



State of California—Health and Human Services Agency
California Department of Public Health
[Food & Drug Branch - Industry Advisory](#)



New Labeling Law Affecting the Manufacture, Sale, and Distribution of Menstrual Products Effective January 1, 2023

Effective January 1, 2023, menstrual products manufactured for sale or distribution within California must be plainly and conspicuously labelled with all ingredients used, ordered by weight. This is necessary for full compliance with the new law, [Chapter 7.5 of the Sherman Food, Drug and Cosmetic Law \(HSC 111822\)](#). The list should have a format consistent with standards in [HSC 111822.2\(b\)](#). Use of a QR code directing to an accessible website with clear display of Chapter 7.5 compliant ingredient list is also accepted. Recall of unlabeled products shipped on or after January 1st, but manufactured and packaged prior to this date is not required and performed at the firm's discretion. For questions regarding this law, please email FDBinfo@cdph.ca.gov. For [consumer complaint](#) regarding foods, drugs, medical devices, cosmetics and consumer products, call (800) 495-3232 to file a report.

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