This is [INSERT NAME AND TITLE OF SCHOOL PRINCIPAL/ADMINISTRATOR]. I know how important your child’s health is to you as a parent or guardian. That’s why I want to share information about human papillomavirus, or HPV, and an effective way to protect your child from the cancers it can cause through immunization.

HPV is a very common virus that can cause serious cancers later in life. It’s estimated that HPV causes about 37,000 cases of cancer in men and women every year in the U.S.

The good news is that HPV vaccination can prevent over 90% of cancers caused by HPV. HPV vaccines are very safe, and scientific research shows that the benefits of HPV vaccination far outweigh the potential risks. Similar to other vaccines, common side effects are mild, like pain or redness where the shot was given, and get better within a day or two.

Because it is safe and effective, vaccination against HPV is recommended by the CDC Advisory Committee on Immunization Practices, the American Academy of Pediatrics, and the American Academy of Family Physicians. It’s also recommended by the American Cancer Society and California’s Cancer Prevention Act.

HPV vaccine is more effective when given at younger ages. All kids between the ages of 9 to 12 years are recommended to receive two doses of HPV vaccine, with the second dose given before the start of 8th grade. The HPV vaccine is often given at the same time as whooping cough and bacterial meningitis vaccines for adolescents.

Ask your health care provider or local health department to learn more about HPV vaccine and where your child can get it. The vaccine is covered by most health insurance plans. Thank you for taking an important step to safeguard your child’s health.