Adolescent Sexual Health: Problem Analysis Diagram

Social/Economic/Policy Level

Social Issues
Norm of sex in entertainment & media
Expectations for male & female behavior

Economic Issues
Poverty
Unemployed or underemployed
Funding for public education

Policy Issues
Sex education policy
Policymakers' beliefs & knowledge about teen sexual behavior
Policies about teen access to reproductive health care services
Policies on vaccination
Deficit-based approach

Family/Community/Institutional Level

Community/Peers
Easy access to alcohol & drugs
Adolescent-friendly reproductive health services not available
Peers do not respect decision to wait to have sex
Peers do not respect decision to have sex in long-term monogamous relationship
Limited alternative activities

Family/Home
Family views on vaccination
Family values about sexual behavior
Family or religious views on using contraception
Parents or other adults have not talked about sex or contraception
Parents or adults have not talked about waiting to have sex
Little or no parent supervision

Relationship
Pressure by partner

Individual Level

Knowledge
Lack of knowledge about sexual issues, pregnancy, HIV, & other STDs
Lack of knowledge about prevention methods
Lack of communication or refusal skills

Health behaviors
No or limited access to reproductive health services including birth control, STD testing
No or incorrect use of contraception
Use of alcohol or drugs
Early onset of sex
Multiple, frequent, &/or concurrent partners
Not vaccinated

Attitudes/Beliefs
Attitudes about risky sexual behavior & protection
Belief that condoms are not effective
Personal values about sexual behavior & abstinence
Beliefs about norms for sexual behavior

Psychological/ cognitive factors
Low perceived risk
Low self-efficacy for using contraception
Low self-efficacy to refuse sexual activity
Lack of mental health services

Target Outcome(s):
Rates of teen pregnancy, STDs, & HIV, teen self-esteem; societal support for teens; education completion

Consequences:
Unintended pregnancy, HPV, HIV, racial/ethnic disparities in rates, generational poverty; family stress; lack of educational/economic attainment

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