

# Don't Let the Bed Bugs Bite!

## What are Bed Bugs?

Tiny insects that feed on the blood of warm-blooded animals.

Adults are reddish-brown flattened ovals about 0.2 inches long.

Nymphs are very small, about the size of the head of a pin.



Nymph and adult



Adult next to penny

## WHAT TO LOOK FOR

### Signs of a Bed Bug infestation:

#### BITES

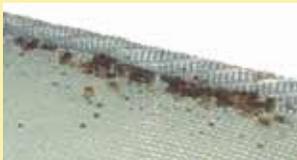
Bed bug bites look like a raised red bump or flat welt. They can itch intensely and are often mistaken for mosquito or flea bites.



Bed bug bites

#### DARK SPOTS

Look for small dark spots of fecal matter on bed linens and around areas where people sleep.



Bed bugs on mattress

## Where do Bed Bugs hide?

Bed bugs hide during the day and bite at night when people are sleeping. Most bed bugs are found within 8-10 feet of where people sleep. They hide in crevices of mattresses, box springs, bed frames and headboards; in drapes; in crevices of walls and furniture; under rugs; under wallpaper and even in radios and picture frames.



Contact your local health department if you have questions about bed bug infestations in:

- hotels
- homeless shelters
- hospitals
- correctional facilities
- nursing homes
- on public transportation



Contact a Licensed Pest Control technician if bed bugs are found in a private residence.

For more information contact:  
Vector-Borne Disease Section  
California Department of Public Health  
(916) 552-9730