✓ Submit questions via Q&A

✓ Use the chat feature to participate in the discussion
Who? What? Wear?:
Personal Protective Equipment in Skilled Nursing Facilities
Objectives

• Describe how to select appropriate personal protective equipment (PPE)
• Discuss the consequences of incorrect PPE use
• Review how to correctly put on (don) and safely take off (doff) PPE
Appropriate PPE Use Matters

- By correctly donning and doffing PPE, you reduce the risk of spreading illness and germs to:
  - Yourself
  - Your Family
  - Your Friends
  - Your Residents
  - Your Co-Workers
  - Your Community

- Long-term conditions may result from a failure to protect yourself
Dress for Success

• Use the right PPE for the situation
• Types of PPE
  - Gloves
  - Gowns
  - Face masks and respirators
  - Goggles and face shields
Select the Appropriate Type of PPE

• Consider risk of exposure
  – Contaminated surfaces, bodily fluid exposure
  – Isolation precautions (contact, droplet, or airborne)

• Ensure fit
  – Respirator or N95 face mask
  – Glove size
  – Gown size
What Are Some Barriers That Prevent You From Dressing for Success?

Please place your answer to the question in the chat box.
Why Does Order Matter?
Donning PPE

1. Perform hand hygiene
2. Gather PPE
3. Put on gown
4. Put on respirator or face mask
5. Put on goggles or face shield
6. Put on gloves
doffing PPE

Step 1: remove gown & gloves
Step 2: perform hand hygiene
Step 3: remove goggles or face shield
Step 4: remove respirator or mask
Step 5: perform hand hygiene
Hartman Publishing PPE Video
(hartmanonline.com/Videos/)
Skills Check

If at any point your gloves become contaminated while donning your PPE, what should you do?

a) Dispose of them, perform hand hygiene and then replace them with new gloves

b) Put another pair of gloves on over the contaminated pair

c) Wash your gloves and continue donning

d) Dispose of them, and continue your task without gloves
Skills Check: Answer

If at any point your gloves become contaminated while donning your PPE, what should you do?

  a) Dispose of them, perform hand hygiene and then replace them with new gloves
Dos and Don’ts of Glove Use

• Do
  – Change gloves between dirty and clean tasks
  – Discard used gloves
  – Limit opportunities for “touch contamination”

• Don’t
  – Wash or reuse disposable gloves
Clean and Dirty Areas of PPE

- Dirty areas are likely to have been in contact with body fluids or environmental surfaces
- Watch for accidental self-contamination
Oops!... I Did It Again

- Common mistakes made with PPE
  - Double gloving
  - Improper gown tying
  - Missed hand hygiene opportunities
    - Not performing hand hygiene before AND after PPE
  - Inappropriate mask wearing
    - Masks not covering nose and mouth
Summary

• Each situation may require a different set of PPE
• Donning and doffing PPE in the correct order is important
• Perform hand hygiene before donning and after doffing PPE
Resources

Centers for Disease Control and Prevention | Using PPE

Centers for Disease Control and Prevention | Influenza (Flu)
(www.cdc.gov/flu/professionals/infectioncontrol/healthcaresettings.htm)

CDC Project Firstline Webpage
(www.cdc.gov/infectioncontrol/projectfirstline/about.html)
Next Steps

- Fill out the post-training evaluation
- Join us for Office Hours August 20\textsuperscript{th} & 27\textsuperscript{th} from 12-1 pm
  (See confirmation email for meeting link)
- Save the dates for September training sessions on Bathing and Dressing Residents
- Visit [CDPH HAI Program’s Project Firstline website](www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/ProjectFirstline.aspx)
Questions?

For more information, contact

ProjectFirstline@cdph.ca.gov