



**California Prenatal Screening (PNS) Program**



**Instructions For Providers on  
Ordering and Collecting cfDNA Screening Blood Specimens  
QUEST DIAGNOSTICS LABORATORY**

**1. Locating a Quest Diagnostics Patient Service Center:**

- a. Quest Diagnostics has over 500 patient access points throughout Northern and Southern California.
- b. Please use the link supplied below so that your patient can locate the nearest Patient Service Center (PSC) and schedule an appointment: <https://appointment.questdiagnostics.com/as-home>.

**2. How to order the cfDNA Screen:**

- a. Visit the [CalGenetic Portal](https://calgenetic.cdph.ca.gov/) (<https://calgenetic.cdph.ca.gov/>) to register and order the cfDNA screen (beginning September 19, 2022).
- b. Select Quest Dx as the cfDNA Laboratory. The selection will say "Quest Dx (GDSP cfDNA Panel) CL: 94804005".
- c. After completing the online form, select the SUBMIT button.
- d. Print the California PNS Program Consent and cfDNA Order Confirmation on the PNS Program label stationery provided by the state program\*.
  - i. When the screening order is printed on the stationery, it will contain four PNS Program barcode labels.
  - ii. Obtain the patient's signature on the PNS Program *Consent and cfDNA Order Confirmation*.

**3. Specimen collection:**

- a. In-clinic collection instructions:
  - i. One barcode label should be affixed to a copy of the patient's insurance card.
  - ii. One barcode label should be affixed vertically on each blood collection tube.
- b. Collection at a Quest Diagnostics Patient Service Center:
  - i. Ask the patient to make an appointment at their preferred Quest Diagnostics Patient Service Center location via the link below: <https://appointment.questdiagnostics.com/as-home>.
  - ii. The patient will be required to bring the following items:
    1. A signed PNS Program *Consent and cfDNA Order Confirmation* form and
    2. A copy of their insurance card with the affixed barcode label.

\* To pre-order the PNS Program label stationery and other program supplies go to: [PNS Program Supplies Ordering web page](https://bit.ly/PNSSupplies) (<https://bit.ly/PNSSupplies>)

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**4. Does my patient need to do anything to prepare for the cfDNA screen (e.g., fast)?**

No special preparation is needed.

**5. How do I request shipping supplies from Quest Diagnostics?**

- a. The Streck tube and foam cushion (Collection Kit) needed to ensure the appropriate collection and safe transport of GDSP cfDNA Panel is provided by Quest.
- b. The order description is: Kit, NIPT (CELL-FREE DNA) Collection, Product Id: K03

**6. Collection Kit ordering options:**

- a. Online ordering is available using a Quanam account.
  - i. If you would like to set up a Quanam account, please call 1.866.MYQUEST (1.866.697.8378) or visit this link: <https://portal.Care360.com/>
- b. Email the Collection Kit order to: [warehouseclientsupply@questdiagnostics.com](mailto:warehouseclientsupply@questdiagnostics.com)
  - i. Please include account name and shipping address.
  - ii. Please use Product ID K03 and indicate the number of NIPT cell-free DNA Collection Kits needed.
- c. Call the Client Supply Department at 1.818.737.6551
- d. Fax the Quest Diagnostics Supply Order Form to 1.818.581.4133
  - i. Please contact your local Quest Diagnostics Sales Representative for the Supply Order Form.

**7. If the blood collection is done outside of the PSC network:**

All “GDSP cfDNA Panel” specimens must be kept at room temperature. To ensure timely pickup of specimens, please schedule courier pickup. To use courier pickup, you must have a Quest account.

- a. Please call 1.866.MYQUEST (1.866.697.8378) (Option #1#6).
- b. If you already have a Quest account, please schedule your courier pickup using your Quanam account.

**8. What kind of sample is needed (plasma, whole blood, etc.) and what volume should be collected?**

- a. The GDSP cfDNA Panel screen from Quest Diagnostics is performed using 10 mL (8mL minimum) whole blood collected in 1 Streck cell-free (black/tan tiger-top) glass tube.
- b. **Do not draw before 10 weeks gestation.**
- c. Sample collection using a straight needle (not a butterfly needle) is preferred.
- d. Keep specimen at room temperature, do not refrigerate or freeze.

**9. How long after the date of blood collection can specimens be tested?**

The GDSP cfDNA Panel screening from Quest Diagnostics is stable at room temperature for 7 days.

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