Free COVID-19 Telehealth Options

Tested Positive for COVID-19?

Ask about a prescription for COVID-19 medications, which are safe and effective for preventing serious illness and recommended for most adults and some teens.

Call your health care provider, urgent care center, pharmacy, or the California Department of Public Health Call Center at 833-422-4255. **Act fast, the medications must be started within the first 5 days of symptoms to be effective.**

If you have trouble reaching a health care provider quickly, use these free telehealth options to talk with a provider about a prescription right away. There may be a cost for the medications themselves.

OPTION A

Free COVID-19 Telehealth Service for Californians

Visit **sesamecare.com/covidca** or call **833-686-5051** to make a free phone or video appointment with a health care provider. Available until end of February 2024 in 200 languages.

OPTION B

Free National Home Test to Treat Program

Sign up at **test2treat.org** to make a free phone or video appointment with a health care provider. Free home delivery of medications and free at-home COVID-19 tests are also available. Available until end of June 2024 in English and Spanish.

Scan this QR code for what to do if you test positive for COVID-19.