

FALL RESTRAINT OR FALL ARREST SYSTEMS

5
SOLAR
VIDEO

Things to do before giving this tailgate training

- ▶ Have the crew bring personal fall restraint or arrest equipment being used. Prepare to have someone demonstrate how to wear the gear and review manufacturers' recommendations.
- ▶ Review Key Training Points on the back of card 5a (different areas can be covered at several tailgates).
- ▶ Look up in the index of the Cal/OSHA Pocket Guide for the Construction Industry either *roof*, *fall restraint system*, or *fall arrest system* and read the pages listed. (http://www.dir.ca.gov/dosh/dosh_publications/ConstGuideOnline.pdf).
- ▶ Refer to Personal Fall Arrest System (PFAS) Safety: (<http://www.mass.gov/eohhs/docs/dph/occupational-health/pfas-construction-contractors.pdf>).
- ▶ Download a copy of the video *Preventing Falls in the Solar Industry* onto a DVD or flash drive (see download instructions: <http://www.cdph.ca.gov/programs/ohb-face/Pages/SolarAction.aspx>) or view the video on YouTube: <http://dld.bz/cJd7z>.
- ▶ Make sure the computer you plan to show the video on has good speaker volume, and choose a viewing location that isn't too bright.
- ▶ Be prepared to discuss what happened in the video and what your company does to prevent falls from roofs, decks, aerial devices or any heights.



Fall Arrest

