



5 Moments for Hand Hygiene

Clean hands with alcohol-based hand rub or soap & water:

1 Before touching a patient

2 Before clean/aseptic procedures

3 After body fluid exposure risk

4 After touching a resident

5 After touching resident surroundings

Visit the Project Firstline website
to learn more!

(www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/ProjectFirstline.aspx)



**PROJECT
FIRSTLINE**

CDC's National Training Collaborative
for Healthcare Infection Prevention & Control



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