Protect Yourself and Your Family from COVID-19

Get Vaccinated & Boosted – It’s Safe, Effective, and Free
All COVID-19 vaccines currently available in California are safe and effective at preventing serious illness from COVID-19. Vaccination will protect you and those you love. All Californians ages 5+ should get vaccinated. Those eligible should get boosted. To get vaccinated or boosted visit MyTurn.

Wear a Mask When Required and Recommended - and Wear a Good One
California strongly recommends that everyone, regardless of vaccination status, wear a mask in all indoor public settings (like the grocery store). And always choose a good mask. A KN95, KF94, or N95 that fits well is best, or a surgical mask with a cloth mask on top is also a good option. California also requires universal masking in some settings, such as in hospitals and shelters. Keep in mind local areas may have stricter rules than the state. Read our full masking guidance.

Stay Home and Get Tested If You're Sick
Stay home if you’re feeling sick and get tested if you have COVID-19 symptoms, even if you’re vaccinated and boosted. Read our testing guidance.

Ventilate Indoor Spaces
Good indoor ventilation reduces COVID-19 risk. Keep windows and doors open when possible, run heating and air systems, and use portable air cleaners. Read our ventilation fact sheet.

Follow Public Health Travel Guidelines
Follow CDC travel guidelines when traveling locally, domestically and internationally. California strongly recommends masks on public transportation and indoors in U.S. transportation hubs.

Sign Up for CA Notify
If you have a smartphone, sign up for CA Notify, California’s exposure notification tool. If you’ve been exposed to COVID-19, you’ll get an alert and additional information on testing and next steps. Sign up for CA Notify.