

Kev Xaiv Yam Tshuaj Tiv Thaiv Tus Kabmob COVID-19 Uas Yuav Zoo Rau Koj

Nws muaj peb yam tshuaj tiv thaiv tus kabmob COVID-19 uas tau kev tso cai pub coj los txhaj nyob rau hauv Tebchaws Meskas. Nkag siab txog cov txiaj ntsim zoo thiab phem ntawm cov tshuaj los mus pab koj txiaiv txim tias saib yam tshuaj tiv thaiv twg yog yam yuav yog yam zoo koj.



Tus Kabmob COVID-19 Yeej Ua Tau Kom Neeg Muaj Mob Loj

COVID-19 yog ib tus kabmob tsim los ntawm ib tus kab coronavirus uas neeg yeej kis tau los ntawm tej pa lossis cua, tshwjxeeb tshaj yog thaum ib tus neeg uas muaj tus kabmob hais lus, txham, lossis hnoos nyob hauv tsev. covid-19 yeej ua tau kom neeg muaj mob loj, kom neeg muaj tus kabmob uas ua rau lub ntsws muaj dej (pneumonia), thiab ua tau kom tus neeg tuag, thiab peb yeej tseem tab tom kawm tias saib nws yuav tsim tau teebmeem zoo li cas rau tus tib neeg ntev ntev mus.

Pom Zoo Kom Cov Tib Neeg Muaj Hnub Nyoog 12 thiab Laus Dua Mus Txhaj Cov Tshuaj Tiv Thaiv Tus Kabmob Ntawm No

Lub chaw CDC yeej pom zoo kom txhua tus tib neeg muaj hnub nyoog 12 thiab laus dua mus txhaj cov tshuaj tiv thaiv tus kabmob COVID-19. Cov tshuaj tiv thaiv no yog ib cov uas koj yog tus yuav txiaiv txim los mus txhaj.

Cov Tshuaj Tiv Thaiv Uas Muaj Rau Koj Xaiv

Yam tshuaj tiv thaiv Pfizer-BioNTech (muab ua 2 koob txhaj, koob ob yog txhaj li 21 tom qab txhaj tag thawj koob) thiab kuj tseem muaj npe hua ua Comirnaty, yeej tau txais lus pom zoo los ntawm FDA tias kom coj mus txhaj tau rau cov tib neeg muaj hnub nyoog 16 xyoo thiab laus dua thiab yeej pub siv tau mus yav tom ntej tsis muaj kev txwv lawm. FDA yeej tseem tsuas muab lus pom zoo kom pub coj yam tshuaj tiv thaiv Pfizer-BioNTech mus txhaj rau cov tib neeg uas muaj hnub nyoog 12 mus rau 15 xyoos nyob rau Lub Sijhawm Tseem Muaj Kabmob Sibkis Loj Tam Sim No xwb. TFDA tau muab lus pom zoo kom pub coj yam tshuaj tiv thaiv kabmob Moderna (muab ua 2 koob txhaj, koob ob yog txhaj li ntawm 28 hnub tom qab txhaj tag thawj koob) thiab Johnson & Johnson (1 koob xwb) mus txhaj rau cov tib neeg uas muaj 18 xyoo thiab laus dua nyob rau Lub Sijhawm Tseem Muaj Kabmob Sibkis Loj Tam Sim No xwb.

Cov Txiaj Ntsim Zoo Ntawm Txoj Kev Mus Txhaj Tshuaj Tiv Thaiv

Tag nrho cov tshuaj tiv thaiv tus kabmob uas muaj tam sim no:

- **Yeej yog ib co uas peb pom tias lawv yeej tiv thaiv tau kom tib neeg tsis txhob mob tus kabmob covid-19**
- **Yeej pab tiv thiav kom tib neeg tsis txhob mob, tsis txhob muaj mob hanyav, lossis tsis txhob tuag los ntawm tus kabmob covid-19**
- **Yeej pab tiv thaiv kom tib neeg tsis txhob muab tus kab virus coj mus kis tau rau lwm tus neeg**

Yuav kom tiv thaiv tau zoo tshaj, cov tib neeg yuav tsum mus txhaj kom tag cov koob tshuaj uas pom zoo kom lawm mus txhaj. Yog tib neeg mus txhaj kom coob li coob tau, nws yuav pab peb khiav dhau txoj kev muaj kabmob sibkis loj ntawm no.

Tej Yam Uas Xav Tias Yuav Muaj Thaum Koj Mus Txhaj Tag Cov Tshuaj Tiv Thaiv

Cov Teebmeem Uas Nquag Muaj (Tag nrho txhua yam tshuaj tiv thaiv tus kabmob covid-19): Ob peb hnub tom qab mus txhaj tag koob tshuaj tiv thaiv tus kabmob, tej zaum koj yuav hnob mob lossis pom tias ib ncig ntawm lub qhov koob ho o tuaj lossis hnob mob taub hau, qaug zog, mob tej leeg nqaij, xeev siab, lossis ua npaws. Cov teebmeem no yog cov uas qhia tias koj lub cev tab tom tsim cov kab uas yuav los tiv thaiv koj.





Tej Yam Phem Uas Ntxim Yuav Muaj Los Ntawm Txoj Kev Mus Txhaj Tshuaj Tiv Thaiv Kabmob

- **Cov Kev Fab Tshuaj Loj Uas Yeej Tsis Tshua Muaj** (Tag nrho txhua yam tshuaj tiv thaiv tus kabmob covid-19): Yog tias yuav cov kev fab tshuaj uas yeej tsis tshua muaj thiab yeej cia li muaj tam sim, nws yuav muaj nyob rau lub sijhawm li ntawm ob peb feeb mus rau ib teev tom qab mus txhaj koob tshuaj tag, uas yog muaj ua pob xoo lossis ua xua, ua tsis tshua taus pa lossis nqos tsis tshua taus khoom, lub ntsej muag lossis lub caj pa o tuaj, kiv tau hauv, tsam plab, lossis mem tes dhia ceev.
- **Ntshav Tuag Uas Yeej Tsis Tshua Muaj** (Blood Clots (J&J)): Muaj tsawg tsawg tus tib neeg yeej tau muaj ntshav tuag nyob rau thawj ob peb lim piam tom qab mus txhaj tag koob tshuaj tiv thaiv kabmob Johnson & Johnson. Cov kev muaj ntshav tuag ntawm no yog muaj nyob rau ntawm cov hlab ntsha hauv lub paj hlwb, lub plab, lossis ob sab kav ceg, nrog rau cov keeb ntshav (blood cells) uas yuav ua kom tsis txhob los ntshav, thiab qhov teebmeem no yeej ua tau kom muaj mob loj lossis tuag. Feem ntau ntawm cov tib neeg uas muaj cov ntshav tuag ntawm no yog cov pojniam uas tsis tau muaj 50 xyoo. Lawv pib muaj qhov teebmeem no li ntawm 1-2 limpiam tom qab lawv mus txhaj tag koob tshuaj. Txij li thaum pib txhaj los txog tam sim no, peb yeej tsis tau pom cov tib neeg uas lawv mus txhaj cov tshuav tiv thaiv kabmob Pfizer lossis Moderna muaj ntshav tuag li.
- **Kev Mob Cov Leeg Nqaij Thiab Cov Npluag Nqaij Ntawm Lub Plawv Uas Yeej Tsis Tshua Muaj** (Pfizer-BioNTech thiab Moderna): Nws tau muaj ob peb zaug uas cov tib neeg yeej muaj mob rau ntawm cov leeg nqaij thiab npluag nqaij nyob ntawm lub plawv tom qab lawv mus txhaj tag cov tshuaj tiv thaiv tus kabmob covid-19 mRNA (Pfizer thiab Moderna), tshwjkeeb tshaj yog muaj rau cov tub hluas thiab cov tub ntxhais hluas, nquag muaj ntau tshaj rau thaum tom qab neeg mus txhaj tag koob tshuaj tib ob thiab yeej nquag muaj nyob rau hauv lub sijhawm li ntau ntau hnuv tom qab mus txhaj tag. Cov tsos mob yog muaj mob hauv siab, ua tsis taus pa, thiab hnov zoo li lub plawv khiav ceev, khiav tsis tshua taus, lossis sib zog khiav heev li.
- **Tus Kabmob Guillain-Barre Syndrome Uas Yeej Tsis Tshua Muaj** (J&J): Nws muaj ob peb zaug uas cov tib neeg yeej tau muaj tus mob Guillain-Barré Syndrome tom qab lawv mus txhaj tag yam tshuaj tiv thaiv tus kabmob covid-19 Johnson & Johnson. Guillain-Barre Syndrome yog ib yam mob muaj nyob rau ntawm cov hlab paj hlwb uas lub cev rov qab tua cov keeb paj hlwb, uas nws yeej ua tau kom tej leeg nqaij tsis muaj zog lossis muaj tej lub sijhawm, nws yeej ua tau kom tuag tes tuag taw. Cov tib neeg uas lawv tau hais tias lawv muaj tus mob Guillain-Barre Syndrome yog muaj nyob rau lub sijhawm li ntawm 2 limpiam tom qab lawv mus txhaj tag cov tshuaj tiv thaiv tus kabmob covid-19 Johnson & Johnson thiab feem ntau yog cov txiv neej, uas coob tug yog cov muaj hnuv nyoog 50 xyoo thiab laus dua. Koj yuav tsum mus nrhiav kev kho sai yog koj hnov zoo li koj tsis muaj zog lossis hnov zoo li muaj dab tsi pheej nce nce koj ob sab kav ceg, uas tej zaum kuj nce mus rau ntawm koj ob sab caj npab thiab lub cev tog saum.

Mus Nrhiav Kev Kho

Mus nrhiav kev kho sai, lossis hu 9-1-1, yog tias koj muaj cov tsos mob hnyav tom qab koj mus txhaj tag koob tshuaj, zoo li ua pa lossis nqos khoom tau nyuaj, lub ntsej muag lossis caj pas o tuaj, txog siav, mob hauv siab, ob sab kav ceg o tuaj, pheej mob plab tsis zoo, mob taub hau heev, qhov muag pom kev tsis tseeb, tej tawv nqaij doog, lossis pom muaj tej teev ntshav nyob hauv qab koj daim ntawv nqaij. Hu rau lub chaw txhaj tshuaj lossis koj tus kws khomob yog koj muaj ib co tsos mob uas koj txhawj lossis pheej tsis zoo tom qab li ob peb hnuv lawm.

Xav Paub Ntau Tshaj No Ntxiv

Yog koj xav tau kev pab los mus teem sijhawm mus txhaj lossis muaj lus nug, hu (833) 422-4255 lossis mus xyuas ntawm [VaccinateAll58](#) lossis ntawm [CDPH lub vassab](#) (website).