**California Influenza and Respiratory Disease Surveillance for Week 6 (February 6-12, 2011)**

Note: This report includes data from many different sources of influenza surveillance, including syndromic surveillance, laboratory surveillance, voluntary case-based reporting of severely ill cases and mandatory reporting of influenza deaths for cases ages 0-17 years. The information contained in this report should be viewed as a “snapshot” of influenza activity for each surveillance week, and should not be considered as population-based data or representative of all California jurisdictions.

**Overall influenza activity in California has increased from “regional” in Week 5 to “widespread” in Week 6.*

**Influenza and Other Respiratory Disease Highlights (Week 6)**

- With 95 sentinel providers reporting Week 6 data so far, influenza-like illness (ILI) activity increased by 1.8% in Week 6 compared to the previous week. The ILI activity in California for Week 6 was “moderate.”**
- Of 340 specimens tested by polymerase chain reaction (PCR) statewide by the Respiratory Laboratory Network (RLN) during Week 6, 189 (55.6%) were positive for influenza; of these 134 (70.9%) were influenza A and 55 (29.1%) were influenza B. Of the 131 influenza A specimens that have been subtyped, 48 (36.6%) were subtyped as A (H3) and 83 (63.4%) were subtyped as A (2009 H1N1).
- The percentage of influenza detections in sentinel laboratories increased during Week 6; 767 (25.3%) of 3,036 specimens tested were positive compared to 597 (20.6%) of 2,903 specimens tested during the previous week.
- Of 14 influenza A (2009 H1N1) specimens and 41 influenza A (H3N2) specimens tested by the CDPH Viral and Rickettsial Disease Laboratory (CDPH-VRDL), no neuraminidase-inhibitor resistance has been found.
- During Week 6, the proportion of specimens tested statewide by RLN and sentinel laboratories that were positive for respiratory syncytial virus (RSV) continued to decrease; 775 (26.5%) of 2,921 specimens tested were positive, compared to 866 (30.5%) of 2,842 specimens tested during the previous week.

*Widespread activity is defined by the CDC as “outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.”
**Activity levels range from minimal to high and are based on the percent of outpatient visits due to ILI compared to the average percent of ILI visits that occur during spring and fall weeks with little or no influenza virus circulation.

### A. Syndromic Surveillance

**CDC Influenza Sentinel Providers**
Sentinel providers report the number of outpatient visits for ILI and the total number of visits per week. These data are reported weekly as a percentage of total visits due to ILI. The ILI case definition is fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat in the absence of a known cause other than influenza.

The percentage of ILI visits increased during Week 6 (6.1%) compared to the previous week (4.3%). A total of 95 sentinel providers reported data in Week 6 compared to an average of 125 providers reporting in prior weeks. Some ILI visits during recent weeks may not yet be reported.

Figure 1. California Sentinel Providers – Influenza-Like Illness Visits, 2006-2011

B. Laboratory Update

1. Respiratory Laboratory Network (RLN) Surveillance Results

The RLN is composed of 28 local public health laboratories that offer PCR testing for influenza A and B and testing using the R-mix shell vial culture system to identify five other common respiratory viruses (RSV, adenovirus, and parainfluenza virus type 1-3).

The percentage of specimens that tested positive for influenza increased slightly in Week 6 (55.6%) compared to Week 5 (54.3%). Of 340 specimens tested by the RLN during Week 6, 134 (39.4%) were positive for influenza A, including 48 (35.8%) influenza A (H3), 83 (61.9%) influenza A (2009 H1N1), and 3 (2.2%) influenza A pending subtyping. An additional 55 (16.2%) specimens were positive for influenza B (Table 1).
Table 1. Respiratory Laboratory Network (RLN) Surveillance Results from Selected Laboratories*, February 6–12, 2011

<table>
<thead>
<tr>
<th>Number of specimens tested by PCR</th>
<th>Total RLN* No. (%)</th>
<th>Northern CA No. (%)</th>
<th>Central CA No. (%)</th>
<th>Southern CA No. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza A</td>
<td>134 (39.4)†</td>
<td>37 (52.9)†</td>
<td>11 (37.9)†</td>
<td>86 (35.7)†</td>
</tr>
<tr>
<td>A (seasonal H1N1)</td>
<td>0 (0.0)‡</td>
<td>0 (0.0)</td>
<td>0 (0.0)</td>
<td>0 (0.0)</td>
</tr>
<tr>
<td>A (H3)</td>
<td>48 (35.8)‡</td>
<td>7 (18.9)‡</td>
<td>5 (45.5)‡</td>
<td>36 (41.9)‡</td>
</tr>
<tr>
<td>A (2009 H1N1)</td>
<td>83 (61.9)‡</td>
<td>30 (81.1)‡</td>
<td>3 (27.3)‡</td>
<td>50 (58.1)‡</td>
</tr>
<tr>
<td>A (subtyping pending)</td>
<td>3 (2.2)‡</td>
<td>0 (0.0)</td>
<td>3 (27.3)‡</td>
<td>0 (0.0)</td>
</tr>
<tr>
<td>Influenza B</td>
<td>55 (16.2)†</td>
<td>3 (4.3)†</td>
<td>3 (10.3)</td>
<td>49 (20.3)†</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number of specimens tested by R-mix</th>
<th>48</th>
<th>5</th>
<th>30</th>
<th>13</th>
</tr>
</thead>
<tbody>
<tr>
<td>RSV</td>
<td>4 (8.3)¶</td>
<td>0 (0.0)</td>
<td>3 (10.0)¶</td>
<td>1 (7.7)¶</td>
</tr>
<tr>
<td>Other respiratory viruses</td>
<td>2 (4.2)¶,††</td>
<td>0 (0.0)</td>
<td>2 (6.7)¶</td>
<td>0 (0.0)</td>
</tr>
</tbody>
</table>

* RLN labs reporting Week 6 data, by region:
  Northern CA: Contra Costa, Humboldt, Placer, Sacramento, San Francisco, Santa Clara, Shasta, Sonoma
  Central CA: Fresno, Monterey, San Joaquin, Tulare
  Southern CA: Long Beach, Los Angeles, Orange, San Diego, San Luis Obispo, Santa Barbara

† Percent of total specimens tested for influenza by PCR
‡ Percent of influenza A positives
¶ Percent of total specimens tested by R-mix
†† Adenovirus (2)

2. Sentinel Laboratory Surveillance Results

Sentinel laboratories are a network of clinical, commercial, academic, and hospital laboratories located throughout California that provide weekly data on the number of laboratory-confirmed influenza and other respiratory virus detections and isolations.

Table 2 shows positive influenza and RSV results reported from sentinel laboratories during Week 6. The percentage of specimens that tested positive for influenza increased in Week 6 (767 of 3,036; 25.3%) compared to the previous week (597 of 2,903; 20.6%). Of the 3,036 specimens tested, 487 (16.0%) were positive for influenza A and 280 (9.2%) were positive for influenza B. Of 2,873 specimens tested for RSV during Week 6, 771 (26.8%) were positive. This was a decrease from the previous week, when 860 (30.8%) of 2,795 specimens tested positive for RSV.
Table 2. Influenza and other respiratory virus detections from Sentinel Laboratories, February 6–12, 2011

<table>
<thead>
<tr>
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<th>No. (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of sites reporting</td>
<td>71</td>
</tr>
<tr>
<td>Total specimens tested for influenza</td>
<td>3,036</td>
</tr>
<tr>
<td>Influenza A</td>
<td>487 (16.0) *</td>
</tr>
<tr>
<td>Influenza B</td>
<td>280 (9.2) †</td>
</tr>
<tr>
<td>Total specimens tested for RSV</td>
<td>2,873</td>
</tr>
<tr>
<td>RSV</td>
<td>771 (26.8) ‡</td>
</tr>
</tbody>
</table>

Total number of positive lab results reported, by local health jurisdiction of patient's residence and/or site location:

* Alameda (76), Contra Costa (51), Fresno (21), Imperial (13), Kings (3), Long Beach (13), Los Angeles (46), Madera (2), Marin (10), Napa (1), Orange (5), Placer (14), Riverside (2), Sacramento (36), San Bernardino (3), San Diego (23), San Francisco (22), San Joaquin (5), San Mateo (27), Santa Clara (58), Solano (20), Sonoma (22), Stanislaus (14)

† Alameda (44), Contra Costa (17), Fresno (18), Imperial (4), Kern (2), Long Beach (17), Los Angeles (52), Madera (4), Marin (3), Mariposa (1), Merced (2), Napa (3), Orange (5), Placer (2), Riverside (8), Sacramento (6), San Bernardino (3), San Diego (8), San Francisco (8), San Joaquin (6), San Mateo (14), Santa Clara (33), Solano (7), Sonoma (7), Stanislaus (5), Yolo (1)

‡ Alameda (80), Contra Costa (38), Fresno (103), Imperial (21), Kern (8), Kings (5), Long Beach (60), Los Angeles (59), Madera (3), Marin (4), Napa (1), Orange (9), Placer (38), Riverside (16), Sacramento (86), San Bernardino (11), San Diego (44), San Francisco (12), San Joaquin (20), San Mateo (18), Santa Clara (74), Solano (26), Sonoma (8), Stanislaus (15), Tulare (8), Yolo (4)

Figures 2 through 4 summarize the combined laboratory data from both the RLN and the sentinel laboratories. Figure 2 shows that influenza detections increased in Week 6 (28.3%) compared to the previous week (24.1%), continuing an upward trend that began in Week 49 (December 5-11, 2010). Of the samples tested during Week 6, 18.4% were influenza A and 9.9% were influenza B (Figure 3). Figure 4 shows that the percentage of RSV detections continues a downward trend that began in Week 1 (January 2–8, 2011).
Figure 2. Influenza detections in Respiratory Laboratory Network and Sentinel Laboratories, 2006-2011

*Note: In years with 53 CDC Disease Weeks (for example, 2008), the week including December 31 will be graphed as week 52 and all preceding weeks adjusted accordingly.

- 2008-07 Flu
- 2007-08 Flu
- 2008-09 Flu
- 2009-10 Flu
- 2010-11 Flu

Figure 3. Influenza detections in Respiratory Laboratory Network and Sentinel Laboratories, by Influenza Type
Figure 4. RSV detections in Respiratory Laboratory Network and Sentinel Laboratories, 2006-2011

*Note: In years with 53 CDC Disease Weeks (for example, 2008), the week including December 31 will be graphed as week 52 and all preceding weeks adjusted accordingly.

Percentage of Detections

Week
For questions regarding influenza surveillance and reporting in California, please email InfluenzaSurveillance@cdph.ca.gov. This account is monitored daily by several epidemiologists.

To obtain additional information regarding influenza, please visit the CDPH influenza website at https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/Influenza.aspx.