Adolescent Sexual Health: Problem Analysis Diagram

Social/Economic/Policy Level

Social Issues
- Norm of sex in entertainment & media
- Expectations for male & female behavior

Economic Issues
- Poverty
- Unemployed or underemployed
- Funding for public education

Policy Issues
- Sex education policy
- Policymakers’ beliefs & knowledge about teen sexual behavior
- Policies about teen access to reproductive health care services
- Policies on vaccination
- Deficit-based approach

Family/Community/Institutional Level

Community/Peers
- Easy access to alcohol & drugs
- Adolescent-friendly reproductive health services not available
- Peers do not respect decision to wait to have sex
- Peers do not respect decision to have sex in long-term monogamous relationship
- Limited alternative activities

Family/Home
- Family views on vaccination
- Family values about sexual behavior
- Family or religious views on using contraception
- Parents or other adults have not talked about sex or contraception
- Parents or adults have not talked about waiting to have sex
- Little or no parent supervision

Relationship
- Pressure by partner

Individual Level

Knowledge
- Lack of knowledge about sexual issues, pregnancy, HIV, & other STDs
- Lack of knowledge about prevention methods
- Lack of communication or refusal skills

Health behaviors
- No or limited access to reproductive health services including birth control, STD testing
- No or incorrect use of contraception
- Use of alcohol or drugs
- Early onset of sex
- Multiple, frequent, &/or concurrent partners
- Not vaccinated

Attitudes/Beliefs
- Attitudes about risky sexual behavior & protection
- Belief that condoms are not effective
- Personal values about sexual behavior & abstinence
- Beliefs about norms for sexual behavior

Psychological/ Cognitive factors
- Low perceived risk
- Low self-efficacy for using contraception
- Low self-efficacy to refuse sexual activity
- Lack of mental health services

Target Outcome(s):
Rates of teen pregnancy, STDs, & HIV, teen self-esteem; societal support for teens; education completion

Consequences:
Unintended pregnancy, HPV, HIV, racial/ethnic disparities in rates, generational poverty; family stress; lack of educational/economic attainment