

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 08/11/2023
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555017		(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 08/09/2023	
NAME OF PROVIDER OR SUPPLIER RIVERWALK POST ACUTE				STREET ADDRESS, CITY, STATE, ZIP CODE 4000 HARRISON STREET RIVERSIDE, CA 92503			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)			ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE
F 000	<p>INITIAL COMMENTS</p> <p>The following reflects the findings of the California Department of Public Health during an Abbreviated Standard Survey for the investigation of one Facility Reported Incident.</p> <p>Facility Reported Incident Number: CA00843904</p> <p>Representing the Department:</p> <p>Health Facility Evaluator Nurses: 29623 and 48562.</p> <p>The inspection was limited to the specific complaint or Facility Reported Incident investigated and does not represent the findings of a full inspection of the facility.</p> <p>One deficiency were identified for the Facility Reported Incident: CA00843904.</p>			F 000			
F 758 SS=D	<p>Free from Unnec Psychotropic Meds/PRN Use CFR(s): 483.45(c)(3)(e)(1)-(5)</p> <p>§483.45(e) Psychotropic Drugs. §483.45(c)(3) A psychotropic drug is any drug that affects brain activities associated with mental processes and behavior. These drugs include, but are not limited to, drugs in the following categories:</p> <ul style="list-style-type: none"> (i) Anti-psychotic; (ii) Anti-depressant; (iii) Anti-anxiety; and (iv) Hypnotic <p>Based on a comprehensive assessment of a resident, the facility must ensure that---</p> <p>§483.45(e)(1) Residents who have not used</p>			F 758			

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

DocuSigned by:
Ben Weis

TITLE
Administrator

(X6) DATE

8/20/23

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 758	<p>Continued From page 1</p> <p>psychotropic drugs are not given these drugs unless the medication is necessary to treat a specific condition as diagnosed and documented in the clinical record;</p> <p>§483.45(e)(2) Residents who use psychotropic drugs receive gradual dose reductions, and behavioral interventions, unless clinically contraindicated, in an effort to discontinue these drugs;</p> <p>§483.45(e)(3) Residents do not receive psychotropic drugs pursuant to a PRN order unless that medication is necessary to treat a diagnosed specific condition that is documented in the clinical record; and</p> <p>§483.45(e)(4) PRN orders for psychotropic drugs are limited to 14 days. Except as provided in §483.45(e)(5), if the attending physician or prescribing practitioner believes that it is appropriate for the PRN order to be extended beyond 14 days, he or she should document their rationale in the resident's medical record and indicate the duration for the PRN order.</p> <p>§483.45(e)(5) PRN orders for anti-psychotic drugs are limited to 14 days and cannot be renewed unless the attending physician or prescribing practitioner evaluates the resident for the appropriateness of that medication. This REQUIREMENT is not met as evidenced by: Based on interview and record review, the facility failed to ensure, for one of three residents reviewed (Resident 1), a consistent monitoring of anxiety behaviors and monitoring of the effectiveness of the medication lorazepam (anti-anxiety medication; generic name for Ativan)</p>	F 758			

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F 758	<p>Continued From page 2</p> <p>was conducted after lorazepam was administered to Resident 1 on May 18, 19, 21, 23, 25, 26, and 29, 2023.</p> <p>This failure had the potential for Resident 1 to receive unnecessary psychotropic medication.</p> <p>Findings:</p> <p>On June 19, 2023, Resident 1's record was reviewed. Resident 1 was admitted to the facility on May 1, 2023.</p> <p>The Social Service Director (SSD) progress note dated May 12, 2023, at 4:48 p.m., indicated Resident 1 was calm and was in no apparent distress. The SSD progress note further indicated Resident 1 denied any feeling of depression or history of anxiety but worried "about her situation."</p> <p>The Psychiatry progress note dated May 15, 2023, indicated Resident 1 was seen by the Physician Assistant (PA). The PA ordered lorazepam 0.5 milligrams (mg- unit of measurement) orally every eight hours as needed (PRN) for anxiety, manifested by (m/b) verbalizations of anxiety. The PA's progress notes further indicated Resident 1 had been reporting that she had some bouts of anxiety and would like to take a medication to help ease her symptoms of anxiousness.</p> <p>The physician orders dated, May 15, 2023, indicated, "...Lorazepam tablet 0.5 mg. Give 1 tablet by mouth every 8 hours as needed for anxiety m/b verbalization of feeling anxious for 14 days..." and; "Behavior monitoring for Ativan (brand name for</p>	F 758			

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F 758	<p>Continued From page 3</p> <p>lorazepam). Monitor for anxiety m/b verbalization of feeling anxious. At the end of each shift, record the # (number) of behaviors- Q (every) shift ..."</p> <p>The electronic Medical Administration Record (eMAR) for May 2023 indicated that Resident 1 did not have verbalizations of anxiety but was given a dose of lorazepam 0.5 mg on the following dates: May 18, 2023, at 3:50 p.m.; May 19, 2023, at 9:39 p.m.; May 21, 2023, at 10:42 p.m.; May 23, 2023, at 8:29 p.m.; May 25, 2023, at 5:00 p.m.; May 26, 2023, at 8:57 p.m.; and May 29, 2023, at 3:36 p.m.</p> <p>In addition, there was no documented evidence non-pharmacological interventions were attempted or provided by the staff prior to the administration of lorazepam and there was no documented evidence the effectiveness of the lorazepam was evaluated by the licensed nurse after it was administered on May 18, 19, 21, 23, 25, 26, and 29, 2023.</p> <p>On June 22, 2023, at 4: 35 p.m., an interview with the Director of Nursing (DON) was conducted. The DON stated the licensed nurses provide non-pharmacological interventions before administering PRN (as needed) medications. The DON further stated the licensed nurses observe and document the effectiveness of the medication and monitoring on the eMAR and progress notes.</p> <p>On July 6, 2023, at 9:00 a.m., the DON was interviewed. The DON stated she spoke with the afternoon licensed nurses regarding the administration of PRN Ativan between May 15</p>	F 758			

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F 758	<p>Continued From page 4</p> <p>and May 29, 2023, for Resident 1. The DON stated the licensed nurses did not document the reason for giving the PRN Ativan to Resident 1 on May 18, 19, 21, 23, 25, 26, and 29, 2023. The DON stated the reason for giving the medication and behaviors (target symptoms such as the verbalization of anxiety) should have been documented in the eMAR or progress notes when the licensed nurses gave the PRN Ativan on those dates.</p> <p>The DON further stated she had reviewed Resident 1's anxiety behavioral monitoring in the eMAR from May 15 to 29, 2023, and acknowledged that the licensed nurse's documentation was inconsistent and stated she could not justify why it was not done.</p> <p>The facility's policy and procedure titled, "Psychotropic Medication Use", dated July 2022 was reviewed. The policy indicated, "...Residents will not receive PRN doses of psychotropic medications unless medication is necessary to treat a specific condition documented in the clinical record ...The staff will observe, document, and report to the attending physician information regarding effectiveness of any interventions, including psychotropic medications ..."</p>			F 758			

Please accept this Plan of Correction as our Credible Allegation Package. The deficiencies will be corrected as specified and they will be monitored to prevent recurrence no later than 8/20/23

Preparation and/or execution of this Plan of Correction does not constitute an admission or agreement by the provider of the truth of the facts alleged or conclusions set forth in the Statement of Deficiencies. This Plan of Correction is prepared and/or executed solely to comply with the provisions of the Health and Safety Code 1280 and 42 C.F.R. 405.1907.

F-758

A) How corrective action(s) will be accomplished for those residents found to have been affected by the deficient practice

- Resident 1 was discharged on 6/22/23 to 3663 La Sierra Ave Riverside, CA 92505 per request.

B) How the facility will identify the residents having the potential to be affected by the deficient practice and what corrective action will be in place.

-Medical records, DON, ADON conducted random chart audit from 6/23/23 to 8/1/23 to verify if the license nurse had failed to properly monitor behaviors of residents receiving anti-psychotic drugs, and if they failed to assess properly the effectiveness of the antipsychotic medications. After reviewing no other resident was affected of the deficient practice.

C) What measure will be put in place or what system changes will the facility make to ensure that the deficient practice does not recur.

- DON and ADON in-serviced license nurses from 8/12/23 to 8/15/23 to ensure that resident's receiving antipsychotic drugs are consistently monitored for behaviors,
- License nurses must observe and monitor the resident for effectiveness of the psychotropic medication and document accordingly.

D) How the facility plans to monitor its performance to make sure that solutions are sustained. The plan must be implemented, and the corrective action evaluated for its effectiveness.

Medical records will audit the charts weekly for missing documentation and follow-ups and report findings to DON, and during monthly QA meetings.

Corrective action will be completed on 8/20/23

In-service Lesson Plan

Program: F-758	Riverwalk Post-Acute
Date: 8/12/23 to 8/15/23	Instructor: Ben Admin, Elma DON, Claudia DSD
Title: Monitor behaviors and effectiveness of Antipsychotic meds	Time: 60min

Student Performance Standard (Objectives)	Course Content	Teaching Methods	Evaluation
<p>License nurses will understand the importance for monitoring the residents' behaviors while on antipsychotic Medication.</p> <p>License nurse will understand the purpose to assess the residents for the effectiveness of antipsychotic meds.</p>	<p>1-license nurses to ensure that resident's receiving antipsychotic drugs are consistently monitored for changes noted in the residents' behaviors,</p> <p>2-License nurses must observe and monitor the resident for the effectiveness of the psychotropic medication and document accordingly.</p> <p>3- Medical records will audit the charts weekly for missing documentation and follow-ups and report findings to DON</p>	Lecture	<p>Evaluation In facility</p> <p>Group Discussion *</p> <p>Verbal quizzes</p>