**MIHA Data Snapshot, San Luis Obispo County, 2013-2014**

Maternal and Infant Health Assessment (MIHA) Survey

[Image of a chart or table with data for San Luis Obispo County, California. The chart includes health status before pregnancy, nutrition and weight, intimate partner violence (IPV) and depressive symptoms, hardships and support during pregnancy, substance use, pregnancy intention and family planning, infant sleep and breastfeeding.]

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health Division and the Women, Infants and Children Division in the California Department of Public Health and the Center on Social Disparities in Health at the University of California San Francisco.
### Health Care Utilization and Public Program Participation

<table>
<thead>
<tr>
<th>Health Indicator</th>
<th>San Luis Obispo County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Had a usual source of pre-pregnancy care</strong></td>
<td>67.9 (62.8 - 73.0) 1,700</td>
<td>70.4 (68.8 - 71.9) 344,100</td>
</tr>
<tr>
<td><strong>Initiated prenatal care in 1st trimester</strong></td>
<td>93.2 (90.6 - 95.8) 2,400</td>
<td>89.7 (88.7 - 90.6) 433,500</td>
</tr>
<tr>
<td><strong>Had a postpartum medical visit</strong></td>
<td>93.8 (91.0 - 96.7) 2,400</td>
<td>87.5 (86.4 - 88.7) 427,500</td>
</tr>
<tr>
<td><strong>Mom or infant needed but couldn't afford care postpartum</strong></td>
<td>12.4 (8.7 - 16.1) 300</td>
<td>12.6 (11.4 - 13.7) 59,700</td>
</tr>
<tr>
<td><strong>Participated in WIC during pregnancy†</strong></td>
<td>38.4 (33.0 - 43.9) 1,000</td>
<td>54.1 (52.9 - 55.4) 259,300</td>
</tr>
</tbody>
</table>

### Health Insurance Coverage

#### Pre-pregnancy insurance
- Medi-Cal: 18.9 (14.7 - 23.2) 500
- Uninsured: 23.2 (18.2 - 28.2) 600
- Private: 56.7 (51.2 - 62.2) 1,500

#### Prenatal insurance
- Medi-Cal: 44.3 (38.8 - 49.8) 1,100
- Uninsured: --
- Private: 50.6 (45.1 - 56.1) 1,300

#### Maternal postpartum insurance
- Medi-Cal: 34.3 (29.0 - 39.7) 900
- Uninsured: 14.2 (10.1 - 18.3) 400
- Private: 50.1 (44.6 - 55.5) 1,300

#### Infant health insurance
- Medi-Cal: 46.5 (41.0 - 52.0) 1,200
- Uninsured: 2.9 * 0.8 - 5.1 100
- Private: 47.6 (42.1 - 53.0) 1,200

### Maternal Demographics

#### Age
- 15-19: 5.1 (2.6 - 7.6) 100
- 20-34: 77.1 (72.5 - 81.7) 2,000
- 35+: 17.8 (13.6 - 22.0) 500

#### Did not complete high school (or GED)
- 9.0 (5.8 - 12.2) 200

#### Race/Ethnicity
- Hispanic: 34.2 (28.7 - 39.6) 900
- Black: --
- White: 61.6 (56.1 - 67.1) 1,600

#### Nativity and Language
- Born outside the U.S.: 20.0 (15.4 - 24.5) 500
- Speaks non-English language at home: 16.5 (12.2 - 20.9) 400
- Lives in a high poverty neighborhood: 18.6 (14.2 - 23.0) 500

#### Income as a percent of the Federal Poverty Guideline
- 0-100%: 28.9 (23.6 - 34.1) 700
- 101-200%: 22.7 (17.9 - 27.4) 600
- > 200%: 48.4 (42.9 - 54.0) 1,200

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* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).
† Measure/definition changed for this indicator and is not comparable to prior years (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2014 were combined, resulting in a statewide sample size of 13,963. The sample size of San Luis Obispo County was 382. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2014. Population estimate is a two-year average. Symbols indicate whether the health indicator in the county was statistically different from the rest of the state (p-value < 0.05, chi-square test). See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

Table Citation: Maternal and Infant Health Assessment (MIHA) Survey Data Snapshots, 2013-2014. California Department of Public Health. 2016.