

Head Lice Can Happen

Welcome back!

As school is back in session, we ask that parents and caregivers be on the lookout for head lice. Head lice are more likely to spread during sleepovers, play dates, family gatherings and other activities outside of school. But any time children come together, head lice cases commonly increase.



If head lice are found, don't panic. While they can be a serious nuisance, head lice don't spread disease. Head lice are also not a sign of poor hygiene.

Head lice are most common among school-aged children, but with your help, **head lice can be prevented and treated:**

- Throughout the school year, please check your child's head regularly and treat quickly if head lice and/or nits are found.
- Teach children not to share personal items (like combs, hats or hair ties) and to avoid head-to-head contact during play and other activities.

For more information about how to check for head lice, treatment options and prevention tips, please visit: go.cdph.ca.gov/HeadLice

Thank you for doing your part to keep our school a healthy and happy place to learn!



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