

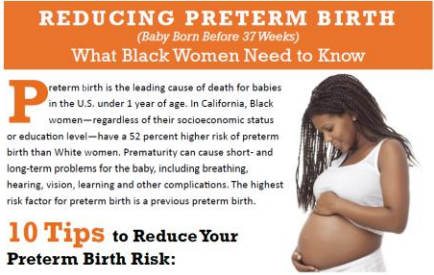




Preterm Birth Social Media Posts – November 2018

Facebook Post	Twitter Post	Suggested Image
<p>Preterm birth is the leading cause of death for babies in the U.S. under 1 year of age. In California, Black women – regardless of their socioeconomic status or education level – have a 52% higher risk of preterm birth than White women. https://bit.ly/2ytJAIh #prematurityawarenessmonth</p>	<p>#PretermBirth is the leading cause of death for babies in the U.S. under 1 year of age. In #California, Black women have a 52% higher risk of preterm birth than White women. https://bit.ly/2ytJAIh #prematurityawarenessmonth #CDPH</p>	
<p>FACT: The highest risk factor for a preterm birth is a previous preterm birth. Learn more today. https://bit.ly/2ytJAIh #prematurityawarenessmonth</p>	<p>FACT: The highest risk factor for a #pretermbirth is a previous preterm birth. Learn more today. https://bit.ly/2ytJAIh #prematurityawarenessmonth #CDPH</p>	
<p>In California, Black women have a 52% higher risk of preterm birth than White women. Check out 10 tips to reduce your preterm birth risk. https://bit.ly/2ytJAIh</p>	<p>In #California, Black women have a 52% higher risk of preterm birth than White women. Check out 10 tips to reduce your preterm birth risk. #CDPH https://bit.ly/2ytJAIh</p>	<p>Link to Preterm Birth Fact Sheet, per Julie (Stefanie uploading to resource page)</p> 

Facebook Post	Twitter Post	Suggested Image
<p>Who is most at risk for preterm birth? #prematurityawarenessmonth</p>	<p>Who is most at risk for #pretermbirth? #prematurityawarenessmonth #CDPH</p>	 <p>Most At Risk for Preterm Birth before 37wks</p> <ul style="list-style-type: none"> • Women with a history of preterm birth. • Women with closely spaced pregnancies. • Women who are under and over-weight before pregnancy. <p>#prematurityawarenessmonth</p>
<p>Societal stressors, like racism, may be the kind of stress linked to preterm birth. If you are a pregnant Black woman seeking support, we are here to help! Visit Black Infant Health at cdph.ca.gov/BIH or call your community resources hotline at 211. #prematurityawarenessmonth</p>	<p>Societal stressors, like racism, may be the kind of stress linked to #pretermbirth. If you are a pregnant Black woman, we are here to help! Visit #BlackInfantHealth at cdph.ca.gov/BIH or call your community resources hotline at 211. #CDPH</p>	 <p>Black Infant Health is here to help. #prematurityawarenessmonth</p>
<p>Do you know the symptoms for preterm labor? Any of these symptoms before 9 months of pregnancy may signal preterm labor. Call your health provider right away. #prematurityawarenessmonth</p>	<p>Any of these symptoms before 9 months of pregnancy may indicate you are in #preterm labor. Call your health provider right away. #prematurityawarenessmonth #CDPH</p>	 <p>Preterm Birth Symptoms before 37wks</p> <ul style="list-style-type: none"> • Vaginal discharge – mucous, watery or bloody • Lower abdominal pressure, like your baby is pushing down • Constant low, dull backache • Menstrual-like cramps with or without diarrhea • Regular or frequent contractions/tightening • Your water breaks <p>#prematurityawarenessmonth</p>