

# Alpine County

## Maternal Child and Adolescent Health Community Profile 2017-18

### Demographics

#### Our Community

Total Population <sup>1</sup> .....	1,243
Total Population, African American .....	0
Total Population, American Indian/ Alaskan Natives .....	251
Total Population, Asian/Pacific Islander .....	7
Total Population, Hispanic .....	101
Total Population, White .....	884
Total Live Births <sup>2</sup> .....	5

#### Our Mothers and Babies

% of women delivering a baby who received prenatal care beginning in the first trimester of their pregnancy <sup>2</sup> .....	71.4
% of births covered by Medi-Cal <sup>2</sup> .....	81.8
% of women ages 18-64 without health insurance <sup>3</sup> .....	17
% of women giving birth to a second child within 24 months of a previous pregnancy * .....	0
% live births less than 37 weeks' gestation <sup>2</sup> .....	0
Gestational diabetes per 1,000 females age 15-44 .....	20
% of female population 18-64 living in poverty (0-200% FPL) <sup>3</sup> .....	34.8
Substance use diagnosis per 1,000 hospitalizations of pregnant women* .....	0
Unemployment Rate <sup>4</sup> .....	17.6

#### Our Children and Teens

Teen Birth Rate per 1,000 births (ages 15-19) <sup>2</sup> .....	25.3
Motor vehicle injury hospitalizations per 100,000 children age 0-146 .....	0
% of children, ages 0-18 years living in poverty (0-200% FPL) <sup>3</sup> .....	47.6
Mental health hospitalizations per 100,000 age 15-24* .....	334.6
Children in Foster Care per 1,000 children <sup>5</sup> .....	0
Substance abuse hospitalization per 100,000 aged 15-24* .....	0

Data sources: <sup>1</sup> CA Dept. of Finance population estimates for Year 2015, January 2013; <sup>2</sup> CA Birth Statistical Master Files 2011-2013 Annual Average, 3 year average; <sup>3</sup> California Health Interview Survey, 2014; <sup>4</sup> [State of California, Employment Development Department, February 2017](#); <sup>5</sup> [Data from CA Child Welfare Indicators Project, UC Berkeley Point in Time Jul 2015](#); <sup>6</sup> [California Department of Public Health, Safe and Active Communities Branch](#); \*Data carried over from the Community Profile 2015-2016. Not updated.

### About Our Community – Health Starts Where We Live, Learn, Work, and Play

Alpine County is the smallest County in California with a total population of approximately 1,243. Alpine County is located in the Sierra Nevada Mountains between Lake Tahoe and Yosemite and is 743 square miles. This rural, frontier environment has fewer than 2 people per square mile. The land of Alpine County is 96% public lands and only 4% private lands, and elevation ranges from 4,800 feet to over 11,400 feet. The east and west sides of the County are separated by a mountain pass and the road is closed during the winter months due to snow.

Major industries in Alpine County include government, tourism, cattle ranching and a small amount of timber harvesting. The primary employers in the County are the Bear Valley and Kirkwood ski areas, Alpine County government, Alpine County Office of Education/School District and small businesses that primarily focus on tourism (motels, restaurants, small stores). Alpine County has no traffic light, bank, pharmacy or grocery store.

Though there is a large amount of open space in Alpine County, the “walkability” score is low because one cannot walk to school, work or other services, which are widespread in location. Alpine County is a predominately auto dependent community. The population centers in Alpine County are: the Hung A Lel Ti American Indian community in Woodfords; the town of Markleeville; and the ski resort villages of Kirkwood and Bear Valley.

## **Health System – Health and Human Services for the MCAH Population**

- Collaboration with managed Medi-Cal programs, as well as health care providers, to decrease provider barriers and gaps in services
- Referrals for pregnant women to WIC for prenatal nutrition
- Outreach and education to women of childbearing age about the importance of prenatal care
- Collaboration with Denti-Cal dental providers to improve access to care
- Collaboration with Big Smiles mobile dentist to provide mobile dental clinic to Alpine County residents
- Collaboration and referrals with local domestic violence prevention services provider, Live Violence Free
- Collaboration with Alpine County Health & Wellness Coalition to promote healthy nutrition and increased physical activity
- Collaboration and referrals to Alpine County Behavioral Health Services for mental health and substance use disorder services
- Collaboration and referrals to Alpine County Social Services
- Collaboration with Community Service Solutions and the Snap-Ed program to provide nutritional education to our community
- Collaboration with the CMSP County Wellness and Prevention Pilot Project to provide Diabetes awareness and management

## **Health Status and Disparities for the MCAH Population**

Alpine County has a higher than state average rates of: uninsured ages 0-18, gestational diabetes, domestic violence calls smoking during the 1st or 3rd trimesters, binge drinking for females age 18 and older; overweight and obesity for females age 15-44, death for 20-24 year olds; unemployment; and poverty. (FHOP CHSR Overview)

Approximately 20% of Alpine County’s population is Native American. This population group has a high rate of unemployment and multiple health disparities including obesity, diabetes, poverty, geographic isolation, lack of transportation, and lack of specialty medical services.