FAQ

Module 6 IPC While Positioning & Transferring Residents

Facilitator notes: Each Project Firstline CNA module is designed to provide 30 minutes of training content with optional post-training discussion using the *FAQ* files. Use any or all FAQ below to initiate further discussion among CNA after trainings, during huddles or team meetings, etc.

1. Can CNAs use a rubbing technique on residents' skin to promote circulation around the reddened areas?

CNAs may give frequent, thorough skin care as often as needed for residents. Massage their skin gently using light, circular strokes to increase circulation. Do not massage bony areas. Do not massage a white, red, or purple areas or put any pressure on it. Massage the *healthy* skin and tissue around the area.

- 2. What should I do if a skin tear occurs when I am transferring a resident?

 Tell the nurse. If it is bleeding, put gentle pressure on it until the nurse gets there.
- 3. How do I move a resident who is on Transmission-Based Precautions?

Try to limit their transport outside of their room. When you absolutely must move a resident on Transmission-Based Precautions out of their room to another part of your facility, remember to cover any infected areas of the resident's body to contain fluid or discharge, and to prevent the infected areas from being exposed to the surrounding air. The resident must wear a mask while being moved to another part of the facility if they are coughing, sneezing, or on droplet or airborne precautions.

4. What can I do as a CNA when residents must leave their room to go to another department?

Provide good hand-off communication to other staff about the type of isolation precautions. This may include verbal, written, or electronic notifications. As a CNA, you should understand and follow these instructions.

References

- About Project Firstline | Centers for Disease Control and Prevention (CDC) (www.cdc.gov/infectioncontrol/projectfirstline/about.html)
- Infection Control Basics | Centers for Disease Control and Prevention (CDC)
 (www.cdc.gov/infectioncontrol/basics/index.html)

 Pressure Ulcers Among Nursing Home Residents | Centers for Disease Control and Prevention (CDC)

(www.cdc.gov/nchs/products/databriefs/db14.htm)

<u>Preventing the Most Common HAI | California Department of Public Health (CDPH)</u>
 (www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/SNF_PreventingCommonHAI.aspx)