



STEP AND EXTENSION LADDER SAFETY

2
SKYLIGHT
VIDEO

Things to do before giving this tailgate training

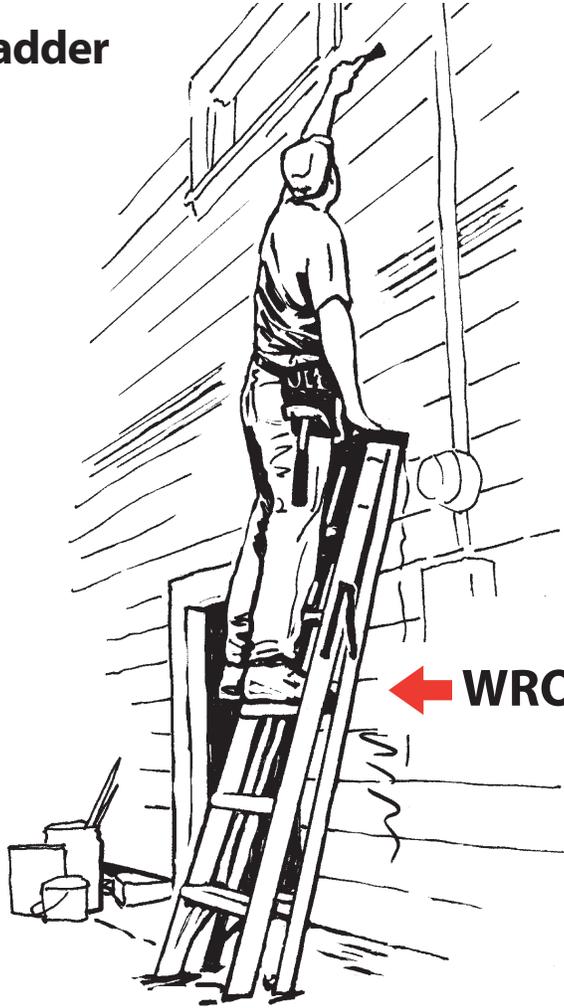
- ▶ Review Key Training Points on the back of card 2a (different areas can be covered at several tailgates).
- ▶ Look up *ladder* in the index of Cal/OSHA Pocket Guide for the Construction Industry and read the pages listed (http://www.dir.ca.gov/dosh/dosh_publications/ConstGuideOnline.pdf).
- ▶ Review the portable ladder safety eTool on the Cal/OSHA website at: <http://www.dir.ca.gov/dosh/etools/08-001/index.htm>
- ▶ Download a copy of the video *Preventing Falls through Skylights* (see download instructions: <http://www.cdph.ca.gov/programs/ohb-face/Pages/SkylightAction.aspx>) onto a DVD or flash drive or view the video on YouTube: <http://dld.bz/c2bjp>.
- ▶ Make sure the computer you plan to show the video on has good speaker volume, and choose a viewing location that isn't too bright.
- ▶ Be prepared to discuss what happened in the video and your company's practices for preventing falls when setting up and using step and extension ladders.
- ▶ Have a step or extension ladder ready to use and an employee ready to do a demonstration.



SAFETY BREAK



Step Ladder



← WRONG

Extension Ladder CORRECT POSITION

