

Tau Txais Ib Qho Kev Zam Kho Mob:

Cov Lus Qhia rau Cov Niam Txiv thiab cov Kws Kho Mob



Qhov kev zam kev kho mob tshiab rau kev sau npe nkag lub tsev kawm ntawv thiab chaw zov me nyuam yuav tsum raug ua los ntawm [California Kev Tso Npe Txhaj Tshuaj Tiv Thaiv Kab Mob - Kev Zam Kev Kho Mob \(CAIR-ME\)](#) lub vev xaib (cair-me.cdph.ca.gov).

Kev zam kev kho mob tsuas yog muab los ntawm cov kws kho mob (MDs los sis DOs) uas muaj ntawv tso cai hauv California thiab yuav tsum ua raws li Lub Chaw Hauj Lwm Saib Xyuas Kev Tuav Tswj thiab Tiv Thaiv Kab Mob (CDC), Pawg Kws Pab Tswv Yim rau Kev Tiv Thaiv Kab Mob, thiab Lub Chaw Kawm Kev Kho Mob Me Nyuam Yaus (AAP) cov qauv.

Kom Tau Txais Qhov Kev Zam Kev Kho Mob rau Sau Npe Nkag Hauv Tsev Kawm Ntawv/Chaw Zov Me Nyuam:

1. Tus niam txiv tsim ib tus as khauj hauv [CAIR-ME](#) (cair-me.cdph.ca.gov) thiab thov qhov kev zam. Lawv yuav tau txais tus npawb daim ntawv thov zam kev kho mob.
2. [Cov Lus Qhia rau Kev Thov Qhov Kev Zam Kev Kho Mob](#) (bit.ly/MERrequestHowTo)
[Cov Lus Qhia rau Kev Thov Qhov Kev Zam Kev Kho Mob Lus Spanish](#) (bit.ly/SpanishMERrequestHowTo)
3. Niam txiv muab tus npawb thov zam kev kho mob rau me nyuam tus kws kho mob.
4. Yog tias tus kws kho mob tsis muaj tus as khauj [CAIR-ME](#) ces, tus kws kho mob sau npe hauv CAIR-ME, tom qab ntawd nkag mus, tshawb nrhiav tus me nyuam, thiab muab qhov kev zam rau kev kho mob.
5. Tom qab muab qhov kev zam rau kev kho mob, tus kws kho mob muab ib daim ntawv **luam tawm** los sis **theej hauv is lev thos niv** ntawm kev zam kev kho mob rau cov niam txiv. Cov niam txiv tsis tuaj yeem luam tawm daim ntawv qhov kev zam kev kho mob.
6. Cov niam txiv xa ib daim ntawv theej ntawm kev zam kev kho mob mus rau lub tsev kawm ntawv los sis chaw zov me nyuam.
7. Lub tsev kawm ntawv los sis chaw zov me nyuam lees paub tias kev zam kev kho mob ua tau raws li qhov yuav tsum tau ua los ntawm kev xyuas kom meej tias cov ntaub ntawv ntawm qhov kev zam yog raug thiab xyuas cov xwm txheej hauv CAIR-ME.



Nco Tseg: Qhov yuav tsum tau muab tag nrho cov kev zam kev kho mob tshiab los ntawm CAIR-ME suav nrog kev zam rau cov me nyuam yaus uas tau sau tseg txog tus kab mob qhua maj qhua pias.

Cov chaw pab cuam:

[Cov Kev Txhaj Tshuaj rau Mus Kawm Ntawv Lub Vev Xaib](#) (cdph.ca.gov/ShotsForSchool)
[Qhov Kev Zam Kev Kho Mob Cov Lus Nug Nquag Nug](#) (bit.ly/ExemptionFAQs)

Txog cov ntaub ntawv ntau ntxiv, tiv tauj: medicalexemptions@cdph.ca.gov