

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 10/31/2023
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 555659	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 10/30/2023
NAME OF PROVIDER OR SUPPLIER SAN DIEGO POST-ACUTE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 1201 SOUTH ORANGE AVE. EL CAJON, CA 92020		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE	
F 000	INITIAL COMMENTS The following reflects the findings of the California Department of Public Health during an abbreviated survey. Complaint number: 864216 Category: Resident Neglect, Quality of Care and Treatment Representing the California Department of Public Health: Health Facility Evaluator Nurse (HFEN) 46235. The inspection was limited to the specific complaint investigated on 10/19/23 and does not represent the findings of a full inspection of the facility. A deficiency was identified from this investigation. See F 656.	F 000		11/10/23	
F 656 SS=D	Develop/Implement Comprehensive Care Plan CFR(s): 483.21(b)(1)(3) §483.21(b) Comprehensive Care Plans §483.21(b)(1) The facility must develop and implement a comprehensive person-centered care plan for each resident, consistent with the resident rights set forth at §483.10(c)(2) and §483.10(c)(3), that includes measurable objectives and timeframes to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment. The comprehensive care plan must describe the following - (i) The services that are to be furnished to attain or maintain the resident's highest practicable physical, mental, and psychosocial well-being as	F 656			

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

Administrator

(X6) DATE

11/10/2023

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See Instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 656	Continued From page 1 required under §483.24, §483.25 or §483.40; and (ii) Any services that would otherwise be required under §483.24, §483.25 or §483.40 but are not provided due to the resident's exercise of rights under §483.10, including the right to refuse treatment under §483.10(c)(6). (iii) Any specialized services or specialized rehabilitative services the nursing facility will provide as a result of PASARR recommendations. If a facility disagrees with the findings of the PASARR, it must indicate its rationale in the resident's medical record. (iv) In consultation with the resident and the resident's representative(s)- (A) The resident's goals for admission and desired outcomes. (B) The resident's preference and potential for future discharge. Facilities must document whether the resident's desire to return to the community was assessed and any referrals to local contact agencies and/or other appropriate entities, for this purpose. (C) Discharge plans in the comprehensive care plan, as appropriate, in accordance with the requirements set forth in paragraph (c) of this section. §483.21(b)(3) The services provided or arranged by the facility, as outlined by the comprehensive care plan, must- (iii) Be culturally-competent and trauma-informed. This REQUIREMENT is not met as evidenced by: Based on observation, interview and record review, the facility failed to update nutritional care plans for two residents reviewed for care planning. (Resident 5 and Resident 6). Failure to update a care plan related to nutrition had the potential for residents to not receive	F 656		11/10/23	

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F 656	Continued From page 2 appropriate care, treatment, and interventions to provide nutrition and prevent further weight loss. Findings: Resident 5 was admitted to the facility on 10/9/23 with diagnoses including dysphagia, oropharyngeal phase (mouth and/or throat swallowing problem) according to the facility's Admission Record. A review of Resident 5's weight record was conducted. Resident 5's recorded weights in the facility's electronic medical record were as follows: 8/27/23 106.6 pounds (lbs) 9/8/23 110.8 lbs. 9/15/23 106.2 lbs. 9/22/23 100 lbs. 9/29/23 95.8 lbs. The facility's "Weight Variance " Progress Notes (PN) dated 9/21/23 was reviewed. The PN indicated Resident 5's weight on 9/15/23 was 106.2 pounds (lbs.) which indicated, "A significant weight loss of 4.2% in one week. " The PN further indicated Resident 5 was refusing meals. The PN did not have any new interventions or recommendations to address weight loss and refusal of meals. The "IDT (Interdisciplinary Team- members with various areas of expertise who work together toward the goals of their residents) weight variance " PN dated 9/28/23 indicated Resident's	F 656			11/10/23

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F 656	Continued From page 3 weight as 100 lbs. which indicated "5.8% weight loss x 1 week ...(unplanned) ...GWR (goal weight range)120-150 lbs. trays are supplemented with additional foods to promote caloric intake. " During a concurrent review and interview on 10/30/23 at 10:28 A.M. with the MDS (Minimum Data Set: a clinical assessment tool) nurse, the MDS Nurse stated there should have been a new intervention in Resident 5's nutritional care plan to address Resident 5's weight loss. The MDS nurse further stated Resident 5's nutritional care plan did not include the intervention to have additional foods on trays to promote caloric intake. The MDS nurse stated the care plan should have been updated to ensure an updated nutritional interventions were made for Resident 5. Resident 6 was re-admitted to the facility on 2/19/18 with diagnoses including Dysphagia (difficulty swallowing), according to the facility's Admission Record. A review of Resident 6's weight record was conducted. Resident 6's recorded weights in the facility's electronic medical record were as follows: 6/10/23 157.2 lbs. 7/17/23 150.8 lbs. 8/13/23 148.8 lbs. 9/10/23 145.4 lbs. During a review of the facility's "Weight Variance " PN, dated 9/14/23, the PN indicated, "Resident	F 656		11/10/23	

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F 656	Continued From page 4 [6] has had a gradual weight loss over 3 months ...will increase double portions of meals. " A concurrent record review and interview on 10/30/23, at 10:28 A.M. was conducted with the MDS nurse. The MDS nurse stated Resident 6's care plan was initiated on 4/29/22 and was not updated to include increasing double portion of meals. The MDS nurse stated Resident 6's care plan should have been updated since it was the dietician's recommendation, and it was the most relevant information pertaining to the resident's plan of care. A review of the facility' policy and procedure (P&P) titled, "Care Plans, Comprehensive Person-Centered, " dated March 2022 was conducted. The P&P indicated, " ...The comprehensive, person-centered care plan should: a. Include measurable objectives and time frames; b. Describe the services that are to be furnished in an attempt to assist the resident attain or maintain that level of physical, mental and psychosocial wellbeing ... "	F 656			11/10/23

F 656

HOW CORRECTIVE ACTION WILL BE ACCOMPLISHED FOR THE AFFECTED RESIDENT

Resident 5 no longer resides in the facility.

Resident 6's nutrition care plan was reviewed by the IDT and updated on 11/1/23.

HOW OTHER POTENTIALLY AFFECTED RESIDENTS WILL BE IDENTIFIED

All residents have the potential to be affected. A review of all resident's nutrition risk care plans was initiated on 11/1/23 to ensure that a plan of care specific to the resident's individualized nutritional needs was present and up to date. No other residents were found to be affected.

WHAT MEASURES/ SYSTEMIC CHANGES WILL BE PUT IN PLACE TO ENSURE THE DEFICIENT PRACTICE DOES NOT RECUR

In-services with the Registered Dietitians (RD's) Interdisciplinary Team (IDT) members, Minimum Data Set (MDS) nurses, and Licensed Nurse (LNs) were initiated on 10/20/23 regarding updating nutritional care plans.

The clinical team will review residents with weight changes during the clinical review meeting on the next business day following the change in condition to ensure the residents nutritional care plan was updated. Any findings will be immediately corrected. Any RD or LN identified as not updating a nutrition risk care plan following a change of condition or new intervention will be reeducated.

HOW THE FACILITY PLANS TO MONITOR ITS PERFORMANCE TO MAKE SURE THE SOLUTIONS ARE SUSTAINED. THE FACILITY MUST DEVELOP A PLAN FOR ENSURING THAT CORRECTION IS ACHIEVED AND SUSTAINED. THIS PLAN MUST BE IMPLEMENTED AND THE CORRECTIVE ACTION EVALUATED FOR ITS EFFECTIVENESS. THE POC IS INTEGRATED INTO THE QUALITY ASSURANCE SYSTEM.

Medical records will audit 5 residents with weight changes weekly related to the updating nutrition risk care plans for 3 months.

The Assistant Director of Nurses (ADON) will monitor for compliance. Compliance goal will be 100%. Any findings or trends will be reported at the monthly Quality Assurance Meeting for the next 3 months or until 100% compliance is achieved.

COMPLETION DATE

Date of Compliance 11/23/23

1 To 1 Staff In-Service

Date: 10/19/23

Name: Ashton Armstrong

Department: Dietician

TOPIC:

Accelerating Nutritional Careplans With Significant Weight
Changes and As Needed

Presentation Method: Film Lecture: X Hands On: X

Content Summary:

Review, teach, and return demo on how to update & review Nutritional
Careplans

Evaluation Method: Return Demo: X Written Test: Oral Test:

Employee Signature

Ashton Armstrong RD

Date: 11/16/23

Educator Signature:

Jordan Humburg, LNN MDs

Date: 10/19/23

IN-SERVICE SIGN IN SHEET

In Service Course Title: Nutrition Care plan
 Facility Provider Number: _____ Facility Name: San Diego Post Acute
 Instructor Name: Donnika Berry Signature: [Signature]
 Date: 10/20/23 From _____ To _____ Length _____
 Method of Training/In-Service: verbal

	Print Name & Title	Signature	CN
1.	Zoe Mitchell RN	[Signature] RN	RN
2.	Denise Simonson	[Signature]	LVN
3.	Maharanees Lee RN	[Signature] RN	RN
4.	Jordan Humburg LVN	[Signature]	LVN
5.	Tamara Garcia	[Signature]	LVN
6.	Stephanie Garcia	[Signature]	LVN
7.	Shierlyn Belmont	[Signature]	LVN
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			

UPDATED:

Weights Audit

[illegible]

Total

Residents

Medical Records: Audit once a week on completion, report daily in stand up any missing information

RM	Resident	Payer	Doctor	Vax
101	CRUZ, Tom	Hnet Cal	D. Nguyen	B
102	BAHLOUQUIM, Jamal	Medicare	Gessner	B
103	TEHO, Maria	Medicare	Gessner	B
104	DUHAMEL, Selva	Medicare	Gessner	B
105	ESPINOZA, Jose	Medicare	Gessner	B
106	FOUZER, Leonora	Medicare	Gessner	B
107	NEWELL, Margaret	Medicare	Gessner	B
108	SAVIA, Gerilla	Medicare	Gessner	B
109	LENNER, Moe	Medicare	Gessner	B
110	ALFARO, Hoang	Medicare	Gessner	B
111	ALFARO, Jeffrey	Medicare	Gessner	B
112	ALFARO, Jeffrey	Medicare	Gessner	B
113	ALFARO, Jeffrey	Medicare	Gessner	B
114	ALFARO, Jeffrey	Medicare	Gessner	B
115	ALFARO, Jeffrey	Medicare	Gessner	B
116	ALFARO, Jeffrey	Medicare	Gessner	B
117	ALFARO, Jeffrey	Medicare	Gessner	B
118	ALFARO, Jeffrey	Medicare	Gessner	B
119	ALFARO, Jeffrey	Medicare	Gessner	B
120	ALFARO, Jeffrey	Medicare	Gessner	B
121	ALFARO, Jeffrey	Medicare	Gessner	B
122	ALFARO, Jeffrey	Medicare	Gessner	B
123	ALFARO, Jeffrey	Medicare	Gessner	B
124	ALFARO, Jeffrey	Medicare	Gessner	B
125	ALFARO, Jeffrey	Medicare	Gessner	B
126	ALFARO, Jeffrey	Medicare	Gessner	B
127	ALFARO, Jeffrey	Medicare	Gessner	B
128	ALFARO, Jeffrey	Medicare	Gessner	B
129	ALFARO, Jeffrey	Medicare	Gessner	B
130	ALFARO, Jeffrey	Medicare	Gessner	B

Station 1 total:	SNF	SUB	Total
Empty Beds:	2	1	3
Inhouse:	13	2	15
Bedhold:	63	4	67

Station 2 total:	SNF	SUB	Total
Empty Beds:	0	0	0
Inhouse:	0	0	0
Bedhold:	0	0	0

RM	Resident	Payer	Doctor	Vax
201a	SIMMONS, Constance	Medicare	Gessner	B
201b	ANSON, Elnora	Medicare	Gessner	B
202	REYES, Mercedes	Medicare	Gessner	B
203a	BELOUS, Paul	Medicare	Gessner	B
203b	BELOUS, Paul	Medicare	Gessner	B
204	RUGBY, Abraham	Medicare	Gessner	B
205a	SHIFSON, Eileen	Medicare	Gessner	B
205b	HALLAK, Aini	Medicare	Gessner	B
206a	REYES, Mercedes	Medicare	Gessner	B
206b	BAHENA RODRIGUEZ, Daniel	Medicare	Gessner	B
207a	ADAM, Victoria	Medicare	Gessner	B
208a	MACCASTLE, William	Medicare	Gessner	B
208b	FLORES, Danilo	Medicare	Gessner	B
209a	DISNEY, Loree	Medicare	Gessner	B
209b	NIETO JR, Bastio	Medicare	Gessner	B
210a	ADOLEJO, Anthony	Medicare	Gessner	B
210b	MILLAN, Rudy	Medicare	Gessner	B
211a	MAZUR, Bryan	Medicare	Gessner	B
211b	KOPFHO, Charles	Medicare	Gessner	B
212a	MOORE, Rosa	Medicare	Gessner	B
212b	SHEINBERG, Marshall	Medicare	Gessner	B
213a	HANLEY, Roy	Medicare	Gessner	B
213b	JACKSON, Joe Lee	Medicare	Gessner	B
214a	PEREZ, Alejandro	Medicare	Gessner	B
214b	FERRERI, Joseph	Medicare	Gessner	B
215a	RHOADES, Patricia	Medicare	Gessner	B
215b	Jacobs, Sylvia	Medicare	Gessner	B
216a	GOOK, James	Medicare	Gessner	B
216b	ATKINS, Sharon	Medicare	Gessner	B
217a	MACIVER, Robert	Medicare	Gessner	B
217b	BUA, Miguel	Medicare	Gessner	B
217c	TREVINO, Juan	Medicare	Gessner	B
218a	STENZ, Chasul	Medicare	Gessner	B
218b	SUPPING, Felipe	Medicare	Gessner	B
219a	MARTIN, John	Medicare	Gessner	B
219b	RIO, Robert	Medicare	Gessner	B
220a	OUTIGUA, Ronnie	Medicare	Gessner	B
220b	SCHENCK, Russell	Medicare	Gessner	B
221a	ENDEKING, Roger	Medicare	Gessner	B
221b	MEZA, Donaciano	Medicare	Gessner	B
221c	GOLE, Keith	Medicare	Gessner	B
222a	BOVIE, Steven	Medicare	Gessner	B
222b	ALVAREZ, Victor	Medicare	Gessner	B
223a	BROWN, Donald	Medicare	Gessner	B
223b	FRUTIZ, Jose	Medicare	Gessner	B
224a	OFER, Juan	Medicare	Gessner	B
224b	GAMBLE, Linda	Medicare	Gessner	B
225a	CHAMBERS, Bernice	Medicare	Gessner	B
225b	CALDWELL, Sandra	Medicare	Gessner	B
226a	FLANAGAN, James	Medicare	Gessner	B
226b	ANTHONY, Dominique	Medicare	Gessner	B
227a	AGUIRRE, Noemi	Medicare	Gessner	B
227b	HERNANDEZ, Maria	Medicare	Gessner	B
228a	ROJAS, Teodoro	Medicare	Gessner	B
228b	SALAS, Maria	Medicare	Gessner	B
229a	GROW, Andrew	Medicare	Gessner	B

Station 3 total:	SNF	SUB	Total
Empty Beds:	0	0	0
Inhouse:	57	0	57
Bedhold:	0	0	0

Station 4 total:	SNF	SUB	Total
Empty Beds:	0	0	0
Inhouse:	57	0	57
Bedhold:	0	0	0

RM	Resident	Payer	Doctor	Vax
401a	MINATRA, Roy	Medicare	Gessner	B
401b	HERNANDEZ, Jose	Medicare	Gessner	B
402a	GALVEZ, Evaristo	Medicare	Gessner	B
402b	FRANCO, Debra (CB)	Medicare	Gessner	B
403a	SMITH, Kelly (CB)	Medicare	Gessner	B
403b	CLARK, Victor (CB)	Medicare	Gessner	B
404a	CATES, Gregory	Medicare	Gessner	B
404b	ALFARO, Jeffrey	Medicare	Gessner	B
405a	ALFARO, Jeffrey	Medicare	Gessner	B
405b	ALFARO, Jeffrey	Medicare	Gessner	B
406a	ALFARO, Jeffrey	Medicare	Gessner	B
406b	ALFARO, Jeffrey	Medicare	Gessner	B
407a	WHITNEY, Tracy	Medicare	Gessner	B
407b	SNYDER, Diane	Medicare	Gessner	B
408a	ALFARO, Jeffrey	Medicare	Gessner	B
408b	ALFARO, Jeffrey	Medicare	Gessner	B
409a	ALFARO, Jeffrey	Medicare	Gessner	B
409b	ALFARO, Jeffrey	Medicare	Gessner	B
409c	ALFARO, Jeffrey	Medicare	Gessner	B
410a	ALFARO, Jeffrey	Medicare	Gessner	B
410b	ALFARO, Jeffrey	Medicare	Gessner	B
411a	ALFARO, Jeffrey	Medicare	Gessner	B
411b	ALFARO, Jeffrey	Medicare	Gessner	B
412a	ALFARO, Jeffrey	Medicare	Gessner	B
412b	ALFARO, Jeffrey	Medicare	Gessner	B
413a	ALFARO, Jeffrey	Medicare	Gessner	B
413b	ALFARO, Jeffrey	Medicare	Gessner	B
414a	ALFARO, Jeffrey	Medicare	Gessner	B
414b	ALFARO, Jeffrey	Medicare	Gessner	B
415a	ALFARO, Jeffrey	Medicare	Gessner	B
415b	ALFARO, Jeffrey	Medicare	Gessner	B
416a	ALFARO, Jeffrey	Medicare	Gessner	B
416b	ALFARO, Jeffrey	Medicare	Gessner	B
417a	ALFARO, Jeffrey	Medicare	Gessner	B
417b	ALFARO, Jeffrey	Medicare	Gessner	B
418a	ALFARO, Jeffrey	Medicare	Gessner	B
418b	ALFARO, Jeffrey	Medicare	Gessner	B
419a	ALFARO, Jeffrey	Medicare	Gessner	B
419b	ALFARO, Jeffrey	Medicare	Gessner	B
420a	ALFARO, Jeffrey	Medicare	Gessner	B
420b	ALFARO, Jeffrey	Medicare	Gessner	B
421a	ALFARO, Jeffrey	Medicare	Gessner	B
421b	ALFARO, Jeffrey	Medicare	Gessner	B
422a	ALFARO, Jeffrey	Medicare	Gessner	B
422b	ALFARO, Jeffrey	Medicare	Gessner	B
423a	ALFARO, Jeffrey	Medicare	Gessner	B
423b	ALFARO, Jeffrey	Medicare	Gessner	B
424a	ALFARO, Jeffrey	Medicare	Gessner	B
424b	ALFARO, Jeffrey	Medicare	Gessner	B
425a	ALFARO, Jeffrey	Medicare	Gessner	B
425b	ALFARO, Jeffrey	Medicare	Gessner	B
426a	ALFARO, Jeffrey	Medicare	Gessner	B

COLOR KEY	
Vacant Room	COVID DINING
COVID ISOLATION	CR/CB
New Resident To SDPAC	Medicare Waiver
VENT & TRACH SNAPSHOT	
Subacute total	14
True Sub Acute Percentage	42.4%

Station 4:	SNF	SUB	Total
Empty Beds:	0	0	0
Inhouse:	55	0	55
Bedhold:	1	0	1

San Diego Post Acute In-Service Sign In Sheet

Subject: Weight Variance
 Facility Provider Name: San Diego Post Acute Center
 Instructor Name: Hegon Panares Signature: _____
 Date: _____ Begin: _____ End: _____ Length: 1 hr
 Method of Training/In-Service: Lecture / Q & A

Print Name and Title	CNA Certificate Number	Signature
Hazel Reyes	CNA	Hazel Reyes
Norma Villanueva	CNA	[Signature]
Rafael Estrada	CNA	[Signature]
Lorena Santillan	RNA/CNA	[Signature]
Maria E. Robledo	CNA	[Signature]
Brenda Salazar	CNA	[Signature]
Pablo Sibrian	RNA/CNA	[Signature]
GABRIELA N. AQUILAR	CNA	[Signature]
Ruth [unclear]	RNA/CNA	[Signature]
[unclear] + [unclear]	CNA	[Signature]
Denise Symons	LVN UM	[Signature]
Maribel Paez	CNA	[Signature]
Cynthia Remero	LVN IP	[Signature]
Selina Garza	CNA	[Signature]
Shierlyn Belmonte	LVN UM	[Signature]
2 RN Jany Mitchell	RN UM	2 RN
Rosendo Gallegos LVN	LVN	[Signature]
Tyana Warsaw	RNA/CNA	[Signature]
Ysabel Avila	CNA	[Signature]
Mendoza, Fidelina	CNA	[Signature]
Appelqvist Tisha	CNA	[Signature]
emely rendon reyes	CNA	[Signature]
[unclear] Oron	CNA	[Signature]
Stacey Ottedahl	CNA	[Signature]
Nottingham Brizema	CNA	[Signature]
Jenna [unclear]	CNA	[Signature]
Janine Cabrera, LVN	LVN	[Signature]

San Diego Post Acute In-Service Sign In Sheet

Subject: _____

Facility Provider Name: _____

Instructor Name: _____ Signature: _____

Signature: _____
Begin: _____ End: _____ Length: _____
Method of Training/In-Service: _____

Method of Training/In-Service: _____

[illegible]

Inservice Sign-in Sheet

Subject: Weight Variance
 Facility Provider Number: 0311
 Instructor Name: Keyan Parares
 Signature: _____
 Date: _____ From 1000 To 1100 Length 1 HR
 Method of Training / Inservice: Lecture Q & A

Print Name & Title	Signature
1. JUVANNE C. PARAYPAYAN DIETARY DISCHARGE	<u>[Signature]</u>
2. KARLA TORRES CNA/Staffing	<u>[Signature]</u>
3. DeJah Williams CNA	<u>[Signature]</u>
4. Fabiola Cavanze receptionist activities assistant	<u>[Signature]</u>
5. Evelyn Villavicencio DIETARY Aide	<u>[Signature]</u>
6. Maria Rosas CNA	<u>[Signature]</u>
7. Aurora C. Quintana CNA	<u>[Signature]</u>
8. Marites De Guzman CNA	<u>[Signature]</u>
9. Alona Saloner CNA	<u>[Signature]</u>
10. Chris Bracy CNA	<u>[Signature]</u>
11. Brandon Wilmarth CNA	<u>[Signature]</u>
12. TROBADA ROYALIE LVN	<u>[Signature]</u>
13. SILVIA BARRIOS CNA	<u>[Signature]</u>
14. Mary Ann Delute CNA	<u>[Signature]</u>
15. MARVIN AQUINO CNA	<u>[Signature]</u>
16. Remy Betron CNA	<u>[Signature]</u>
17. Mariana Pantoja Valadez LVN	<u>[Signature]</u>
18. Army Small LVN	<u>[Signature]</u>
19. LEAN PAOLO EBALO LVN	<u>[Signature]</u>
20. MARIA FIGUEROA RN	<u>[Signature]</u>
21. AIDA MARCH CNA	<u>[Signature]</u>
22. Marisa Campos-Santiago CNA	<u>[Signature]</u>
23. Angelica Gordon CNA	<u>[Signature]</u>

EDUCATION PROGRAM
LESSON PLAN

DATE: 11/07/2023

Time began: 1100 Time End: 1100

Instructor Name/Title: Megan Sanders

Signature: _____

Course Subject: _____

Facility Provider Number: F030

Course Objectives / Performance Standard	Course Content	Teaching Methods	Methods of Evaluation
By the end of this in service Direct Care Staff will: 1. Acknowledge that we are all responsible for our Residents weights and care plans. 2. Understand the weight variance policy 3. C.N.A, RD, and Licensed Nurses will be able to state the procedures of the weight variance program 4. Nurses, RD, and IDT team will verbalize understanding of updating the Nutritional care plan with any new approaches or goals	1. Obtain weights upon admission, monthly, quarterly and as needed 2. Identify Weight discrepancies and address in IDT meeting 3. Update care plan with new goals 4. Request the nurse to visualize the weight discrepancy when being weighed.	Lecture	Question and Answer.



State of California-Health and Human Services Agency
California Department of Public Health



GAVIN NEWSOM
Governor

TOMÁS J. ARAGÓN, M.D., Dr.P.H.
Director and State Public Health Officer

October 31, 2023

Letter 4

IMPORTANT NOTICE - PLEASE READ CAREFULLY
ENFORCEMENT CYCLE START DATE: October 30, 2023

Jason Collier, Administrator
San Diego Post-Acute Center
1201 South Orange Ave.
El Cajon, CA 92020-7521

Dear Administrator:

On October 30, 2023, a standard survey/abbreviated survey for complaint/entity reported incident no. CA00864216 was conducted at your facility by the California Department of Public Health, Center for Health Care Quality (State Agency), to determine if your facility was in compliance with federal participation requirements for nursing homes participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiency(ies) to be:

☒ Isolated deficiencies that constitute no actual harm with potential for more than minimal harm that is not immediate jeopardy, as evidenced by the enclosed "Statement of Deficiencies and Plan of Correction" form, whereby corrections are required (D).

☐ A pattern of deficiencies that constitute no actual harm with potential for more than minimal harm that is not immediate jeopardy, as evidenced by the enclosed "Statement of Deficiencies and Plan of Correction" form, whereby corrections are required (E).

The enclosed Centers for Medicare and Medicaid Services (CMS) form, entitled "Statement of Deficiencies and Plan of Correction" (CMS-2567), documents the deficiencies of participation requirements identified during this visit. All references to regulatory requirements contained in this letter are found in Title 42, Code of Federal Regulations (CFR).



Plan of Correction (POC)

A POC for the deficiencies must be submitted within **ten (10) days from receipt of the CMS- 2567**. Failure to submit an acceptable POC by the due date will result in remedies being recommended for imposition by the CMS and/or the State Medicaid Agency effective as soon as notice requirements are met.

Please submit the POC in the same method in which you received the CMS-2567 (i.e., ePOC, RSS, or mail).

For abbreviated standard surveys conducted in the RSS complaint/FRI survey application, please follow the instructions below for submitting the signed CMS 2567 and POCs to CDPH electronically through RSS.

1. In RSS, select the “Details” tab to review the cover letter and download a copy of the CMS 2567, which you will need to sign and upload in the next step. This will send the signed CMS 2567 back to CDPH electronically, without the need to mail or email it.
2. The “People” tab, “Responsible People” section provides the list of persons at the facility who have access to the investigation and can submit Plans of Correction for deficiencies.
3. The “Incidents” tab lists deficiencies identified that require the submission of a Plan of Correction.
4. To enter a Plan of Correction:
 - a. Select the deficiency
 - b. Select the blue “Resolve” button
 - c. Select the paper clip icon to attach the signed copy of the CMS 2567 with Plan of Correction.
 - d. In addition, open a “Comments” field, copy and paste the Plan of Correction into the field. Please enter the Plan of Correction in the “Comments” field only if it is ready to be sent, not a draft in progress, as clicking “Save” will send the Plan of Correction to CDPH.
 - e. Select Save
5. If there are multiple deficiencies, repeat the steps above for each deficiency.

Your POC must be submitted on the enclosed CMS-2567 form and must contain the following:

- How corrective action(s) will be accomplished for those residents found to have been affected by the deficient practice;
- How the facility will identify other residents having the potential to be affected by

October 31, 2023

the same deficient practice and what corrective action will be taken;

- What measures will be put into place or what systemic changes the facility will make to ensure that the deficient practice does not recur;
- How the facility plans to monitor its performance to make sure that solutions are sustained. The facility must develop a plan for ensuring that correction is achieved and sustained. This plan must be implemented, and the corrective action evaluated for its effectiveness. The POC is integrated into the quality assurance system; and
- Include dates when corrective action will be completed. The corrective action completion dates must be acceptable to the State Agency.

Remedies will be recommended for imposition by the CMS Regional Office and/or the State Medicaid Agency if your facility has failed to achieve substantial compliance by **November 30, 2023**.

Recommended Remedies

The remedies, which will be recommended if substantial compliance has not been achieved by **November 30, 2023**, include the following:

[X] A civil money penalty will be recommended to CMS Regional Office if substantial compliance has not been achieved (§488.430).

We are also recommending to the CMS Regional Office and/or the State Medicaid Agency that your provider agreement be terminated on **April 30, 2024**, if substantial compliance is not achieved by that time.

Denial of Payment for New Admissions (DPNA)

Based on deficiencies cited during this survey and as authorized by CMS San Francisco Regional Office, we are giving formal notice of imposition of statutory DPNA effective **January 30, 2024**. This remedy will be effectuated on the stated date unless you demonstrate substantial compliance with an acceptable POC and subsequent revisit. This notice in no way limits the prerogative of CMS to impose discretionary DPNA at any appropriate time.

CMS Regional Office will notify your intermediary and the Medicaid Agency. If effectuated, denial of payment will continue until your facility achieves substantial Compliance or your provider agreement is terminated. Facilities are prohibited from billing those Medicare/Medicaid residents or their responsible parties during the denial period for services normally billed to Medicare or Medicaid.

FILING AN APPEAL

If you disagree with the determination of noncompliance (and/or substandard quality of care resulting in the loss of your Nurse Aide Training and Competency Evaluation Program (NATCEP), if applicable), you or your legal representative may request a hearing before an administrative law judge of the U.S. Department of Health and Human Services, Departmental Appeals Board. Procedures governing this process are set out in 42 CFR §498.40, et. seq. You may appeal the finding of noncompliance that led to an enforcement action, but not the enforcement action or remedy itself. A request for a hearing should identify the specific issues, and the findings of fact and conclusions of law with which you disagree. It should also specify the basis for contending that the findings and conclusions are incorrect. You may have counsel represent you at a hearing (at your own expense). Requests for a hearing submitted by U.S. mail or commercial carrier are no longer accepted unless you do not have access to a computer or internet service. **You must file your hearing request electronically by using the Departmental Appeals Board's Electronic Filing System (DAB E-File) at <https://dab.efile.hhs.gov> no later than 60 days from the date of receipt of this letter.**

When using DAB E-File for the first time, you will need to create an account by a) clicking Register on the DAB E-File home page; b) entering the requested information on the Register New Account form; and c) clicking Register Account at the bottom of the form. Each representative authorized to represent you must register separately to use the DAB E-File on your behalf.

The e-mail address and password given during registration must be entered on the login screen at: https://dab.efile.hhs.gov/user_sessions/new to access DAB E-File. A registered user's access to DAB E-File is restricted to the appeals for which he/she is a party or an authorized representative. You can file a new appeal by a) clicking the *File New Appeal* link on the Manage Existing Appeals screen; then b) clicking *Civil Remedies Division* on the File New Appeal screen; and c) entering and uploading the requested information and documents on the File New Appeal-Civil Remedies Division form.

The Civil Remedies Division (CRD) requires all hearing requests to be signed and accompanied by the notice letter from CMS that addresses the action taken and your appeal rights. All submitted documents must be in Portable Document Format (PDF). Documents uploaded to DAB E-File on any day on or before 11:59p.m. ET will be considered to have been received on that day. You will be expected to accept electronic service of any appeal-related documents filed by CMS or that the CRD issues on behalf of the Administrative Law Judge (ALJ) via DAB E-File. Further instructions are located at: https://dab.efile.hhs.gov/appeals/to_crd_instructions. Please contact the Civil Remedies Division at (202) 565-9462 if you have questions regarding the DAB E-Filing System. If you experience technical issues with the DAB E-Filing System, please contact E-File System Support at OSDABImmediateOffice@hhs.gov or call (202) 565-0146 before 4:00p.m. ET.

October 31, 2023

If you do not have access to a computer or internet service, you may call the Civil Remedies Division at (202) 565-9462 to request a waiver from e-filing and provide an explanation as to why you cannot file electronically or you may mail a written request for a waiver along with your written request for a hearing. A written request for a hearing must be filed no later than 60 days from the date of receipt of this letter by mailing to the following address:

Department of Health & Human Services
Departmental Appeals Board, MS 6132
Director, Civil Remedies Division
330 Independence Avenue, S.W.
Cohen Building – Room G-644
Washington, D.C. 20201

In addition, please email a copy of your request to Western Division of Survey and Certification-San Francisco at ROSFEnforcements@cms.hhs.gov.

Allegation of Compliance

If you believe these deficiencies have been corrected, you may submit your POC as your allegation of compliance to Donna Loza, RN, California Department of Public Health, Licensing and Certification Program, San Diego District Office 7575 Metropolitan Dr. Suite 211 San Diego, CA 92108. We may accept your POC as your allegation of compliance and presume compliance until substantiated by a revisit or other means. In such a case, neither the CMS Regional Office nor the State Medicaid Agency will impose the previously recommended remedy(ies) at that time.

If, upon a subsequent revisit or by other means it is determined your facility has not achieved substantial compliance, we will recommend the remedies previously mentioned in this letter be imposed by the CMS Regional Office beginning on **October 30, 2023**, and continue until substantial compliance is achieved. Additionally, the CMS Regional Office may impose a revised remedy(ies), based upon changes in the seriousness of the noncompliance at the time of the revisit, if appropriate.

Informal Dispute Resolution

In accordance with §488.331, you have one (1) opportunity to question cited deficiencies through an informal dispute resolution process. To be given such an opportunity, you are required to send your written request, along with the specific deficiencies being disputed, and relevant information (evidence) as to why you are disputing those deficiencies to Donna Loza, RN, California Department of Public Health, Licensing and Certification Program, San Diego District Office 7575 Metropolitan Dr. Suite 211 San Diego, CA 92108.

This request must be sent during the same ten (10) days you have for submitting a POC for the cited deficiencies. An informal dispute resolution for the cited deficiencies will not delay the imposition of the recommended enforcement actions.

A change in the seriousness of the noncompliance may result in a change in the remedy selected. When this occurs, you will be advised of any change in remedy.

Should CMS determine that termination or any other remedy is warranted, they will provide you with a separate formal notification of that determination.

If you have questions concerning the instructions contained in this letter, please contact Kyle Escobar-Humphries, RN, Health Facilities Evaluator Supervisor, at (619) 278-3700.

Sincerely,

Donna Loza

Donna Loza, RN
District Manager

Enclosure: CMS-2567