Found head lice? Here's what to do.



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Check everyone in your household for head lice.
Don't use conditioner in the hair of anyone who needs treatment.
(Conditioner prevents head lice treatment from working.)



Treatment

- \square Treat everyone with head lice the same day.
 - Don't use treatment products to prevent lice in those who do not have head lice. (Doing this can lead to resistance to treatment in head lice.)
- ☐ Use a lice-killing hair product **and** comb for nits:



Lice-killing products:

- Get an over-the-counter product at the pharmacy or see a healthcare provider for a prescription.
- Read and follow label directions carefully.
- Don't re-wash the hair with shampoo or conditioner for 1-2 days after treatment.
 - Only rinse to remove treatment product.
- ☐ Check for head lice 7-10 days after treatment.
 - Still see live head lice? You may need a second treatment to kill lice that recently hatched from nits.
 - o Talk to a healthcare provider if you're not sure.

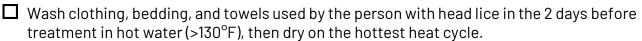


- Get a fine-toothed nit comb with long, metal (not plastic) teeth several brands are available at your local pharmacy.
- Comb hair every 2-3 days for two weeks or until nits are no longer found.



Home Cleaning

- Excessive cleaning is not necessary (e.g., use of bleach, pesticides, fumigation, etc.).
- Head lice do not survive off the head for very long.



- Place combs, brushes, and hair accessories in hot water (>130°F) for 5-10 minutes.
- ☐ Seal other items that can't be washed in a plastic bag for 2 weeks.
- ☐ Vacuum carpets and furniture in areas where the person sat or laid down.

