

Does Your Child Need a Medical Exemption?



New medical exemptions (ME) for school and child care entry must be issued through CAIR-ME (California Immunization Registry - Medical Exemption website).

Medical exemptions can only be issued by MDs or DOs licensed in California and must meet applicable Centers for Disease Control and Prevention (CDC), [Advisory Committee on Immunization Practices \(ACIP\)](#), and American Academy of Pediatrics (AAP) criteria.

Steps to obtain a ME for school/child care entry:

1. Create an account in [CAIR-ME](#) (CAIR.CDPH.CA.gov/exemptions/home) and apply for an exemption.
2. Share the application number with your child's physician.
3. The physician can register for an account in CAIR-ME and log in to issue the ME.
4. Once the ME is issued, the physician prints the form and provides a copy to you to give to your child's school or child care facility.

Note: *The requirement to issue all new medical exemptions through CAIR-ME includes exemptions for children who have had documented chickenpox disease.*



Resources

[CAIR-ME Website](#) (CAIR.CDPH.CA.gov/exemptions/home)

[School Immunization Website:](#) (CDPH.CA.gov/ShotsforSchool)

For more information, contact medicalexemptions@cdph.ca.gov