New medical exemptions (ME) for school and child care entry must be issued through CAIR-ME (California Immunization Registry - Medical Exemption website).

Medical exemptions can only be issued by MDs or DOs licensed in California and must meet applicable Centers for Disease Control and Prevention (CDC), Advisory Committee on Immunization Practices (ACIP), and American Academy of Pediatrics (AAP) criteria.

**Steps to obtain a ME for school/child care entry:**

1. Create an account in CAIR-ME (CAIR.CDPH.CA.gov/exemptions/home) and apply for an exemption.
2. Share the application number with your child’s physician.
3. The physician can register for an account in CAIR-ME and log in to issue the ME.
4. Once the ME is issued, the physician prints the form and provides a copy to you to give to your child’s school or child care facility.

*Note: The requirement to issue all new medical exemptions through CAIR-ME includes exemptions for children who have had documented chickenpox disease.*

**Resources**

- [CAIR-ME Website](CAIR.CDPH.CA.gov/exemptions/home)
- [School Immunization Website](CDPH.CA.gov/ShotsforSchool)

For more information, contact [medicalexemptions@cdph.ca.gov](mailto:medicalexemptions@cdph.ca.gov)