

Pregnant or thinking of becoming pregnant?

Talk to your doctor about your pain medication today.



OPIOIDS + PREGNANCY

what you need
to know

Women who take opioid pain medications should be aware of the possible risks during pregnancy. Some risks to baby are:

- ▶ Preterm birth
- ▶ Low birth weight
- ▶ Neonatal Abstinence Syndrome (NAS)

NAS is when a newborn withdraws from certain drugs exposed to in the womb. Signs of NAS are:

- ▶ Irritability
- ▶ Excessive crying
- ▶ Diarrhea
- ▶ Vomiting
- ▶ Fever



Need help? If you have a dependence or addiction to any opioids, including illegal opioids, like heroin, it's dangerous to stop on your own. Your doctor can help you, whether your medication has been prescribed or not. Talk to your doctor today.

national helpline
FOR HELP CALL 1-800-662-4357
or visit www.findtreatment.samhsa.gov

Maternal, Child & Adolescent Health
mcah



www.cdph.ca.gov/opioidsandpregnancy