

OPIOIDS + PREGNANCY

Ask your doctor

1. Is my prescription painkiller an opioid?
2. Is there a safer medication to take? If yes, what is it?
3. What are the side effects?
4. What happens if I'm taking this medication and I'm pregnant or planning on becoming pregnant?
5. Is it safe to breastfeed while on this medication?
6. Can I get addicted to this medication? If so, how will I know?
7. What should I do with my leftover prescription drugs?



Have you been prescribed an opioid?

Certain types of prescription painkillers are opioids. Opioids can cause problems for a developing baby, even before you know you are pregnant. Here are some important questions to ask your doctor. Take a picture of them to help you remember what to ask.

national helpline
FOR HELP CALL **1-800-662-4357**
or visit www.findtreatment.samhsa.gov

Maternal, Child & Adolescent Health
mcah



www.cdph.ca.gov/opioidsandpregnancy