

Some face creams can poison people



“My cousin’s daughter was sick. At the doctor, tests showed her mercury level was high. My cousin was using an Asian face cream to lighten her own skin. She didn’t know it had mercury in it. Because she carried her daughter a lot, her baby was poisoned.” - Khataraya K.

Mercury is a poison. You can spread it from your hands all over your home. It gets into people’s bodies. It is especially bad for children and pregnant women.

The creams on the next page have mercury in them. They are used to lighten age spots and get rid of wrinkles, freckles, acne, or other blemishes.

Do not use:

- Homemade or artisanal face creams without labels or with homemade labels.
- Creams with labels only in Khmer, Thai, or other Asian languages, and with no English.
- Imported creams bought from individuals, the internet, swap meets, or at Asian stores.
- Any cream on this list: <https://tinyurl.com/yy7qgg7s>.

If you use creams like the ones shown here or on the next page:



STOP using the creams



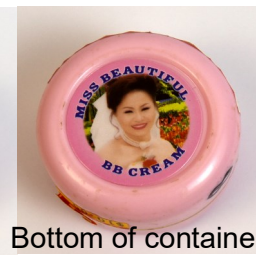
VISIT your doctor and bring this leaflet and your creams



Get a blood and urine **TEST** for mercury



Bottom of container



Bottom of container

For free medical advice, call Poison Control at 1-800-222-1222

If you have a cream shown on the next page, put it in a sealed bag and contact (510) 981-4354 or AskEHIB@cdph.ca.gov

For more information, visit <http://bit.ly/MercuryinCream>

Do Not Use! These Creams Have Mercury in Them

Unlabeled Creams



Do not use any of the creams above or on the other page. They have mercury in them and are dangerous to your health. These creams can be found in Asian stores, swap meets, on the internet, or sold by individuals. **Only buy creams used to lighten age spots and get rid of wrinkles, acne, or other blemishes with English labels from bigger, well-known chain stores instead.**