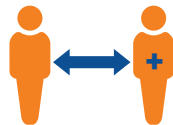


How to safely send your child to school

Keeping schools open for in-person learning promotes the mental, social, emotional and academic well-being of students and families. Parents and guardians can help keep kids healthy by checking regularly for COVID-19 symptoms or exposures.

Check for possible COVID-19 exposure

Close contact is defined as being within 6 feet for a total of 15 minutes or more over a 24-hour period.



If your child has had close contact with someone who tested positive for COVID-19 in the last 10 days, look out for COVID-19 symptoms.



Watch out for COVID-19 symptoms

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



If your child has any of these symptoms...

- 1 Get your child tested for COVID-19 and call their doctor with questions about symptoms or care.
- 2 Keep your child at home until you get their test results.
- 3 Stay in contact with your child's school or doctor to plan a safe return to school.

Visit schools.covid19.ca.gov/pages/parent-page to learn more about school safety measures.

STAY INFORMED AND ENGAGED

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