

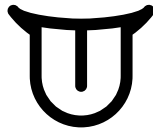
Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Track What You Touch

Think about the different things you touched with your hands today. You may have touched some things without even knowing it! Circle the things below that you touched, or draw them in the empty spaces below. Then tally the number of times you washed your hands today.



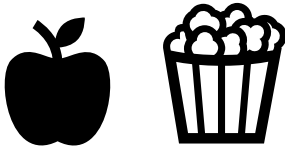
Nose



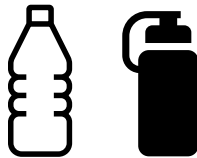
Mouth



Eyes



Food / Snack



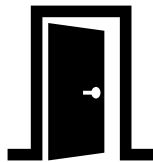
Cup or water bottle



Shoes



Pencil / Pen / Crayon



Door handle



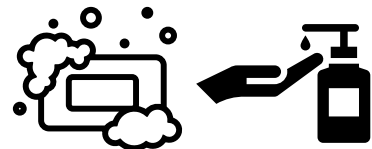
Pet / Animal



Sink or faucet handle



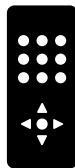
Toilet handle



Soap



Phone



TV remote



Video game controller

(draw item)

(draw item)

(draw item)

How many times today did you wash your hands?

