



MIHA Data Snapshot, Ventura County, 2013-2014

Maternal and Infant Health Assessment (MIHA) Survey

✓ better than rest of California ✗ worse than rest of California ♦ no statistical difference

		Ventura County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Status Before Pregnancy							
In good to excellent health	♦	92.3	89.0 - 95.5	9,400	92.4	91.5 - 93.3	452,800
Chronic conditions							
Diabetes†	♦	1.8 *	0.4 - 3.3	200	2.3	1.8 - 2.8	10,900
Hypertension†	♦	3.9 *	1.4 - 6.5	400	2.5	2.0 - 2.9	11,900
Asthma†	✗	11.9	7.7 - 16.1	1,200	7.8	7.0 - 8.6	37,500
Nutrition and Weight							
Daily folic acid use, month before pregnancy	♦	36.0	30.4 - 41.6	3,700	32.7	31.1 - 34.3	159,900
Overweight before pregnancy	♦	25.1	19.9 - 30.3	2,300	24.7	23.2 - 26.2	114,900
Obese before pregnancy	♦	21.7	16.2 - 27.1	2,000	20.3	18.9 - 21.7	94,400
Inadequate weight gain during pregnancy	♦	15.2	10.6 - 19.9	1,300	17.7	16.2 - 19.2	72,900
Excessive weight gain during pregnancy	♦	46.7	40.3 - 53.2	3,900	41.4	39.5 - 43.2	170,100
Food insecurity during pregnancy	♦	19.0	14.2 - 23.8	1,900	16.6	15.4 - 17.9	80,500
Intimate Partner Violence (IPV) and Depressive Symptoms							
Physical or psychological IPV during pregnancy	♦	8.7	4.7 - 12.7	900	7.1	6.2 - 7.9	34,500
Prenatal depressive symptoms	♦	15.5	11.1 - 20.0	1,600	14.1	12.9 - 15.3	68,900
Postpartum depressive symptoms	♦	15.8	11.1 - 20.4	1,600	13.0	11.8 - 14.1	63,200
Hardships and Support during Pregnancy							
Experienced two or more hardships during childhood	✗	31.1	25.4 - 36.8	3,100	25.3	23.8 - 26.7	121,600
Homeless or did not have a regular place to sleep	♦	4.1	1.7 - 6.4	400	2.9	2.4 - 3.4	14,000
Moved due to problems paying rent or mortgage	♦	8.8	5.1 - 12.4	900	6.9	6.0 - 7.7	33,600
Woman or partner lost job	✗	19.6	14.6 - 24.6	2,000	14.6	13.4 - 15.8	71,000
Woman or partner had pay or hours cut back	♦	14.4	10.3 - 18.5	1,500	11.8	10.7 - 12.8	57,100
Became separated or divorced	♦	4.7 *	1.9 - 7.5	500	7.6	6.7 - 8.5	37,000
Had no practical or emotional support	♦	3.5 *	1.3 - 5.8	400	4.4	3.7 - 5.2	21,700
Substance Use							
Any smoking, 3 months before pregnancy	✓	6.7	3.9 - 9.4	700	11.6	10.5 - 12.7	56,500
Any smoking, 3rd trimester†	♦	2.0 *	0.3 - 3.8	200	2.9	2.3 - 3.4	13,900
Any smoking, postpartum	♦	3.9 *	1.4 - 6.4	400	5.6	4.8 - 6.3	27,300
Any binge drinking, 3 months before pregnancy	♦	16.4	11.9 - 20.9	1,700	15.1	13.8 - 16.3	72,900
Any alcohol use, 3rd trimester†	♦	7.1	4.0 - 10.1	700	7.6	6.6 - 8.6	37,000
Pregnancy Intention and Family Planning							
Mistimed or unwanted pregnancy	✓	24.7	19.6 - 29.8	2,500	31.2	29.6 - 32.8	151,800
Unsure of pregnancy intentions	♦	10.9	7.4 - 14.5	1,100	12.9	11.8 - 14.0	62,700
Postpartum birth control use†	♦	81.4	76.3 - 86.5	8,300	81.6	80.3 - 83.0	390,200
Infant Sleep and Breastfeeding							
Placed infant on back to sleep	✓	88.4	84.6 - 92.2	8,900	79.7	78.3 - 81.1	383,200
Infant always or often shared bed	♦	32.2	26.6 - 37.9	3,300	34.1	32.5 - 35.7	163,700
Intended to breastfeed, before birth	♦	92.6	89.4 - 95.7	9,400	92.4	91.5 - 93.4	444,100
Intended to breastfeed exclusively, before birth	♦	65.1	59.4 - 70.9	6,600	64.2	62.6 - 65.9	308,500
Breastfeeding practices							
Any breastfeeding, 1 month after delivery	♦	86.0	81.8 - 90.2	8,600	83.5	82.3 - 84.8	398,500
Exclusive breastfeeding, 1 month after delivery	✓	49.5	43.4 - 55.7	4,900	42.7	41.0 - 44.4	200,700
Any breastfeeding, 3 months after delivery	♦	70.0	63.5 - 76.6	5,400	66.2	64.3 - 68.2	244,200
Exclusive breastfeeding, 3 months after delivery	✓	35.5	28.8 - 42.1	2,700	27.4	25.7 - 29.1	99,800



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		Ventura County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Care Utilization and Public Program Participation							
Had a usual source of pre-pregnancy care	♦	75.4	70.5 - 80.3	7,700	70.4	68.8 - 71.9	344,100
Initiated prenatal care in 1st trimester	♦	89.2	85.5 - 92.9	9,000	89.7	88.7 - 90.6	433,500
Had a postpartum medical visit	♦	87.4	83.2 - 91.5	9,000	87.5	86.4 - 88.7	427,500
Mom or infant needed but couldn't afford care postpartum	♦	12.4	7.9 - 16.9	1,300	12.6	11.4 - 13.7	59,700
Participated in WIC during pregnancy†	♦	48.6	42.4 - 54.7	4,700	54.1	52.9 - 55.4	259,300
Received CalFresh (food stamps) during pregnancy	♦	20.5	15.8 - 25.3	2,100	24.9	23.6 - 26.3	121,000
Health Insurance Coverage							
Pre-pregnancy insurance							
Medi-Cal	↓	15.4	11.3 - 19.6	1,600	24.5	23.1 - 25.8	119,600
Uninsured	♦	28.3	22.7 - 33.8	2,900	24.0	22.6 - 25.4	117,500
Private	♦	52.0	45.9 - 58.0	5,300	47.5	46.2 - 48.9	232,500
Prenatal insurance							
Medi-Cal	♦	47.1	41.1 - 53.2	4,800	49.7	48.4 - 51.0	242,800
Uninsured	♦	1.6 *	0.2 - 2.9	200	1.6	1.2 - 2.0	7,900
Private	♦	48.3	42.3 - 54.4	4,900	44.5	43.1 - 45.8	217,100
Maternal postpartum insurance							
Medi-Cal	↓	23.2	18.2 - 28.2	2,300	36.2	34.7 - 37.6	175,700
Uninsured	↑	22.8	17.6 - 28.1	2,300	15.0	13.8 - 16.2	72,800
Private	♦	50.3	44.3 - 56.4	5,100	45.7	44.3 - 47.0	221,900
Infant health insurance							
Medi-Cal	♦	48.1	42.0 - 54.1	4,900	52.2	50.9 - 53.6	250,400
Uninsured	♦	1.3 *	0.1 - 2.6	100	2.9	2.2 - 3.5	13,700
Private	♦	45.9	39.9 - 52.0	4,600	41.3	40.0 - 42.6	198,000
Maternal Demographics							
Age							
15-19	♦	6.1	2.9 - 9.3	600	5.6	4.9 - 6.4	27,500
20-34	♦	74.8	69.6 - 80.1	7,700	74.5	73.0 - 76.0	365,300
35+	♦	19.1	14.5 - 23.7	2,000	19.9	18.5 - 21.3	97,400
Did not complete high school (or GED)	♦	17.3	12.7 - 21.8	1,800	16.5	15.2 - 17.7	79,900
Unmarried	♦	36.6	30.8 - 42.4	3,700	40.9	39.4 - 42.4	199,000
Race/Ethnicity							
Hispanic	↑	58.1	52.2 - 64.1	5,900	49.2	47.7 - 50.7	236,500
Black	↓	1.1	0.8 - 1.4	100	5.7	5.3 - 6.1	27,400
White	♦	34.0	28.4 - 39.7	3,500	29.3	27.9 - 30.7	140,900
Asian/Pacific Islander	↓	6.8	3.2 - 10.3	700	15.3	13.9 - 16.7	73,700
Nativity and Language							
Born outside the U.S.	♦	37.5	31.6 - 43.5	3,900	37.9	36.2 - 39.6	185,700
Speaks non-English language at home	♦	34.5	28.6 - 40.4	3,500	30.1	28.5 - 31.7	144,800
Lives in a high poverty neighborhood	↓	14.7	10.6 - 18.7	1,500	38.9	37.3 - 40.5	182,900
Income as a percent of the Federal Poverty Guideline							
0-100%	♦	40.5	34.2 - 46.8	3,800	41.0	39.5 - 42.4	188,800
101-200%	♦	17.8	12.9 - 22.6	1,700	20.8	19.4 - 22.2	96,000
> 200%	♦	41.7	35.6 - 47.8	3,900	38.2	36.9 - 39.6	176,200

-- Estimate not shown because the relative standard error (RSE) is greater than 50% or fewer than 5 women reported.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition changed for this indicator and is not comparable to prior years (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2014 were combined, resulting in a statewide sample size of 13,963. The sample size of Ventura County was 367. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2014. Population estimate is a two-year average. Symbols indicate whether the health indicator in the county was statistically different from the rest of the state (p-value < 0.05, chi-square test). See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

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