### MIHA Data Snapshot, El Dorado County, 2013-2014

**Maternal and Infant Health Assessment (MIHA) Survey**

- **better than rest of California**
- **worse than rest of California**
- **no statistical difference**

<table>
<thead>
<tr>
<th>Health Status Before Pregnancy</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>In good to excellent health</td>
<td>✅</td>
<td>94.3</td>
</tr>
<tr>
<td>Chronic conditions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes†</td>
<td>--</td>
<td></td>
</tr>
<tr>
<td>Hypertension†</td>
<td>✅</td>
<td>2.2</td>
</tr>
<tr>
<td>Asthma†</td>
<td></td>
<td>10.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Nutrition and Weight</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>Daily folic acid use, month before pregnancy</td>
<td>✅</td>
<td>38.4</td>
</tr>
<tr>
<td>Overweight before pregnancy</td>
<td>✅</td>
<td>13.3</td>
</tr>
<tr>
<td>Obese before pregnancy</td>
<td></td>
<td>10.0</td>
</tr>
<tr>
<td>Inadequate weight gain during pregnancy</td>
<td>✅</td>
<td>14.2</td>
</tr>
<tr>
<td>Excessive weight gain during pregnancy</td>
<td>✡</td>
<td>48.3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Intimate Partner Violence (IPV) and Depressive Symptoms</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>Physical or psychological IPV during pregnancy</td>
<td>✅</td>
<td>6.8</td>
</tr>
<tr>
<td>Prenatal depressive symptoms</td>
<td>✇</td>
<td>10.3</td>
</tr>
<tr>
<td>Postpartum depressive symptoms</td>
<td>✅</td>
<td>8.9</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hardships and Support during Pregnancy</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>Experienced two or more hardships during childhood</td>
<td>✇</td>
<td>28.5</td>
</tr>
<tr>
<td>Homeless or did not have a regular place to sleep</td>
<td>✇</td>
<td>3.0</td>
</tr>
<tr>
<td>Moved due to problems paying rent or mortgage</td>
<td>✇</td>
<td>7.6</td>
</tr>
<tr>
<td>Woman or partner lost job</td>
<td>✇</td>
<td>12.1</td>
</tr>
<tr>
<td>Woman or partner had pay or hours cut back</td>
<td>✇</td>
<td>16.3</td>
</tr>
<tr>
<td>Became separated or divorced</td>
<td>✇</td>
<td>5.5</td>
</tr>
<tr>
<td>Had no practical or emotional support</td>
<td>--</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Substance Use</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>Any smoking, 3 months before pregnancy</td>
<td>✇</td>
<td>21.1</td>
</tr>
<tr>
<td>Any smoking, 3rd trimester†</td>
<td>✇</td>
<td>8.6</td>
</tr>
<tr>
<td>Any smoking, postpartum</td>
<td>✇</td>
<td>13.7</td>
</tr>
<tr>
<td>Any binge drinking, 3 months before pregnancy</td>
<td>✇</td>
<td>22.0</td>
</tr>
<tr>
<td>Any alcohol use, 3rd trimester†</td>
<td>✇</td>
<td>12.3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pregnancy Intention and Family Planning</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>Mistimed or unwanted pregnancy</td>
<td>✅</td>
<td>23.5</td>
</tr>
<tr>
<td>Unsure of pregnancy intentions</td>
<td>✇</td>
<td>14.0</td>
</tr>
<tr>
<td>Postpartum birth control use†</td>
<td>✅</td>
<td>88.5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Infant Sleep and Breastfeeding</th>
<th>El Dorado County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>95% CI</td>
<td>Estimate</td>
</tr>
<tr>
<td>Placed infant on back to sleep</td>
<td>✇</td>
<td>81.8</td>
</tr>
<tr>
<td>Infant always or often shared bed</td>
<td>✇</td>
<td>33.4</td>
</tr>
<tr>
<td>Intended to breastfeed, before birth</td>
<td>✅</td>
<td>98.0</td>
</tr>
<tr>
<td>Intended to breastfeed exclusively, before birth</td>
<td>✅</td>
<td>84.1</td>
</tr>
<tr>
<td>Breastfeeding practices</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any breastfeeding, 1 month after delivery</td>
<td>✅</td>
<td>90.8</td>
</tr>
<tr>
<td>Exclusive breastfeeding, 1 month after delivery</td>
<td>✅</td>
<td>61.8</td>
</tr>
<tr>
<td>Any breastfeeding, 3 months after delivery</td>
<td>✇</td>
<td>76.5</td>
</tr>
<tr>
<td>Exclusive breastfeeding, 3 months after delivery</td>
<td>✇</td>
<td>44.2</td>
</tr>
</tbody>
</table>

---

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health Division and the Women, Infants and Children Division in the California Department of Public Health and the Center on Social Disparities in Health at the University of California San Francisco.
MIHA Data Snapshot, El Dorado County, 2013-2014

Maternal and Infant Health Assessment (MIHA) Survey

<table>
<thead>
<tr>
<th>Health Care Utilization and Public Program Participation</th>
<th>El Dorado County</th>
<th>Population Estimate</th>
<th>California</th>
<th>Population Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had a usual source of pre-pregnancy care</td>
<td>77.1</td>
<td>72.6 - 81.6</td>
<td>70.4</td>
<td>68.8 - 71.9</td>
</tr>
<tr>
<td>Initiated prenatal care in 1st trimester</td>
<td>93.3</td>
<td>90.3 - 96.4</td>
<td>89.7</td>
<td>88.7 - 90.6</td>
</tr>
<tr>
<td>Had a postpartum medical visit</td>
<td>91.7</td>
<td>88.3 - 95.2</td>
<td>87.5</td>
<td>86.4 - 88.7</td>
</tr>
<tr>
<td>Mom or infant needed but couldn’t afford care postpartum</td>
<td>11.6</td>
<td>7.8 - 15.4</td>
<td>12.6</td>
<td>11.4 - 13.7</td>
</tr>
<tr>
<td>Participated in WIC during pregnancy†</td>
<td>37.9</td>
<td>32.5 - 43.2</td>
<td>54.1</td>
<td>52.9 - 55.4</td>
</tr>
<tr>
<td>Received CalFresh (food stamps) during pregnancy</td>
<td>18.3</td>
<td>13.5 - 23.2</td>
<td>24.9</td>
<td>23.6 - 26.3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Insurance Coverage</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-pregnancy insurance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medi-Cal</td>
<td>15.7</td>
<td>11.6 - 19.8</td>
<td>24.5</td>
<td>23.1 - 25.8</td>
</tr>
<tr>
<td>Uninsured</td>
<td>16.3</td>
<td>12.0 - 20.7</td>
<td>24.0</td>
<td>22.6 - 25.4</td>
</tr>
<tr>
<td>Private</td>
<td>64.1</td>
<td>58.7 - 69.6</td>
<td>47.5</td>
<td>46.2 - 48.9</td>
</tr>
<tr>
<td>Prenatal insurance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medi-Cal</td>
<td>38.6</td>
<td>33.3 - 43.9</td>
<td>49.7</td>
<td>48.4 - 51.0</td>
</tr>
<tr>
<td>Uninsured</td>
<td>--</td>
<td></td>
<td>1.6</td>
<td>1.2 - 2.0</td>
</tr>
<tr>
<td>Private</td>
<td>56.8</td>
<td>51.5 - 62.2</td>
<td>44.5</td>
<td>43.1 - 45.8</td>
</tr>
<tr>
<td>Maternal postpartum insurance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medi-Cal</td>
<td>29.0</td>
<td>24.0 - 33.9</td>
<td>36.2</td>
<td>34.7 - 37.6</td>
</tr>
<tr>
<td>Uninsured</td>
<td>9.8</td>
<td>6.3 - 13.3</td>
<td>15.0</td>
<td>13.8 - 16.2</td>
</tr>
<tr>
<td>Private</td>
<td>59.6</td>
<td>54.3 - 64.9</td>
<td>45.7</td>
<td>44.3 - 47.0</td>
</tr>
<tr>
<td>Infant health insurance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medi-Cal</td>
<td>44.9</td>
<td>39.6 - 50.2</td>
<td>52.2</td>
<td>50.9 - 53.6</td>
</tr>
<tr>
<td>Uninsured</td>
<td>--</td>
<td></td>
<td>2.9</td>
<td>2.2 - 3.5</td>
</tr>
<tr>
<td>Private</td>
<td>52.4</td>
<td>47.0 - 57.7</td>
<td>41.3</td>
<td>40.0 - 42.6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Maternal Demographics</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15-19</td>
<td>3.9</td>
<td>1.6 - 6.2</td>
<td>5.6</td>
<td>4.9 - 6.4</td>
</tr>
<tr>
<td>20-34</td>
<td>77.6</td>
<td>73.1 - 82.0</td>
<td>74.5</td>
<td>73.0 - 76.0</td>
</tr>
<tr>
<td>35+</td>
<td>18.6</td>
<td>14.4 - 22.7</td>
<td>19.9</td>
<td>18.5 - 21.3</td>
</tr>
<tr>
<td>Did not complete high school (or GED)</td>
<td>4.8</td>
<td>2.4 - 7.2</td>
<td>16.5</td>
<td>15.2 - 17.7</td>
</tr>
<tr>
<td>Unmarried</td>
<td>29.6</td>
<td>24.2 - 35.1</td>
<td>40.9</td>
<td>39.4 - 42.4</td>
</tr>
<tr>
<td>Race/Ethnicity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>16.3</td>
<td>11.7 - 20.8</td>
<td>49.2</td>
<td>47.7 - 50.7</td>
</tr>
<tr>
<td>Black</td>
<td>--</td>
<td></td>
<td>5.7</td>
<td>5.3 - 6.1</td>
</tr>
<tr>
<td>White</td>
<td>75.2</td>
<td>70.0 - 80.4</td>
<td>29.3</td>
<td>27.9 - 30.7</td>
</tr>
<tr>
<td>Asian/Pacific Islander</td>
<td>5.7</td>
<td>2.8 - 8.7</td>
<td>15.3</td>
<td>13.9 - 16.7</td>
</tr>
<tr>
<td>Nativity and Language</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Born outside the U.S.</td>
<td>13.8</td>
<td>9.8 - 17.9</td>
<td>37.9</td>
<td>36.2 - 39.6</td>
</tr>
<tr>
<td>Speaks non-English language at home</td>
<td>9.9</td>
<td>6.4 - 13.4</td>
<td>30.1</td>
<td>28.5 - 31.7</td>
</tr>
<tr>
<td>Lives in a high poverty neighborhood</td>
<td>6.8</td>
<td>3.8 - 9.8</td>
<td>38.9</td>
<td>37.3 - 40.5</td>
</tr>
<tr>
<td>Income as a percent of the Federal Poverty Guideline</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0-100%</td>
<td>24.4</td>
<td>19.3 - 29.5</td>
<td>41.0</td>
<td>39.5 - 42.4</td>
</tr>
<tr>
<td>101-200%</td>
<td>25.9</td>
<td>20.7 - 31.2</td>
<td>20.8</td>
<td>19.4 - 22.2</td>
</tr>
<tr>
<td>&gt; 200%</td>
<td>49.7</td>
<td>44.0 - 55.3</td>
<td>38.2</td>
<td>36.9 - 39.6</td>
</tr>
</tbody>
</table>

--- Estimate not shown because the relative standard error (RSE) is greater than 50% or fewer than 5 women reported.
* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).
† Measure/definition changed for this indicator and is not comparable to prior years (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2014 were combined, resulting in a statewide sample size of 13,963. The sample size of El Dorado County was 353. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2014. Population estimate is a two-year average. Symbols indicate whether the health indicator in the county was statistically different from the rest of the state (p-value < 0.05, chi-square test). See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

Table Citation: Maternal and Infant Health Assessment (MIHA) Survey Data Snapshots, 2013-2014. California Department of Public Health. 2016.