Animal Poo & You – Staying Healthy Around Your Animals

# **Handwash Hoedown**

Written by

Jordan Brownlee

[snoring]
[door creaks]

[whispering]: OK, the coast is clear.

[music] [crowd cheering and shouting]

#### >> CALLER:

Л

Howdy folks, and welcome to Handwash Hoedown Hall. A place to dance with just your hands, you don't need boots at all.

To do-si-do without any toes is such a sight to see. It just takes 20 seconds, so follow 'long with me.

Rub the soap into your palms, then go and scrub the backs. Interlock your fingers, it's too early to relax.

Clasp your hands together, and clean under your nails. Circle 'round your thumbs, it's a move that never fails.

Once you've scrubbed up to your wrists, then let it all rinse down.

Now that is how you do the handwash...hoedown.

# >> HANDS, SOAPS:

Once you've scrubbed up to your wrists, then let it all rinse down.

Now that is how you do the handwash...hoedown!

J

>> HAND 1: Gee, that sounds like a lot of steps. I mean, what's so important about washing your hands with soap anyway?

## >> CALLER:

Л

The soap we use can help reduce the germs livin' on our skin by linkin' up with water and those nasty pathogens.

Just get one pump, yeah that's enough. Soon it'll be a lock. Now gather up a lather, 20 seconds, start the clock!

Rub the soap into your palms, then go and scrub the backs. Interlock your fingers, it's too early to relax.

Clasp your hands together, and clean under your nails. Circle 'round your thumbs, it's a move that never fails.

Once you've scrubbed up to your wrists, then let it all rinse down.

Now that is how you do the handwash...hoedown.

# >> HANDS, SOAPS:

Once you've scrubbed up to your wrists, then let it all rinse down.

Now that is how you do the handwash...hoedown!

IJ

>> HAND 2: Ok, soap helps get rid of germs, big deal. What does any of this have to do with those farm animals out there?

>> CALLER: I'm glad you asked!

IJ

You'd think it's ick if they got sick from germs you brought inbound,

but it gets worse because it works the other way around. If you touch their swill, you might grow ill when you rub your mouth or eyes, 'specially if you find yourself immunocompromised.

Л

- >> HAND 3: "Immunocompromised"...What's that?
- >> CALLER: You see, everybody has an immune system.

It's a complex network inside your body that helps fight off infections and other diseases. Someone who's immunocompromised has a weak immune system, so they have an even greater chance of gettin' sick.

>> HAND 3: Wow, we wouldn't want that. So, when do hands need to be washed the most?

#### >> CALLER:

J

It would be wise to sanitize your hands before you eat, and before and after pettin' all the animals you meet.

If you're not a pro, just take it slow. It's a habit you should learn. So follow 'long and join the song. That's right, now it's your turn!

### >> ALL:

Rub the soap into your palms, then go and scrub the backs. Interlock your fingers, it's too early to relax.

Clasp your hands together, and clean under your nails. Circle 'round your thumbs, it's a move that never fails.

Once you've scrubbed up to your wrists, then let it all rinse down.

Now that is how you do the hand wash...hoedown.