Breastfeeding (BF): Problem Analysis Diagram

### Social/Economic/Policy Level
**Social**
- Formula marketing
- Negative social attitudes/media messages about BF

**Systems/Environmental Change**
- Inadequate training of healthcare providers
- Lack of places for women to pump away from home
- State/national regulatory agencies don’t routinely monitor hospital, clinic or workplace infant feeding policies

**Policy**
- Insufficient policies to support BF in emergencies, at health care sites, at workplaces, childcare, etc.
- Insufficient paid parental leave

### Family/Community/Institutional Level
**Community Resources/Supports**
- Lack of access to durable BF medical goods
- Insufficient BF support groups, hotlines

**Provider Issues**
- Insufficient BF experts & postpartum BF care
- Inadequate prenatal BF education & breast assessment

**Hospital Issues**
- Not all hospitals implementing BFHI or model BF policies
- Lack of BF education & support
- Labor & delivery practices not supportive of BF

**Other Institutions**
- Lack of institution policies to support BF, & BF environments
- Lack of workplace lactation accommodations

**Family Issues**
- Lack of family/friend knowledge & support
- Transient/migrant families
- Language/cultural barriers
- Policies & practices do not respect gender identity

### Individual Level
**Individual Characteristics**
- Maternal chronic disease
- Mother unable to BF (e.g., due to disease, substance abuse or hospital practices)

**Psychological/Cognitive Factors**
- Frustration with BF when support is not immediate
- Inability of mother & baby to bond

**Knowledge & Attitudes**
- Lack of knowledge about BF benefits, techniques, & laws
- Embarrassed to BF in public

**Biology**
- Short physiologic window of opportunity

**Infant**
- Infant’s unable or struggles to BF due to physical problems (e.g. illness, prematurity, birth defects)

### Target Outcome(s):
Exclusive BF initiation & duration rates

### Consequences
No/discontinued BF: acute & chronic disease for mother & child, lack of bonding, formula costs