

# Hand Hygiene Pre/Post Test

1. When should healthcare workers perform hand hygiene?
  - ☐ Before patient/resident contact
  - ☐ Before performing clean or aseptic tasks; between moving from a dirty to clean site
  - ☐ After patient/resident contact
  - ☐ After contact with blood, body fluids, mucous membranes or non-intact skin/wounds
  - ☐ After touching the care environment
  - ☐ All of the above
2. When using personal protective equipment (PPE), a healthcare provider should perform hand hygiene:
  - ☐ a. Before donning PPE
  - ☐ b. After PPE removal
  - ☐ c. Both a and b
  - ☐ d. None of the above because gloves are a substitute for performing hand hygiene
3. Select the minimum number of hand hygiene opportunities in the following scenario: A healthcare worker enters a patient room and performs a suctioning procedure. They then move to perform a wound dressing procedure on the same patient.
  - ☐ 1
  - ☐ 2
  - ☐ 3
  - ☐ 4
4. Alcohol-based hand rub (ABHR) is the preferred method for hand hygiene when hands are not visibly soiled.
  - ☐ True
  - ☐ False
5. Healthcare workers must use soap and water after every 5-10 uses of ABHR.
  - ☐ True
  - ☐ False

# Answer Key

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Explanation: 1) before entering room, 2) before putting on gloves for suctioning, 3) after removing gloves and putting new pair of gloves proceeding immediately to the dressing, and 4) after dressing and removing the gloves.
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  - ☐ False
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  - ☐ False