



5 Moments for Hand Hygiene

Clean hands with alcohol-based hand rub or soap & water:

- 1 Before touching a patient
- 2 Before clean/aseptic procedures
- 3 After body fluid exposure risk
- 4 After touching a resident
- 5 After touching resident surroundings



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Enhanced Barrier Precautions



Clean hands & don gloves/gown during:

- 1 Morning and evening care
- 2 Toileting & changing incontinence briefs
- 3 Device care or use
- 4 Wound care
- 5 Transferring & preparing to leave resident's room



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Environmental Cleaning for CNAs

CNA & EVS staff can work together to ensure rooms, surfaces, and devices are cleaned and disinfected.

Cleaning: the physical removal of all visible and invisible soil (e.g., dust, soil, blood, germs, etc.)

Disinfection: the chemical process of killing germs on surfaces

CNAs Can Make an Impact By:

- Helping clean and disinfect high-touch surfaces (e.g., call lights, doorknobs, light switches, etc.)
- Helping clean spills, etc. when EVS staff are not available.
- Reading labels and knowing contact/wet times for disinfectants at your facility



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Reusable Medical Device Reprocessing

Some devices, like wheelchairs, walkers, thermometers, and blood pressure cuffs may be used for multiple residents.

- ✓ Perform hand hygiene before and after using devices
- ✓ Keep dirty and clean medical devices separate to avoid cross-contamination
- ✓ Clean and disinfect reusable items between each resident



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