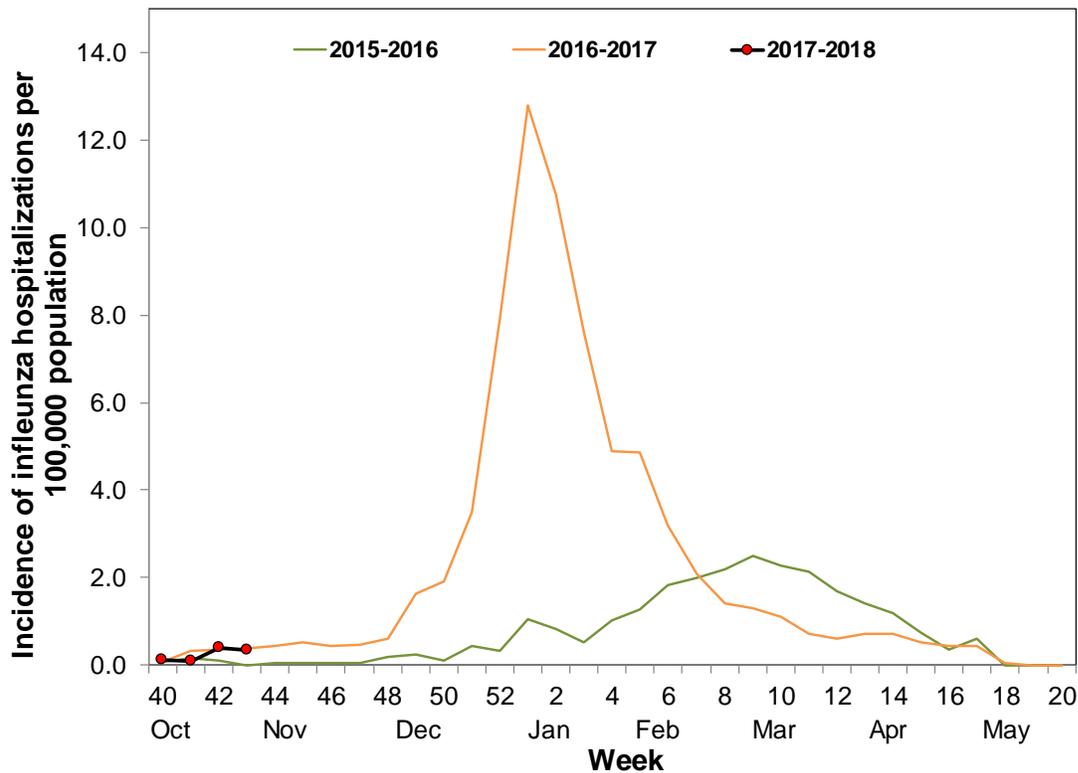
The seasonal baseline was calculated using a regression model applied to data from the previous five years. Two standard deviations above the seasonal baseline is the point at which the observed percentage of pneumonia and influenza hospitalizations in Kaiser Permanente hospitals in northern California is significantly higher than would be expected at that time of year.

3. Influenza-Associated Hospitalizations, California Emerging Infections Program

The California Emerging Infections Program (CEIP), Influenza Surveillance Network (FluSurv-NET) conducts population-based surveillance for laboratory-confirmed influenza-associated hospitalizations among patients of all ages in Alameda, Contra Costa, and San Francisco counties.

The incidence of influenza-associated hospitalizations per 100,000 population was lower in Week 43 (0.33) compared to Week 42 (0.39) (Figure 3). Data for the most current two weeks are not presented because results are still being collected and are likely to change.

Figure 3. Incidence of Influenza Hospitalizations in CEIP Counties, 2015–2018



Note: The 2014-15 season contains a week 53. Data have been shifted so that week 1 aligns across years.

B. Laboratory Update – Influenza

1. Respiratory Laboratory Network (RLN) and Clinical Sentinel Laboratory Surveillance Results

Laboratory surveillance for influenza and other respiratory viruses involves the use of data from clinical sentinel laboratories (hospital, academic, and private laboratories) and public health laboratories in the Respiratory Laboratory Network located throughout California. These laboratories report the number of laboratory-confirmed influenza and other respiratory virus detections and isolations on a weekly basis.

The percentage of influenza detections in clinical sentinel laboratories in Week 45 (7.0%) was higher than Week 44 (6.8%) (Figure 4). Additional details, including influenza typing and subtyping information from public health laboratories, can be found in Figures 4 and 5 and Tables 1 and 2.

Neither the RLN nor CDPH-VRDL has identified any influenza viruses by polymerase chain reaction (PCR) that are suggestive of a novel influenza virus.

Figure 4. Percentage of Influenza Detections at Clinical Sentinel Laboratories, 2013–2018

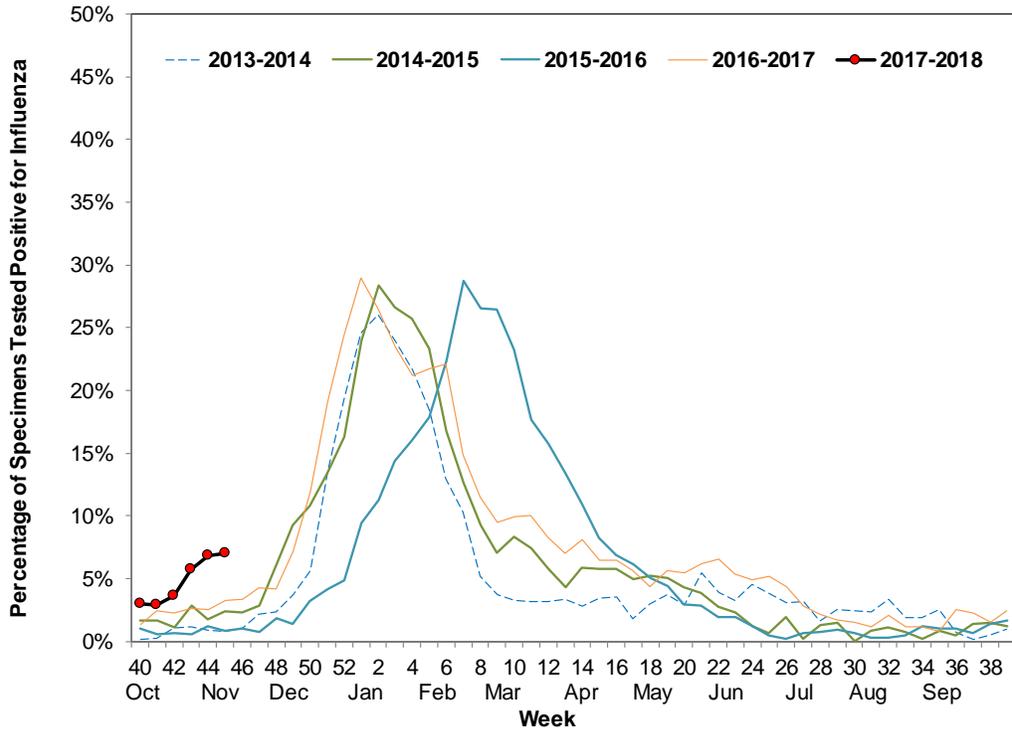


Figure 5. Number of Influenza Detections by Type and Subtype Detected in the Respiratory Laboratory Network, 2017–2018

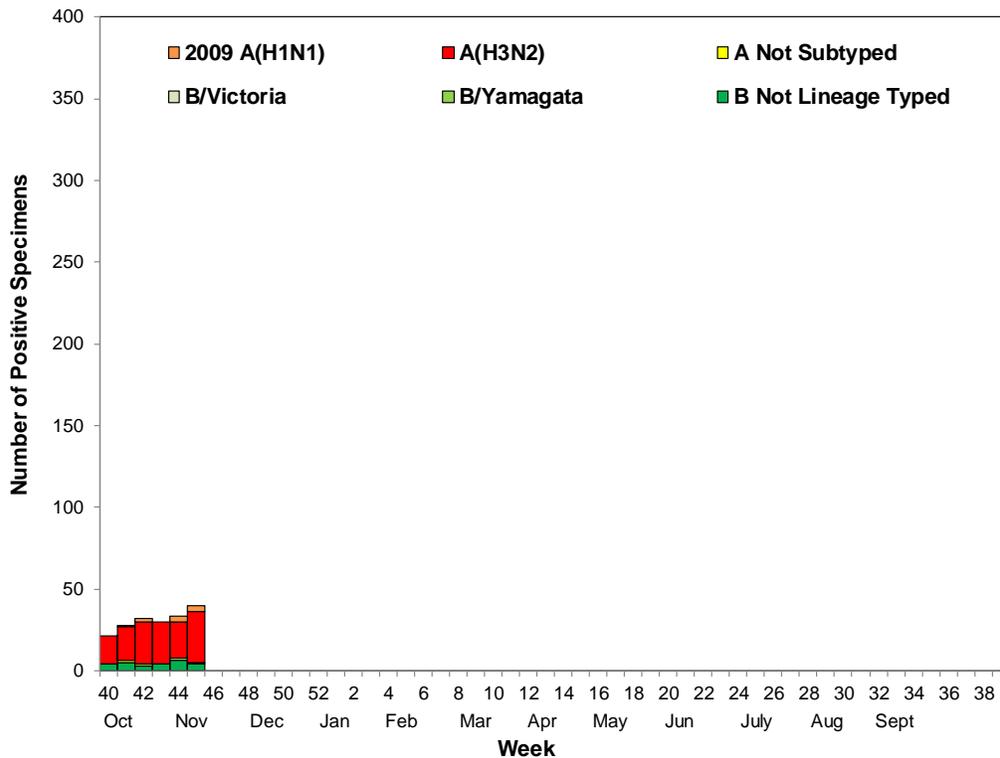


Table 1. Respiratory Specimens Testing Positive for Influenza — Clinical Sentinel Laboratories, Current Week and Season to Date

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent
Number of Specimens Tested	2,143		13,221	
Influenza Positive	150	7.0	641	4.8
A	94	62.7*	480	74.9*
B	56	37.3*	161	25.1*

* Percent of specimens positive for influenza

Table 2. Respiratory Specimens Testing Positive for Influenza by Influenza Type and Subtype — Respiratory Laboratory Network, Current Week and Season to Date

	Current Week Number	Current Week Percent	Season to Date Number	Season to Date Percent
Influenza Positive	40		184	
A	36	90.0*	155	84.2*
B	4	10.0*	29	15.8*
B Victoria	0	0.0‡	0	0.0‡
B Yamagata	0	0.0‡	3	10.3‡
B, not lineage typed	4	100.0‡	26	89.7‡

* Percent of specimens positive for influenza

† Percent of influenza A positives

‡ Percent of influenza B positives

2. Antiviral Resistance Testing

Of the influenza specimens tested by the CDPH-VRDL to date this season, none have been found to be resistant to Oseltamivir (Table 3).

Table 3. Number of Specimens Tested for Oseltamivir Resistance with Resistance to Oseltamivir, 2017–2018

	Oseltamivir Resistance
Influenza 2009A (H1)	0/0
Influenza A (H3)	0/17
Influenza B	0/3

3. Influenza Virus Strain Characterization

No California specimens have been strain-typed to date during the 2017–2018 influenza season.

C. Laboratory-Confirmed Severe Influenza-associated Case Reports

Currently, as mandated under Section 2500 of the California Code of Regulations, deaths among patients aged 0–64 years with laboratory-confirmed influenza are reportable to CDPH. The weekly influenza report includes confirmed deaths formally reported to CDPH through November 11, 2017 (Week 45).

Three laboratory-confirmed influenza-associated fatalities were reported to CDPH since our last report. To date, CDPH has received four reports of laboratory-confirmed influenza-associated deaths among patients <65 years of age during the 2017–2018 influenza season.

Figure 6. Number of Laboratory-Confirmed Influenza-Associated Fatalities in Persons <65 Years of Age by Week of Onset, 2016–2018

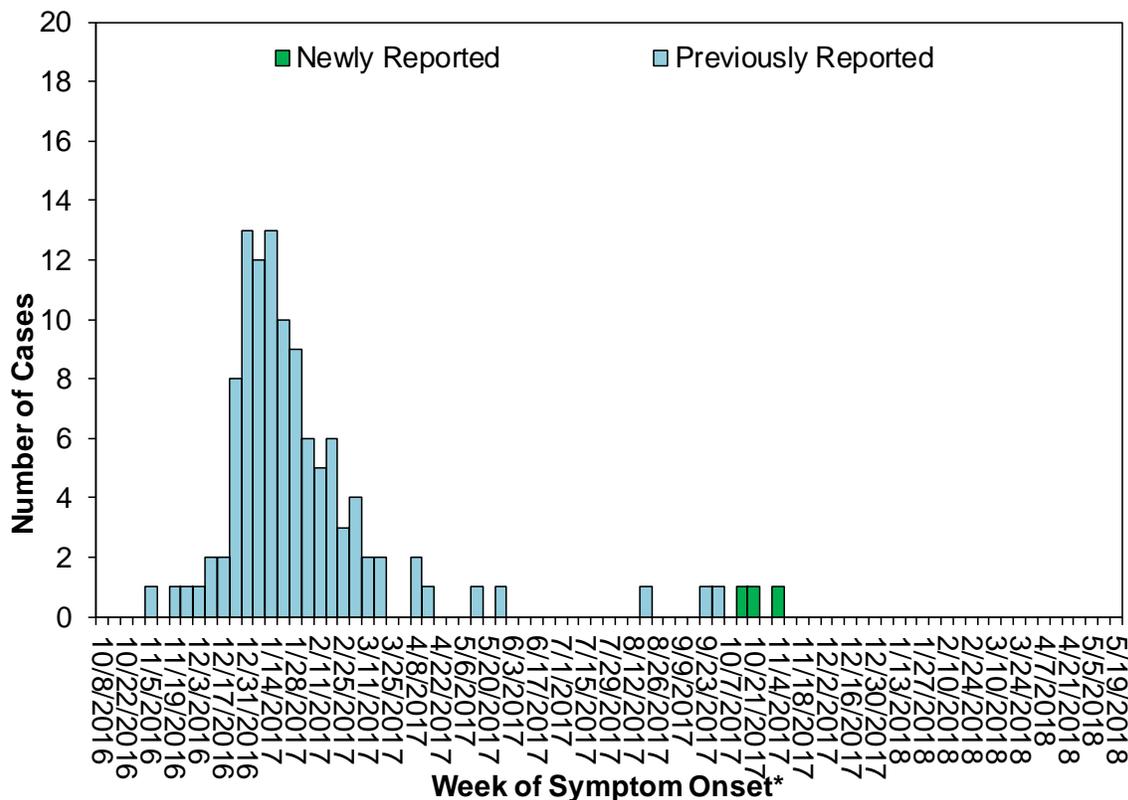


Figure 7. Number of Laboratory-Confirmed Influenza-Associated Outbreaks by Week of First Onset, 2016–2018

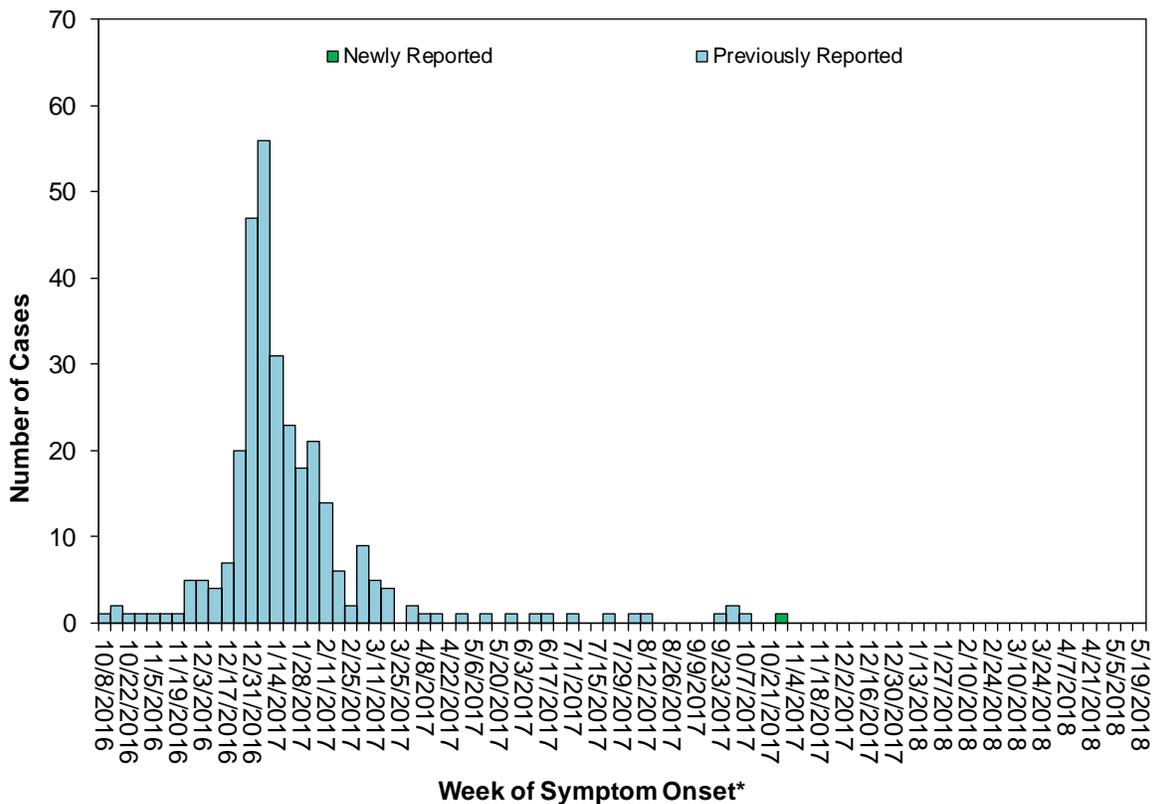
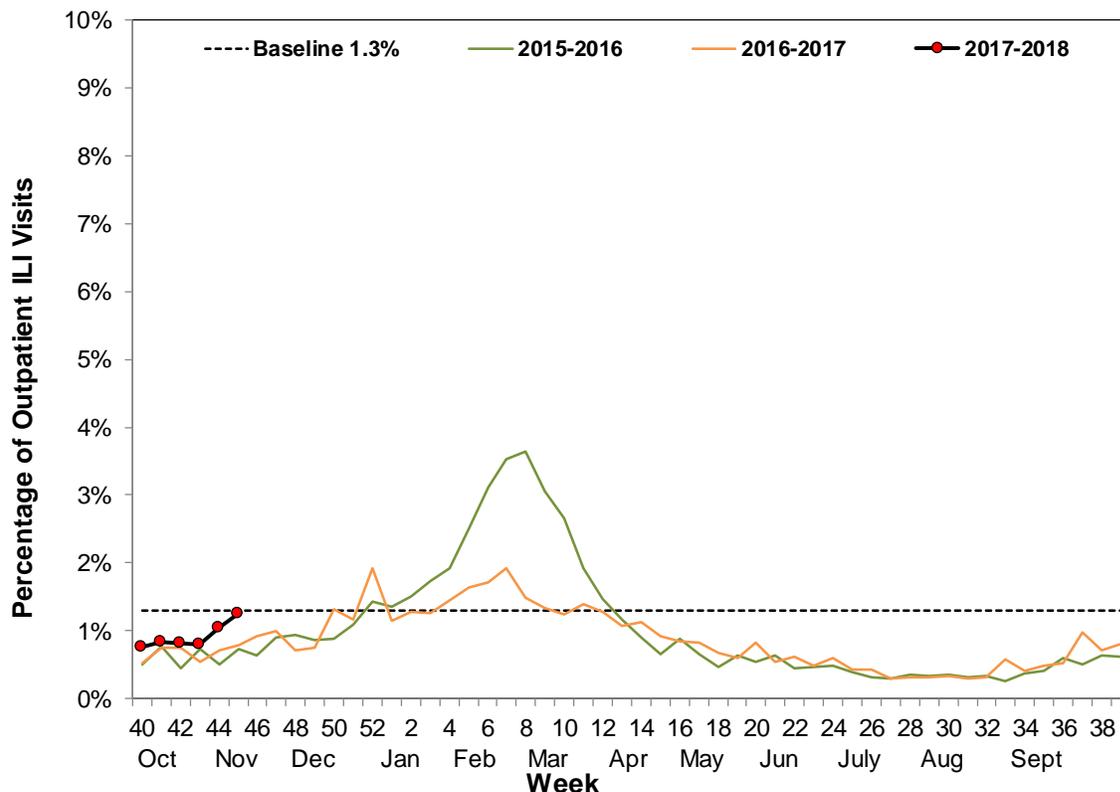


Figure 8. Percentage of Influenza-like Illness Visits among Patients Seen by Sentinel Providers — California Border Region, 2015–2018



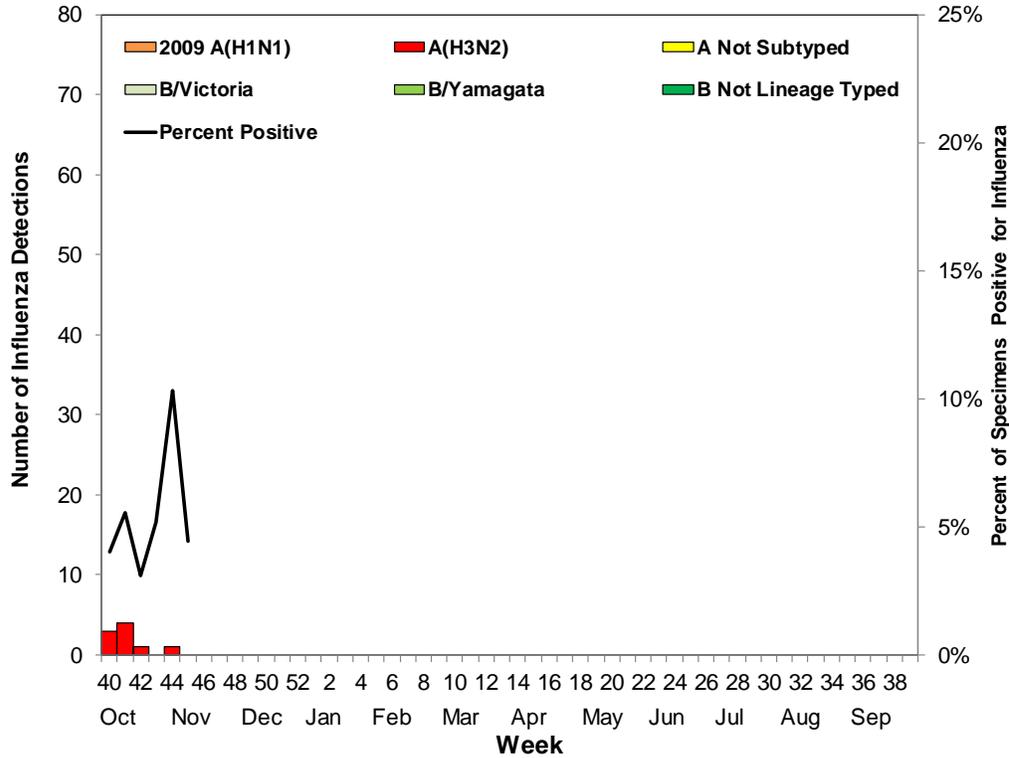
2. Virologic Surveillance Update

During Week 45, a total of 157 respiratory specimens were tested from border region sentinel clinical laboratories; of these, 7 (4.5%) tested positive for influenza (5 [71.4%] influenza A; 2 [28.6%] influenza B). Cumulatively this season, a total of 1,484 respiratory specimens were tested from border region sentinel clinical laboratories; of these, 82 (5.5%) tested positive for influenza (68 [82.9%] influenza A, 14 [17.1%] influenza B).

During Week 45, no influenza positive specimens were detected at border region RLN laboratories. Cumulatively this season, a total of 9 influenza positive specimens have been detected at border region RLN laboratories, of which all 9 (100%) were influenza A. Of the 9 specimens that tested positive for influenza A at RLN laboratories, 9 (100%) were subtyped as A (H3).

Laboratory data summarized in Figure 9 include data from border region influenza clinical sentinel laboratories (percentage of specimens testing positive for influenza) as well as data from border region RLN laboratories (influenza type and subtype/lineage type).

Figure 9. Number of Influenza Detections by Type and Subtype Detected in Respiratory Laboratory Network Laboratories and the Percentage of Specimens Testing Positive at Clinical Sentinel Laboratories – California Border Region, 2017–2018



F. Other Respiratory Viruses

1. Laboratory-Confirmed Severe Respiratory Syncytial Virus Case Reports

Currently, as mandated under Section 2500 of the California Code of Regulations, deaths among children aged 0–4 years with laboratory-confirmed respiratory syncytial virus (RSV) are reportable to CDPH. The weekly influenza report includes confirmed deaths formally reported to CDPH through November 11, 2017 (Week 45).

No laboratory-confirmed RSV fatalities were reported to CDPH during Week 45. To date, CDPH has received no reports of laboratory-confirmed RSV-associated deaths among children <5 years of age during the 2017–2018 influenza season.

2. Other Respiratory Virus Laboratory Update

During Week 45, 1,987 specimens were tested for RSV and 37 (1.9%) were positive, which was higher than Week 44 (1.4%) (Figure 10). During Week 45, adenovirus activity increased while human metapneumovirus, parainfluenzavirus, and rhinovirus/enterovirus activity decreased, and coronavirus activity remained stable (Figure 11).

Figure 10. Percentage of RSV Detections at Clinical Sentinel Laboratories, 2013–2018

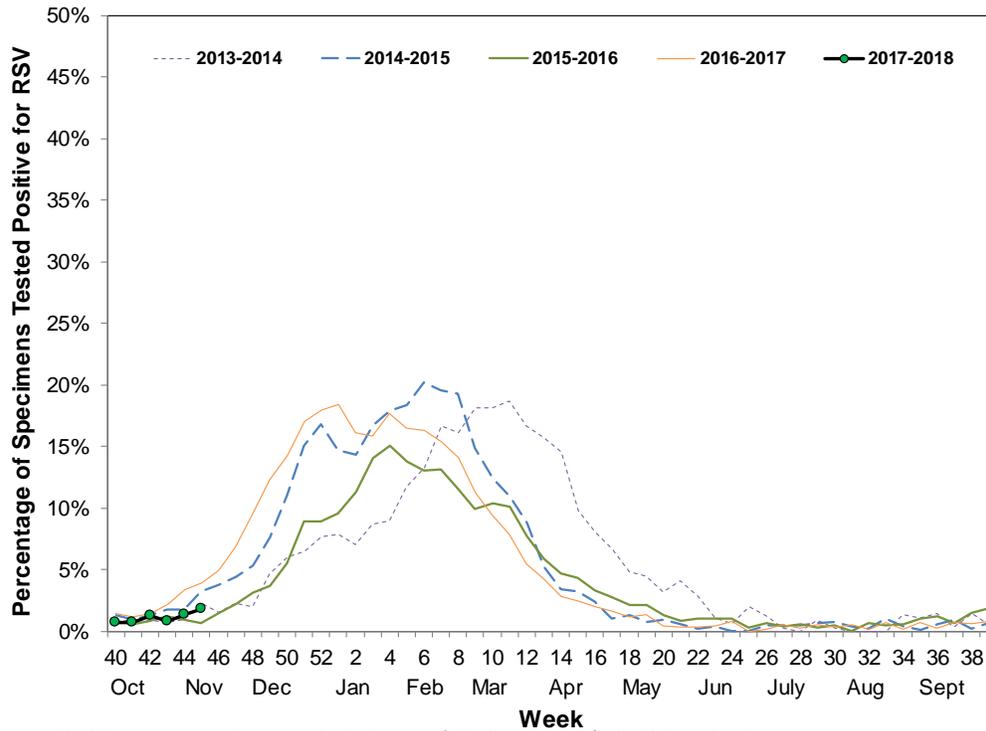
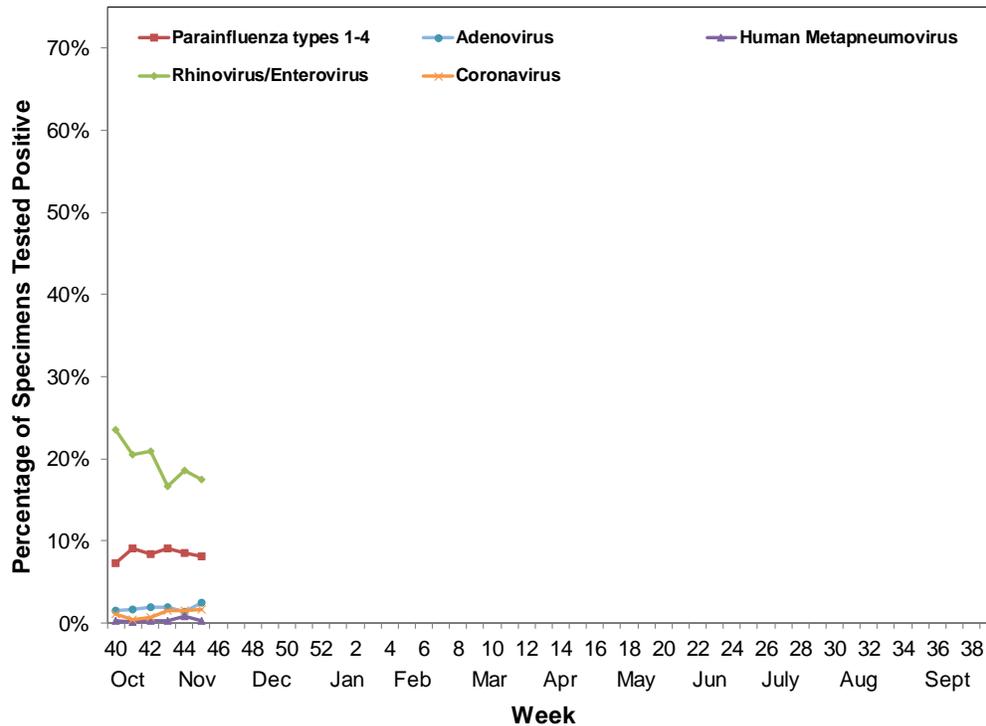


Figure 11. Percentage of Other Respiratory Pathogen Detections at Clinical Sentinel Laboratories, 2017–2018



Activity Levels:

No Activity: No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.

Sporadic: Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.

Local: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.

Regional: Outbreaks of influenza or increases in ILI and recent laboratory confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.

Widespread: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.

California Regions:

Northern: Alpine, Amador, Butte, Colusa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Yolo, and Yuba counties

Bay Area: Alameda, Contra Costa, Marin, Napa, Solano, San Francisco, San Mateo, Santa Clara, Santa Cruz, and Sonoma counties

Central Valley: Calaveras, Fresno, Inyo, Kings, Mono, Madera, Mariposa, Merced, Monterey, San Benito, San Joaquin, Stanislaus, Tulare, and Tuolumne counties

Upper Southern: Kern, Los Angeles, San Luis Obispo, Santa Barbara, and Ventura counties

Lower Southern: Imperial, Orange, Riverside, San Bernardino, and San Diego counties

For questions regarding influenza surveillance and reporting in California, please email InfluenzaSurveillance@cdph.ca.gov. This account is monitored daily by several epidemiologists.

To obtain additional information regarding influenza, please visit the [CDPH influenza website](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx)

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A copy of the case report form for reporting any laboratory-confirmed influenza case that was either admitted to the ICU or died can be downloaded from the [CDPH influenza website](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx)

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