Screening Your Newborn

Important Information for Parents
About Newborn Blood Spot Screening

Congratulations!
The arrival of a new baby is an exciting time for a family. The California Newborn Screening Program tests every newborn for a group of rare disorders. This newborn screening can prevent serious health problems and save your baby’s life.

California Department of Public Health
Newborn Screening Program
www.cdph.ca.gov/NBS

What Is Newborn Screening?
Newborn screening checks for certain rare disorders using a baby’s blood sample. These disorders can cause serious health problems, including brain damage or death, if not treated early. The screening identifies most, but not all, of the babies who have these disorders. No screening is 100% accurate.

Why Does My Baby Need This Screening?
Babies with one of these disorders can look healthy at birth but still have a serious disease. Finding a disorder early means treatment can be started before health problems begin.

How Is the Screening Done?
A few drops of blood are taken from the baby’s heel and put on special filter paper. This is called a “blood spot collection card.” The card is then sent to a program-approved laboratory. The screening is safe and simple.

Is the Screening Given to All Babies?
California law requires a newborn screen on every baby born in the state. Hospitals, and midwives or others who deliver babies outside of hospitals, must collect a newborn screen 12–48 hours after the baby is born. Babies born in the hospital must have the screen before going home. You may refuse the screening for religious reasons only.

Which Conditions Are Screened for?
Newborn screening in California screens for over 80 conditions, including sickle cell disease and cystic fibrosis.

How Can I Get Results?
You will receive the pink and blue copy of the newborn screening form after the screening. Please first check that your contact information and health care provider are correct on the form. Your baby’s newborn screening results are sent to the doctor or clinic listed on the form.

Should I Save the Form Copies?
Save the form copy and try to bring it to your baby’s first check-up. Health care providers can also use the form number to get the screening result from the NBS Program.

What Do the Screening Results Mean?
Your provider will tell you if a result is “positive.” While concerning, this result does not mean that a baby has a certain disorder. It shows that a baby has an increased chance of having that disorder. Your provider will help you set up testing that can confirm or rule out the disorder.

What Happens to My Baby’s Blood Spots After the Screen?
California, like many other states, stores newborn screening blood spot collection cards. The cards may be used to improve the screening program or to develop screens for new disorders.
The cards may also be used for studies about diseases in women and children. The cards do not have information, such as names or addresses, that can be used to identify you or your baby. The NBS Program follows all federal and state privacy and research laws.

If you want the card destroyed after the newborn screening is done, that is your right.

To learn more about the storage and use of leftover blood spots, or to find out how to get your baby’s blood spot collection card destroyed, visit: https://bit.ly/NBSResearch

For more information about newborn screening, ask your health care provider or visit: www.cdph.ca.gov/NBS

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Kev Kuaj Cov Mos Ab Us Nyaum Qhauv Yug Tau Los (Newborn Screening) Yog Dab Tai?
Kev kuaj cov mos ab us nyaum qhauv yug tau los yob lbq kev sv ib tus mos ab cov ntsvaw cov los kuaj saib tus mos ab puas muaj lbq cov cov mos uas neeg yeej tis tsxam miju.
Cov mob ntawm no yeej tsm tun ib cov teeb meem loj rau txoj kev noj qab nyob zoo, suav nrog rau kev puas hlbw los sis tuag, yob tis nkho rtwx. Qhov kev kuaj yeej qhia tau feem ntawm, tiam sis tis taug nhro, ntawm cov me nyaum mos ab us muaj cov mob ntawm no. Nu yeej tis tuaj lbq qhov kev kuaj twg uas yuav qhia tau meej 100%.

Yog Vim Li Kas Kuv Tus Mos Ab Thiaj Li Yuav Tsum Tau Muaj Qhov Kev Kuaj Ntawm No?
Cov mos ab us muaj cov mob ntawm no yeej nyob tau zo il lb tu mos ab us tis muaj mob tham yuav los, tiam sis yeej teem muaj lb tu cab mob loj. Kev pom kov ib tus mob rtxob bhais tis yuav pib kho tuau na ntju thauv cov teeb meem ntawm bej kev noj qab nyob zoo yuav pib.

Qhov Kev Kuaj Yog Kuaj Li Cas?
Lub chaw kho mob yuav tso ob peb ncos ntshaw tawm ntawm tus mos ab lub kaj taws thiaj yuav muab cov ntshaw tso oj rau ntawm lbq daim ntawm lim ntshaw. Daim ntawg no yuav muaj npe hu ua “blood spot collection card.” Tom qab ntawd, lub chaw kho mob mamm li muab daim ntawm no xa mus rau ib lub chaw kuaj kab mob uas taus bais lus pom zool ntawm qhov kev kuaj. Qhov kev kuaj yeej yob lbq yuav us muaj kev nyab xeeb thiaj kuaj tau yoj yeej.

Qhov Kuaj Kuaj No Puas Yog Ib Qhov Us Tag Nhrho Cov Me Nyaum Mos Ab Yuav Tsum Tau Muaj?
California tsoj cai yeij hais tisb bhais tua mos ab us nyaum qhauv yug tau los nyo hauv lub xeev yuav tsum tau muaj qhov kev kuaj. Cov tsve kho mo, thiab cov poj niam uas pab neeg yuav me nyaum los sis lwm cov neeg uas pab neeg yuav me nyaum nyo hauv cov chaw tis yeej kev mo, yuav yuav tso kom tau ntawg yuav hauv 12-48 teev tom qab tus me muaj yuav los juj muaj cov mos ab us nyaum qhauv yuav los. Cov mos ab us yuav nyo hauv tsev kho mo yuav yuav tsum tau muaj qhov kev kuaj no ua ntju yuav tawm mus teev. Koj yeej hais tis tau haus tis koj tis koj kwhaw, tshw hais tis yeej yoj kov kev kuaj ntsivaw nbw.

Cov Mob Tweg Yog Cov Us Yuav Kuaj Saib Puas Pom Muaj?
Qhov kev kuaj cov mos ab us nyaum qhauv yug tau los ntawm no yeej tyai tau ib cov teeb meem loj ntawm txoj kev noj qab nyob zoo thiaj yuav yuav thiaj tau kuoj tus mos ab txoj sia.

Ngsa yo qab!
Thauam ib tsev neeg tau ib tus me nyaum mob ab, nws yeej yob ib lub sij hawm uas tsev neeg muaj kev zoo siab heev. Qhov kev pab cuam hu ua California Newborn Screening Program yog ib qhov kev soj ntsivaw uas muab siv cov los kuaj bhua tug mos ab yuog los tshiab kom paub hais tisab laww puas muaj lbq cov mob mos neeg yeej tis tshuam muaj. Qhov kev kuaj cov mos ab us nyaum qhauv yug tau los ntawm no yeej tyai tau ib cov teeb meem loj ntawm txoj kev noj qab nyob zoo thiaj yuav yuav thiaj tau kuoj tus mos ab txoj sia.

California Department of Public Health
Newborn Screening Program (Kev Kuaj Cov Mos Ab Us Nyaum Qhauv Yug Tau Los)
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Language: Hmong