



Sudden Infant Death Syndrome/ Sudden Unexpected Infant Death (SIDS/SUID) Peer Grief Support Services

Throughout California non-profit volunteer peer support groups offer an array of services for those experiencing an infant loss due to Sudden Infant Death Syndrome (SIDS) or other sudden unexpected infant death (SUID). Volunteers are trained SIDS/SUID parents, family members, foster parents and/or childcare providers who have received specialized grief training to assist other bereaved individuals. Services include bereavement support groups, individual peer counseling and/or online support. Please contact the local grief group directly to inquire about meeting times/location and to obtain further information about their support and services.

Northern California

Center for Grief and Healing - Angel Babies

Kathy Cromwell
2490 West Shaw Avenue, Suite 101
Fresno, CA 93711
Phone: (559) 248-8579
E-Mail: kcromwell@hindshospice.org
Website: www.hindshospice.org/angel-babies--bebitos-angelitos.html
Facebook: www.facebook.com/angelbabiesofhindshospice
Counties/Areas Served: Fresno, Madera, Merced County and surrounding areas

HAND (Helping After Neonatal Death) of Santa Clara County

PO Box 341
Los Gatos, CA 95031
Phone: 1-888-908-HAND (4263)
Website: www.handonline.org
Facebook: www.facebook.com/handonline
Counties/Areas Served: Alameda, Santa Clara, and part of the Central Valley

HAND (Helping After Neonatal Death) of the Peninsula

PO Box 3693
Redwood City, CA 94064
Phone: (650) 367-6993
E-Mail: info@handsupport.org
Website: www.HANDsupport.org
Facebook: www.facebook.com/handsupport
Counties Served: Santa Cruz, San Mateo, San Francisco, Marin and Sonoma

Share Pregnancy & Infant Loss Support

Megan Heddlesten
55 Trumpet Vine St.
Ladera Ranch, CA 92694
Phone: (800) 821-6819
Alternate Phone: (949) 222-6604
E-mail: healingheartsshare@cox.net
Facebook: www.facebook.com/HealingHeartsShare
Counties/Areas Served: Orange County

Sharing Parents of Sacramento

PO Box 19538
Sacramento, CA 95819-0538
Phone: (916) 424-5150
E-Mail: hello@sharingparents.org
Website: www.sharingparents.org
Facebook: www.facebook.com/SharingParentsofSacramento
Counties/Areas Served: Sacramento and surrounding counties

Southern California

A New Normal - Child Loss Support Group

Rachel Strickland
Phone: (714) 305-0421
E-Mail: rstrickland41@gmail.com
Call or email for times and location.
Counties/Areas Served: Riverside County and North San Diego

Empty Cradle

9880 North Magnolia Avenue, Suite 154
Santee, CA 92071
Phone: (619) 595-3887
SIDS Peer Support/SIDS Parent: Michelle Herrera
Phone: (619) 438-4543 (text/cell)
E-Mail: bagnasherrera@gmail.com
Website: www.emptycradle.org
Facebook: www.facebook.com/groups/EmptyCradle
Counties/Areas Served: San Diego County and Temecula and Corona in Riverside County

Grief Healing Peer-Parent Support Group

Christina Thiele-Yancy
Los Angeles County Department of Public Health
600 S. Commonwealth Avenue, Suite 800
Los Angeles, CA 90005
Phone: (707) 849-5347
E-Mail: christina@losangelesgroup.org
Website: www.losangelesgroup.org
Facebook: www.facebook.com/groups/584845701548743
Counties/Areas Served: Los Angeles, Ventura County

Guild for Infant Survival - Inland Empire

Sharon Lang
Phone: (909) 838-1536
E-Mail: sharon_lang@redlands.edu
Counties/Areas Served: Inland Empire, Imperial, Riverside, San Bernardino including desert areas

Guild for Infant Survival - Orange County

2130 East Fourth Street, Suite 125
Santa Ana, CA 92705
PO Box 148
Tustin, CA 92781
Phone: (800) 247-4370 - 24hr toll free
Alternate Phone: (714) 973-8417
E-Mail: gisoc@att.net
Website: www.gisoc.org
Counties/Areas Served: Orange County

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California Sudden Infant Death Syndrome Program

Phone: 800-369-SIDS (7437) • E-Mail: casidsprogram@cce.csus.edu • Website: www.cdph.ca.gov/SIDS

Peer Grief Support Services (cont.)

Isabella's Giraffe Club - Giant Hearts

Angela Amoroso & Drew Skinner
9920 Scripps Lake Drive, Suite 105
San Diego, CA 92131
Phone: (858) 449-6554 (IGC)
Alternate Phone: (858) 444-6464 (Angela)
(858) 775-4042 (Drew)
E-Mail: info@isabellasgiraffeclub.org and
angela@isabellasgiraffeclub.org
Website: www.isabellasgiraffeclub.org
Facebook: www.facebook.com/IsabellasGiraffeClub
Counties/Areas Served: San Diego and Riverside Counties
(Limited Areas)

Peer Parent Support - Inland Empire

Maureen Rubalcaba
Phone: (619) 388-4894 - office
Alternate Phone: (619) 990-6852 - cell
E-Mail: Mcchavez42@gmail.com
Counties/Areas Served: Riverside and San Diego Counties

San Diego Guild for Infant Survival (SDGIS)

P.O. Box 421515
San Diego, CA 92142-1515
Phone: (858) 569-COPE (2673)
E-Mail: sandigosids@gmail.com
Website: www.sandigosids.com
SIDS Peer Support/SIDS Parent: Michelle Herrera
Phone: (619) 438-4543 (text/cell)
E-Mail: bagnasherrera@gmail.com
Counties/Areas Served: San Diego and Imperial Counties

Statewide

The Compassionate Friends

Phone: (877) 969-0010
Website: www.compassionatefriends.org
Facebook: www.facebook.com/TCFUSA
Counties/Areas Served: Multiple chapters within California
as well as "virtual chapters"