COVID-19 vaccines are a safe way to protect you and your baby.

Pregnant people who get COVID-19 are at higher risk for severe illness than people who are not pregnant.

Complications due to COVID-19 during pregnancy can lead to:
- hospitalization
- breathing issues which may require a ventilator
- high blood pressure
- bleeding disorders
- preterm delivery
- stillbirth
- death

Protect yourself and your developing fetus against COVID-19 by getting vaccinated and boosted

The best way to protect against COVID-19 is by staying current on COVID-19 vaccines and boosters when eligible. COVID-19 vaccines can lower your chances of getting very sick or needing to be hospitalized from COVID-19. That's why it's recommended by every major maternal health organization.

Vaccines are safe in all three trimesters, and they are FREE.

Talk to your health care provider to discuss which of the available COVID-19 vaccines and boosters are best for you.

Additional information about the COVID-19 vaccine and pregnancy

- Vaccines give you antibodies, which teach your body how to fight against COVID-19.
- Vaccinated pregnant people pass antibodies to their developing fetus in the womb, so the baby is born with some protection from day one.
- Millions of pregnant people have been safely vaccinated against COVID-19.
- Side effects are normal. You may experience body aches, chills, and tiredness. Contact a health care provider if you have any questions or concerning side effects or if you have a fever.
- Visit MyTurn.ca.gov to schedule your vaccine appointment or call a health care provider

Visit this document on the CDPH website