

Guidance for the Prevention of COVID-19 Transmission for Gatherings



COVID-19 spreads rapidly and is difficult to control at gatherings where people from different household are in the same place at the same time.

Discuss Safety Guidelines in Advance

If you choose to host or attend an in-person gathering, make sure all guests are aware of safety guidelines to prevent the spread:

- **Gathering limits:** For counties in Purple tier, all gatherings must be held outdoors. For counties in Red tier, a maximum of 24 people outdoors and a maximum of 25% room capacity indoors, up to 3 households or 10 people. For counties in Orange tier, a maximum of 50 outdoors and a maximum of 25% room capacity indoors or 25 people, whichever is fewer. For counties in Yellow tier, a maximum of 100 people outdoors and a maximum of 50% room capacity indoors or 50 people, whichever is fewer.
- **Wear masks:** All individuals ages two and older must wear a face covering while at gatherings in line with [CDPH guidance](#).
- **Minimize shared items:** Consider avoiding shared food or drinks. If you choose to share food and drinks, items should be served by someone who washes or sanitizes their hands frequently and who is wearing a face mask. Avoid self-serve items from communal containers.
- **Discourage older adults and people with chronic medical conditions from attending:** older adults and people with chronic medical conditions should not attend any gatherings, especially indoor gatherings.
- **Wash your hands:** often, especially before eating or drinking, and make hand sanitizer available.
- **Keep physical distance:** You must maintain at least 6 feet of physical distance from anyone outside of your household, especially while eating and drinking.
- **Keep gatherings short:** Limit the length of gatherings to a max of two hours.
- **Do not attend if feeling sick:** Anyone with any COVID-19 like symptoms (fever, cough, shortness of breath, tiredness, muscle or body aches, headaches, or loss of sense of taste/smell), must stay home.



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Make Contact Tracing Easy

Before you gather, create a list of attendees with names and contact information. If the host or an attendee gets sick within 48 hours, notify all attendees as soon as possible.

Limit Higher Risk Activities

Activities such as singing, chanting, shouting, cheering or playing wind instruments have increased risk for transmitting COVID-19. These activities are prohibited at indoor gatherings and should follow these guidelines when conducted outside:

- Wear masks and maintain a distance of six feet from anyone not in your household.
- Encourage people to conduct these activities at or below speaking volume.

High-Risk Attendees

People at higher risk of severe illness or death from COVID-19 (such as older adults and people with chronic medical conditions) are strongly urged not to attend any gatherings, especially indoor gatherings. If higher-risk individuals do attend any gatherings, they should do the following to decrease the risk for exposure:

- Spend as much time outside, or near outside air flow, such as open windows or doors, as possible.
- If available, wear a respirator or surgical mask instead of a cloth face covering, and minimize any time at the event with the mask off.
- Remain at least 6 feet, or ideally even farther away from others outside their household as much as possible, especially when people are eating or drinking without masks.
- Spend a shorter time at the gathering than others to reduce potential exposure.

County Health Departments may have additional restrictions on gatherings that should be adhered to. If there is a Stay Home order in place for the state or your county, follow the order to stay home with few exceptions as outlined in the [Stay Home](#) order.

When the Stay Home order has been lifted, the safest way to gather is online or outdoors. Do your part to keep your family and your community healthy.