Transcript

Why does the adolescent birth rate continue to decline?

Structural, social, economic, and individual factors influence the adolescent birth rate. On a national level, and in California, evidence suggests that adolescent birth rates are declining largely because more youth are using contraception, including long-acting reversible contraception, known as LARC methods. Youth also appear to be delaying sexual intercourse. In addition, public health prevention strategies, comprehensive evidence-based sexual health education and support programs, outreach around reproductive rights, and improved access to clinical services have contributed to improved sexual and reproductive health outcomes for all youth in California.